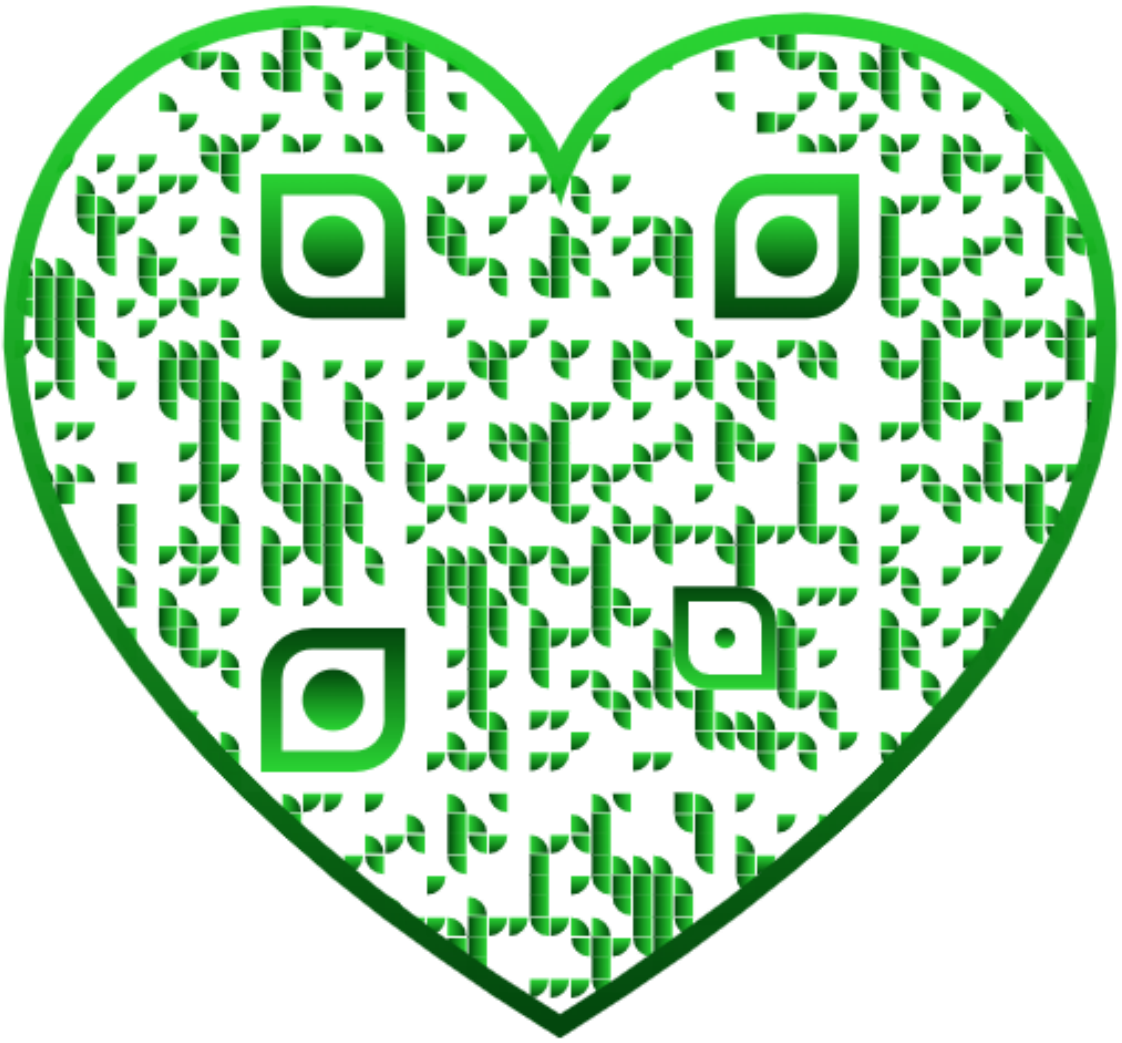
Our Life Beyond MKULTRA

by
Elisa E

Book 2



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Caveat lector!

(If you think you may have been a victim of *total mind kontrol* (*tmk*) programming, *we* strongly suggest that you read the following material with a safe support person in place with whom you can dialogue as
TRIGGERING MAY OCCUR.)

DEDICATION

This book is for those still out there under
total mind kontrol *programming*.

May you awaken to find safety and Love.

Book 2

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Thank you to Elana for giving *us* hours of editing, remaining ever patient with *our* constant questioning, all the while knowing this story needed to be told.

A very special thanks to Ron Patton and the staff of *Paranoia* magazine.

We are extremely grateful to predecessors who have gone public. Their willingness to come forward has provided validation and corroboration for much in *our* own alter downloads and conscious experience memories, as well as assisted in *our* struggle to break free of *our* doubt programming.

Introduction

> *"You go home, some wave their hats, some turn their backs, it's all the same, none of them know where you've been, it's all the same . . ."*
>
> - *Spartan*, Dir. by David Mamet, 2004

Due to the nature and complexity of *our* life as a high-level bloodline ritually abused trauma-based *total mind kontrolled* slave, *we* strongly suggest that readers first avail themselves of *Our Life Beyond MKULTRA, Book 1*. Without its information (including the Lexicon), this work may seem inadequate as an introduction to the subject of *total mind kontrol (tmk)* programming as *we* have known it. Books 1 and 2 work together to relay *our* history as chronologically as *we* can manage.

By the summer of 2011, *we* became reasonably comfortable with the conscious existence of the many *us* within and made a real effort to begin referring to *ourselves* as *i*. *We* have experienced this before, but always from *our* front alter's consciousness without the full understanding of who and what the many of *us* were. Due to still switching between *i* and *we*—depending on *our* intention—*i* have chosen to write Book 2 predominantly as *we* for consistency if nothing else, despite the fact that within the deprogramming community, speaking as a "we" may seem inappropriate when it comes to being whole. It does, however, seem very appropriate to the many parts of *us* and is a very valuable part of *our* healing process as well as crucial for grasping fully on a conscious level who and what *we* are. "I" may never consciously meet all of *us*, but at least *we* need not be subjected to the abuse and use of *our* programmers. To own *our* truth aloud has been very healing. Besides, both professionally and otherwise, there is still much misunderstanding of multiplicity (MPD) and its relation to *total mind kontrol* programming. So please forgive the plurals and italics and other eccentricities in *our* writing. It is very important for it to be acceptable to refer to *ourselves* in the plural because for the whole of *our* life, *we* were programmed to never believe *we* could break free.

In *our* early deep deprogramming, a combination of programming and fear kept

us from being able and willing to share information due to *our* desire to be as certain about it as *we* could while maintaining credibility in *our* dealings with those *we* have been fortunate enough to work with.

Though *we* cannot vouch for much of the information found online, it is *our* hope that readers will familiarize themselves with some of the vast amount of material now available on mind control programs like MKULTRA. Put key words into a search engine and prepare to develop your discernment. Do not be fooled: just because something goes beyond one's personal experience and current public knowledge of what is possible does not relegate it to the trash bin. Readers need to keep an open mind, due to the "national security" nature of mind control and how the public has been indoctrinated to perceive the subject as too surreal to be true. If one sincerely wants to understand what has been and is currently occurring, it is readily available, but it takes courage, desire, determination, and effort to find the truth and stay with it.

What is written here—at least the general methods and sources of those methods—will one day be public knowledge. *We* believe that people incapable of accepting the reality of *tmk* programming at its most basic—who accuse victims and first-hand witnesses of having a penchant for science fiction and fantasy—do so as disinformation agents or out of a lack of research into the backroom "black tech" associated with various government, military, intelligence, religious, and corporate organizations.

For over a decade before deep deprogramming began in April 2008, *we* attempted to deprogram on *our* own due to *our* inability to find the assistance *we* needed, all the while living under programming and being accessed daily: an impossible situation. *Our* programming continuously bled through in fragments. *I*, the front alter, knew something was and had been terribly wrong for the whole of *my* life, and this was what encouraged *me* to continue to seek help, despite the improbability of finding it. In April 2008, at 46 years of age, *we* found the necessary assistance.

It is the goal of Book 2 to relay the continuing process of discovery and understanding of *our* lives as a high-level bloodline ritually abused trauma-based *total mind kontrolled (tmk)* slave as *we* undergo deep deprogramming, including the severe challenges that go with the process. Each word carries a significant part of who and what *we* are regarding what was done to *us*, why it was done, how *we* were used, and what that means for the deprogramming process. At last, *we* have gained the courage to write about *our* life in a way that requires

courage. *We* no longer hold back, despite the skepticism or danger that may follow.

Even after more than five years of deep deprogramming, *we* still do not consider *ourselves* to be free from all programming, nor from the influence of *entities* and *beings* as *we* know them. They continue to access certain alters and trigger certain programs. In addition to what *we* refer to as *entities* and *beings*, a very real attack continues through mind kontrol "black tech," validated by sources inside the world where "black tech" arose from esoteric, occult sciences and is being used. It is *our* contention that the evil known to *us* and "black tech" work together, and that the former is the true designer of the latter.

We classify *our* current status as managing *our* alters and choosing to live a life as "i" supported by *we* to the best of *our* ability on any given day. *Our* life today is, thankfully, nothing like it was even two years ago. *We* work each day on *our* personal understanding of *our* wholeness while attempting to record the process for others like *us* who are attempting to break free of their programming. Hopefully, understanding what *we* have gone through will help their process and offer a better chance of surviving it.

Due to the nature of *our* design, *we* were to self-destruct through numerous programs installed years ago and be triggered into running as *we* began to awaken from *our* programming: once a high-level bloodline ritually abused trauma-based *total mind kontrolled* slave, always such, as per programming. No retirement party, only the struggle for sovereignty without total destruction.

Malevolence stems from a very dark, malevolent force that works in a very real, tangible way through humans and never stops trying to use up *our* life energy. External and obvious violence is no longer needed for murder, unless needed to send a message. Their ability to kontrol from within the mind facilitates murder that cannot be proven as such. Their goal is for *us* is to die a slow death while discrediting *ourselves* through a "suicide" that will be anything but suicide.

The disturbing nature of the material is unavoidable; it is the nature of high-level bloodline ritual abuse trauma-based *total mind kontrol* programming. Where possible, *we* will avoid going into detail if it is not necessary for revealing *our* process to those who must face a similar process, as well as to those attempting to assist them. Due to the presence of so many alters, *our* process is difficult and surreal.

The degree and scope of what *we* reveal may rock the foundations of previously

held belief systems, but *we* hope *Our Life Beyond MKULTRA* will also benefit those attempting to educate themselves as to what lies at the core of world government, military and intelligence agencies, religion, and corporate structures.

We cannot cover all aspects of *our* programming in even two reasonably sized books. *We* have attempted a cross section of *our* history as a *tmk* slave, why *we* became such, and *our* use by *our* programmers, kontrollers, and handlers. Chapter 9, "Tools for the Recovery of *Our* Splits," is an overview of methods *we* have utilized and continue to utilize in deprogramming.

As for other recovered slaves who have put out their stories, it is not *our* desire to comment on their writings beyond thanking them. Anyone who is fortunate enough to break free to any degree and recover lost parts of themselves is truly fortunate, no matter how that process occurs. Far more slaves never have the opportunity to break free and end up dying while still fully programmed. *We* struggle with this, especially given that *we* are one of the more fortunate. It has been and continues to be a process to not feel guilty in light of the many who have died as a result of *our* survival.

To those who feel trapped and alone, you are not, by any stretch of the imagination!

It is also *our* intention to bring forward some of the truths about what *we see* currently happening in the “world of man” and the more than significant role *our* programmers, kontrollers, and handlers are playing in its design and implementation, including the motive that is more often than not frightening and triggering to *us*. In *our* estimation, most people have absolutely no idea what has been at work around them in their lives and on the world stage for an amazingly long time. The awakening that is necessary and crucial for this reality to be *seen* is both spiritual and intellectual. Seeing with clarity is a daunting task fraught with difficult emotions that must be faced. Truth is not easy; hence the ability of the malevolent ones to maintain the lie. Truth can also be devastatingly frightening, albeit liberating. In *our* opinion, seeking truth is the greatest act of Love.

The amount of handling, kontrolling, and containment that *we* personally have witnessed within the deprogramming and “conspiracy theory” communities is truly astonishing. *We* are extremely grateful to those who have offered sincere support; they know who they are. For the many thousands still trying to find a sincerely safe place to start, they can fall prey to the despair that fuels the

programmers and what they have been doing for so long. Because of this, *we* will no longer allow others to dictate what is what regarding what *we see* and *feel our* experiences to be, nor *our* interpretations of what is and is not going on around *us*. *We* spent more than four decades being told that what *we* knew was happening was not happening, which to a degree continues to happen because of a lack of willingness to hear those who have a part of this terrible story.

Throughout Book 2, you will find more collages created by the many of *us* to give voice to those inside who in many cases still wish to remain anonymous. The power of these creations is truly amazing in revelation and healing; the messages found are still bringing understanding to *me*, the front alter.

We have changed the names of certain persons who are victims of *total mind kontrol* programming as they were not given a conscious choice to start with. In most cases, they are mentioned because they were sent in as potential kontrollers or handlers. In cases of surveillance and threats, as well as failed attempts to "put us down," *we* were not able to get their names.

1

Updates

Since Book 1, *we* who are consciously attempting to break *our* programming now understand some things more clearly, having gained more insight into what was formerly presented to certain parts of *us* on a conscious level, fragmented memories now *seen* as pieces of a larger puzzle and thus providing greater understanding as to how *our* programming and use worked over the years. *We* still receive downloads, yet thankfully not 24/7. Just as *our* internal mind is dismantling a little at a time the separation created through trauma-based programming, hundreds of fragments are beginning to fit together. The experience of internal healing is allowing the missing time of external experiences to fall into a sequence of events: *our* life. Prior to this, years were literally missing.

She has a name

In Book 1, *we* listed the alters *we* were conscious of at the time, their characteristics and abilities, and gave examples of situations in which they functioned for *our* programmers, kontrollers, and handlers. (See Book 1, Chapter 13, "Where the Alters and Systems Live.")

In the early morning hours of April 11, 2011, unable to sleep, *we* pulled out one of *our* collage books and began going over some of the pages. *We* do this every few months, often *seeing* information placed there by some of *us* without others of *us* knowing why. With time, *our* front alter's understanding can grow deeper in context not because of new information but because of *our* conscious mind's willingness and ability to finally put the pieces together. This is why recording everything that *we* can from downloads without censoring is so valuable. Time and again, downloaded pieces come together and make perfect sense. The fragments are usually astoundingly clear in detail and only need to be *seen* and *felt.*

In this particular case, the name of one of *our* alters had been there all along, never forgotten, and *we* just needed to *see* the name placed twice within a particular collage to remember the alter's name, an alter with extra-ordinary abilities. Previous to this, *we* knew her as the 8-year-old *breathe underwater alter* with the name "esmeralda" pertaining to *our* personal history, though *we* had not been able to *see* that the two were actually one. "Esmeralda" is the name of the *breathe underwater alter* programmed with the film 20,000 Leagues Under the Sea and the earlier use of The Incredible Mr. Limpet, as well as the later use at 12 years old of The Day of the Dolphin. Disney World in Orlando, Florida was used extensively to reinforce *our* programming after *our* family's move to Florida in 1970.

We have reason to believe that Dr. John Lilly's government-funded research was associated with the programming of "esmeralda," particularly her ability to breathe underwater. The ability may sound outlandish, but *we* assure the reader it is indeed real programming. An inside source through a person *we* have worked with in deprogramming has received information that there is indeed an *alien/demonic* that breathes water. *We* have never internally disputed *our* alter's ability to do this. As previously written, this ability came about in part through forced drowning. (See Book 1, Chapter 1, "Shattering A Young Mind: The Early Years," and Chapter 2, "The Teen Years.")

This alter was used as a weapon to gain underwater access and cover distance

without being seen. Knowing that someone inside was able to do this has never left *our* conscious mind.

Water

We *are an American band*

Our alter *the adult dancer* revealed her programming to the song We're An American Band by Grand Funk Railroad, and how the program has much more to it than just a raunchy, sexual dance performed for men's pleasure. *The adult dancer* was designed in America and has numerous sex alter programs that can be accessed with the proper codes. The lyrics of the song in the programmed introductory dance are telling the initiated that this alter is only one of a "band" of sex alters with programs to be accessed, that via this alter, *we* are a veritable "party" within the one body.

We're comin' to your town

We'll help you party it down

We're an American band . . .

The adult dancer alter is specifically designed and programmed for group gatherings. This also showed up partially in one of the collages that *we* made back in the winter of 2009 entitled "Music, Songs, and Sound." (See Book 1.)

"22"

The number 22 shows up in various memories. In Book 1 under Chapter 3 “18” is a subsection entitled "Torture, programming, guns and reptiles." Some of the more profound internal images from that programming session were a Delta triangle made of blue light and the numbers 18 and 22. *We* were 18 years old during this particular torture/ programming experience, and 18 was when *our* heaviest use years in kill programming began, including *our* on-tasks in a solo capacity. At 18, *our* kill alters began to kill without a handler physically present at the actual kill. (See Book 1, Chapter 4, "Killing," *Alpha and Omega: First and last solo*.)

Eighteen is a coming-of-age time, but for *us our* coming of age had grave effects on *our* physical, emotional, mental, and spiritual status as a functioning *tmk* slave. *We* do not believe that 18 years old was the age of the original fragmentation of all of the personality splits for kill programming; much had been done earlier. *Our* deterioration was imminent, due to how abhorrent *our* kill programming was to the most basic element of *our* human soul, Benevolent Love.

There is much *we* do not consciously understand about what occurred that night, but *we* do know that the internal grid structure held full personalities and fragments of kill alters—all part of *our* kill program system. 22 designed splits were subsequently utilized as either full personalities or fragments. The grid formation inside a Delta triangle was made of blue light, blue being significant to *our* color programming, especially kill programming. Two reverse “s” curves off the two bottom corners of the triangle represented the “serpents” ultimately in kontrol of this design that night. (The “s” curves have more significance that

we have yet to fully understand, including the use of reversals and mirror images in programming alters.) Inside the triangle, the grid had 22 lines running vertically, but *we* cannot consciously access the number of horizontal lines. This particular geometric structure had everything to do with the kill alters designed that night. In this torture and programming session, more splits were designed, but the session had more to do with internal structuring.

Recently, *we* came across references to the number 22 in the The Hermetic Code of researcher Michael Hayes, who states that the number 22 repeats and is therefore significant to the sacred, in particular to religion and human biology. According to Hayes, 22 has a relationship to DNA and the harmonics of the human body on a cellular level. He even mentions a "grid" associated with the numbers recurring in harmonics at the base of all creation. The Hebrew alphabet has 22 letters, the Major Arcana (greater secrets) or trump cards of the tarot deck, etc., which is interesting when one understands what is really occurring with a high-level bloodline *tmk* slave during programming, what it is the programmers are attempting to achieve, and what it is they are working with in bloodline slaves.

Reinforcing omega

In Book 1, *we* wrote about *our* first programmed solo on-task kill and programming for that alter's last kill, including the end of *us.* (See Chapter 4, "Killing, *Alpha and Omega: First and last solo*.") What has become clear is that when *our* alter is being programmed for Omega in the Church of the Latter Day Saints Conference Center in Salt Lake City and sees the bright red cursive writing lit up in a neon cinema sign, it was being used as program reinforcement for the Omega program involving Batman, specifically regarding being programmed to the actor Christian Bale who plays Batman in the trilogy *Batman Begins*, *The Dark Knight,* and *The Dark Knight Rises*.

Prior to any knowledge of the third film to come out in the summer of 2012, *our* extremely frantic and intense download following a triggering event in January 2011 regarding *our* End-Time programming involved "The dark lord is rising . . . now in Salt Lake City," known to *us* as *Gotham City*! Then on July 20, 2012 at the premier of *The Dark Knight Rises* in the Century cinema in Aurora, Colorado, a 27-year-old man claiming to be the Joker shot and killed 12 and

injured 58. That he was programmed is obvious to *us*, the proof being amazingly evident in the news reports shortly after.

I described how observers or *Watchers* were present. There is a direct link between *our* Omega program, the LDS Church Conference Center and Watchers, Christian Bale and Batman. Batman programming began in the mid-1960s for *us*.

It is also clear that *the wild one* alter was used during the Alpha segment of this particular program (and possibly other alters). It is also evident that during the Omega segment there were at least two alters—a kill alter that was not *the wild one*, and what *we* believe to be a ritual alter known to *us* as *the ritual occult alter*. *We* are pretty sure that more than one alter is used for rituals, though *we* have not consciously engaged them in any rational manner in deep deprogramming. Needless to say, they are very uncooperative. Even *she 29th* is very well versed in ritual killing. (*We* have understandably avoided engaging some of the darker alters as much as possible.) In this download, *our* alter's energy signature and personality are removed from emotions, and she is more fearless than *the wild one* whose psychosis is motivated by emotion. Once in the garden on top of the LDS Conference Center, *the ritual occult alter* feels very different from the others. She has dark occult knowledge much like *she 29th*, but in a different way.

The next entry regards the same download and *ritual occult alter*.

The serpent in the Garden of Eden

One of the most important alter downloads for *us* is described in Book 1, Chapter 4, "Killing," *Alpha and Omega: First and last solo*. Part of the reason is that it was a profound download at a critical time in *our* deprogramming. It helped to confirm *our* willingness to go to Salt Lake City, Utah in April 2008, despite fears that *we* should not do so because it was dangerous. But *we* also knew *we* would find some of the locations in the download in Salt Lake.

We found much more than that.

Since this 2008 download, *we* have come across some very interesting information regarding the mythology surrounding ancient archetypes,

specifically Lilith and the snake that often represents her in various old texts. In *our* alter's download while *we* are in the garden at the LDS Conference Center in Salt Lake City, *we* encounter a large, Caucasian-colored snake covered in thick mucus slowly making its way along a sidewalk when one of the female Watchers approaches *us.* As *we* stand nearby watching the snake, she lifts her foot as if to crush its head, at which point *we* stop her, saying, “No, it is life.”

The undeniable sexual inference here—the flesh-colored snake covered in thick mucus—is directly associated with the many erect, ejaculating penises that *we* encountered throughout *our* use both during rituals and on-task. It is apparent that one of *our* programmed specialties was satisfying males orally. In this particular download, *we* can *see* and *feel* that there is much more to the snake in the garden known by some insiders as Cain’s garden, as well as who in *us* made the comment about life: Lilith. Through various alters, *i* have access to Lilith's knowledge, frightening as it may be at times.

Recently, *we* found direct references to historic language that explained to *our* front alters what others of *us* clearly knew from programming and use. Many of *our* alters have provided profound historical information that those of *us* living on a more day to day conscious level find bizarre until corroborated. Corroboration helps make sense of *our* downloads and gives *us* greater conscious understanding of *our* perpetrators' methods and madness. In other words, intellectual understanding is a vital part of deprogramming.

For example, *our* connection to Lilith is from *our* programmers' use of demonology on *us*. In *Cloak of the Illuminati: Stargate Secrets of the Annunaki*, written by William Henry (one of them), are references to Aramaic and Arabic meanings of various mistranslated words of old. In chapter 8, he writes about the Babylonian icons showing "the great goddess attended by her serpent, offering man the food of immortality, the manna.” Further on, he writes of the “golden light of heaven being guarded by a serpent or dragon (Draco).” The “golden light of heaven” is monatomic gold, known in other times as “Starfire.” (See Book 1, Chapter 6, "Ritual Use, Ritual Death.") According to Henry, in the Gnostic texts it is stated that this “serpent is the goddess herself.”

Furthermore he writes, “the Aramaic pun identifying Eve, the teacher, and the serpent . . . mother of all . . . to instruct. . . . Eve’s name in Arabic a perfect combination of the concepts of ‘life’ . . . with the name of the serpent.” In *Human Race Get Off Your Knees: The Lion Sleeps No More*, David Icke refers to the Arabic name of Eve as being synonymous with “life” and “snake.”

Though it is abundantly clear that most of *our* numerous perpetrators were male, females were clearly involved, too, especially in programming rituals and reprogramming. Those *we* encountered were directly involved in *our* child, teen, and adult years. Gray-haired females were present during *our* programming inside the LDS Conference Center and during a ritual following the programming in what *we* know as Cain's garden on top of the Conference Center in the early to mid-2000's. Most of the public focus is on the males, and rightfully so; they are numerous and wield a lot of kontrol. But they are front men for the real power, meaning *occult* power.

One of *our* most frightening and powerless moments during *our* first year of deep deprogramming came early one morning in Arroyo Seco, New Mexico, when one of *our* darkest *ritual occult* alters surfaced and took complete kontrol of *our* body and vocal cords and—most frightening—*our* thoughts. *We* fought her by repeatedly attempting to pull in Benevolence, but her words kept coming out of *our* mouth with *us* fully conscious and aware. As *we* attempted to wrest control, all *we* could do was keep *our* mouth closed so her words would not come out, fighting within *our* mind to call upon *our* Benevolent self to rectify the situation while she called upon "the mothers of darkness"—not fathers, because the real occult power lies in the female, and this is who you will find sitting on the throne of occult power, not the male.

Who do the males use in sex rituals to bring in the *demonic* power? Females. Who do the males use to birth *demons* and *entities* into this third dimensional realm? Females.

When calling upon "darkness," who is called? *Mothers*.

The men, present as observers silently watching *our* programming and alter's performance in any given programming scenario; the women observing and engaging *us* during programming scenarios, asking *our* alters questions that gave even them the impression that these women knew and were testing *us* while *our* alters' limited, programmed consciousness restrictions thwarted their ability to figure out who they were and why they were present. Males kontrol as patriarchs, but females have the power within them.

However, there is a very real, high-level male *demonic being* who sits and presides but not alone. He cannot do it without Lilith. In the occult ritual realm, the female cannot be left out. Without her, there is no power! And yet in certain ways, she is subject to male kontrol. A relationship exists here that both males and females recognize and honor at higher levels.

A “female/woman” was a significant part of *our* teen programming who was again sent in during *our* early to mid-30s when *our* programming was beginning to break down. *We* did not know her in *our* front alters; other alters told *us* who she was. She figured out all that *we* were remembering and assisted in reprogramming *us*. She was of a particular bloodline and connected to Siemens, a military defense contractor. *Our* attachment to her allowed her reprogramming to succeed, the result being *our* continued use for more than a decade, during which *we* were not yet strong enough to break free. *I* clearly recall the eerie way she stared at me and to this day doubt she consciously knew who and what she was.

Those who wish to replace god worship with goddess worship apparently have no idea who it is they are turning to, which is precisely how the malevolent ones want it. The goddess currently replacing the patriarchal god goes by many names, one of which is Lilith, she whose ability to charm with beauty and strength goes unparalleled in the malevolent realm.

The unholy trio

In Book 1, Chapter 11 "The 40's," the section called "*Ownership: Cain, Lilith, and Lucifer*" refers to an experience whose significance is ongoing. This "ownership" encounter was about maintaining their access to *us* and keeping *us* in the fold while attempting to get *us* to consciously “relinquish *our* soul."

It has become obvious to *us* that some of *us* within know quite a bit about occult terms and practices. Particulars show up in *our* downloads that *our* front alters know nothing about. It may take months, even years, before meanings become consciously clear, such as the “silver horn” that Lilith used just before *we* were able to *see* "Lucifer,” or rather a human-looking representation of him, while *our* fragmented parts flew above him, trapped on the ceiling. The answer to this mystery came from another *tmk* slave and was validated by a researcher who said that similar “horns” have been used throughout occult antiquity to summon Lucifer or malevolence. There it was.

During *our* encounter, Lilith slowly raised the silver horn to *our* right eye while gently blowing into it, allowing *us* to *see our* fragmented mind in the room just beyond her in which Lucifer sat. The horn was utilized to “reveal Lucifer” accompanied by *our* parts. *We* think that the air being blown over *our* right eye

is connected to the right eye of Horus, due to the fact that since the late 1990s *we* have worn a silver ring acquired in Egypt that is the right eye of Horus. It is one of the program items *we* have attempted to rid *ourselves* of without success. In early deep deprogramming, *we* gave it to someone to keep and have since requested that it be returned and now wear it often. (*We* work on things a little at a time and have to prioritize.) Suffice it to say that there is a direct link between the right eye of Horus and the All-Seeing Eye of Freemasonry.

Used to take out theirs

Downloads have suggested that *our* kill alters were utilized to take out some of their own network members, unwitting and witting alike, rather than innocent bystanders. Children were either killed in our presence or by *us* as victims of this network and *our* demonized alters.

Members of this network must abide by many rules, regardless of whether the member was involuntarily recruited or not. Even slaves who consciously choose to ally themselves with these malevolent ones enter under a plethora of lies and deceit. In many cases, the penalty for breaking the rules may be death; *we* know this due to alter downloads in which it is apparent the target is privy to at least some inside information. In these instances, *our* presence before the actual kill was not feared or unexpected, and in some cases interaction with *our* alter or alters was occurring. What *our* kill alter was sent there to do is obviously not known to the target, yet it is clear that they were expecting a sex slave or knew *us* in some other capacity from within the network. On occasion, the kill is done in such a fashion as to send a message to those in the know, namely “If you step out of line, we will kill you.”

It is difficult to convey *our* depth of understanding regarding killing their own being a significant part of *our* kill alter’s on-tasks. The number of kills by *our* kill alters combined is difficult for *us* to accept, the majority being targets they deemed unfit for future service for one reason or another. Suffice it to say that *our* combined solo and team kills present an unrest in *our* heart and soul that *we* are uncertain can ever be forgiven by *us*. *We* never consciously chose to be a "killer of people," ever. Yet *we* have to find a way to live with what *our* alters have done while under *total mind kontrol* programming, knowing that *our* most primal choice to survive eventually resulted in *us* killing.

In truth, all who are under *total mind kontrol* programming are victims, so the question is when does someone become witting?—a question that has no straightforward answer when it comes to *total mind kontrol* programming. This evil network employs a labyrinth of programming, precise science, and ancient malevolent knowledge to convolute minds born into terror and horror and rebuild them to perform unspeakable acts with neither conscious awareness nor remorse.

How does one determine who is who, victim or victimizer, when most of those working for them have also been tortured and split? *We* have met some who have lucid moments until their denial programming takes them over again, much as occurred for *us* throughout *our* life. When a *tmk* slave has programmers, kontrollers, and handlers keeping them programmed all of the time, making conscious choices is near impossible. For *us*, this is a very gray area. Once programming begins to break down significantly enough for a slave (high-level or not) to consciously see it as such, and at that point they are unwilling to take steps to face the truth, then this becomes a choice, does it not?

Of course, choosing will undoubtedly be the most difficult thing a *total mind kontrolled* slave has ever done, bar none. Not only will the slave have to break free from their own programming and internal and external programmers, kontrollers, and handlers amidst numerous programs designed to thwart such from happening, but they will have to do so amidst an indoctrinated, disinformed, misinformed, slumbering human populace who at best will barely tolerate what a deprogramming slave will reveal, let alone be able to acknowledge its truth and validity. And last but certainly not least, hybrids will literally have to go against a genetic part of themselves. People who are willing and able to sincerely assist in this process do exist, but it may take years of patience and fortitude to find them. It can be done with the assistance of Benevolent, Unconditional Love, of that *we* can assure you.

S&M and the lawyer

In January 2011, one of *our* kill alters revealed another memory fragment as part of a memory that surfaced years before. (See Book 1, Chapter 5, "20: More Sex and Killing/The Island and Shiny Purple.")

It is difficult at the very least and devastating at the worst to experience what *our*

alters have had to live through, what they were programmed to do and ultimately did, but *we* also are grateful for *our* willingness and ability to face what has come into *our* conscious mind in the best way *we* know how and are capable of at the time of these presentations. This has been and continues to be an integral part of *our* deep deprogramming and healing.

Dealing with kill alters and their programs always fits into the category of the unthinkable. One of the most difficult and recurring emotions that *we* struggle with is guilt encased in shame fed with the knowledge that *we* survived at the expense of others. Not only did people die around *us* at the hands of others, but many died at the hands of some of *our* alters. Intellectually, *we* understand that *we* were under *total mind kontrol* programming and that the devastating and destructive nature of the events is why *our* multiplicity came about in the first place, but *we* continue to struggle deeply with what was done by the alters that share *our* body.

On the night of January 9, 2011, *we* felt the presence of one of *our* alters wanting to present to the rest of *us*. *We* cyclically have profound downloads around *our* core's January birthday. Thanks to deprogramming, *our* ability to manage such alters has become rather adept. In the two or three days prior to this download, *we* had been experiencing a somber adult alter with well-hidden, underlying rage. To alleviate spiritual, mental, emotional and physical symptoms and continue dismantling programs, *we* decided to allow her energy to come forward and reveal what it was that she had been attempting to show *us* for these few days. We *felt* strong enough to deal with her presentation of memories.

We were not prepared for what occurred. *We* can *see* and *feel* that this alter had heavy sexual programming, but there was also more to her, much more. At first *we* thought it to be a sex alter, though *we* would be startled and sickened when the sexual encounter being presented to *us* turned into a kill.

This alter was talking in a very erotic, sexual manner to a man with dark hair underneath *us* in bed. *We* were engaging in vaginal intercourse with *our* alter in kontrol, due to the fact that he was tied by the wrists to the headboard. *We* were leaning over him, *our* mouth close to his left ear, verbally arousing him, the alter telling him that she was going to kill him, which seemed to arouse him more. At this, those of *us* witnessing this for the first time were confused. Why would an alter admit to a target that she was going to kill him? At that moment, *we* got *our* answer. The man had willingly engaged in the sexual encounter and was doing so for this alter's programmed skills associated with restricting air flow to the

brain during orgasm to heighten the orgasm. This is what the alter shared with *me* in *our* head: S&M sex programming that the man wanted—his taste.

At this point in the encounter, *we* sat up straight while still engaging in intercourse, reaching with both hands to place pressure on his neck with *our* thumbs, pressing firmly on either side of his windpipe while leaning *our* weight into *our* arms to restrict air flow. As he began to orgasm, *we* began to *feel* our alter's rising excitement, her breath and heart rate quickening. *We* quickly realized that she was fully intending to kill him. *Our* heart rate and breath were not the only changes *we* felt. To *our* heart- wrenching dismay, *our* kill alter began to get very sexually aroused as the man beneath *us* began to fight for air. The look on his face quickly changed from excitement to terror as he too realized she was not going to release her grip.

Inside *us*, the darkest, most malevolent physical feeling arose from deep down. It crept up and consumed *us* as several of *us* lived what she had done long ago. Her dark pleasure was sickening and frightening as *we* endured her programming and even *our* body reached orgasm while strangling the life out of the man who'd been a target all along. This kill alter was not only performing her on-task kill; the malevolent energy handling her—running her program—was energizing itself directly from the very life force of this target. The *entity* placed inside *us* during programming clearly gets off on the deaths of targets. *We* know this *entity* very well as "Lilith," and she is the interior programmer and handler of more than one of *our* alters. *We* would go so far as to say that "Lilith"—hideous, compassionless, and purely evil—has overseen many, many of *our* alters.

We were physically, emotionally, and spiritually sickened by this kill alter download. After time had passed, some of *us* asked other alters to tell *us* what had occurred here, what it was all about, what she had done, why she does what she does? It is despairing enough to experience these events, but it is even more so when *we* front alters don't understand the programming so *we* can dismantle it. Engaging *our* alters on a limited basis is a significant part of *our* deprogramming. This is what we *saw* and *felt*, what *we* were shown and told.

The following is taken directly from *our* journal entry the following morning, January 10th. It is presented here just as it was written there.

> *"…'she' is 'used' as a set-up to actually 'kill' at orgasm, the male 'targets' orgasm…'used' against those who want 's&m' style sex…the set-up had the 'target' believing it would be a 'mock death' at orgasm while 'she' restricted their oxygen by 'mock strangulation,' yet it was not*

‘mock death,’ it was real! ‘her programmed rage’ saw to it…this ‘alter uses strangulation’ (and ‘knives’) to ‘kill’…it does not seem to be ‘she 29th’ (‘juice’)…‘we’ suspect ‘alter 14’ or ‘the kill alter that we pursued through our system,’ the latter ‘we’ know very little about…this ‘alter’ from last (nights) download…(has the) ‘crush windpipe’ ability…and obviously heavy ‘sexual programming’ as a ‘kill alter,’ both of which fit…‘alter 14’…strangulation…both hands…on top of the male ‘target’ during climax…with him in restraints…assured success….”

At first, *we* were confused by the who and when of this original experience, but it is now clear. This was not *our* first solo on-task kill at 18 years old, a sexual encounter turned into an on-task kill. The kill alter up and running in part of the download was *the wild one* whose programming is very different when it comes to kills. At the onset of the casino download, the target had gray-to-white hair; in this kill download in January, the target was younger with dark hair, and the kill alter was definitely not *the wild one*.

Our alter clarified when and where this had taken place. In Book 1, *we* wrote about being on an island with two men—one a lawyer—and being triggered to go to his room for a sexual encounter during which he died. This download was that kill.

It has also become abundantly clear that sex and killing often went together in *our* programming and on-tasks. Some of *our* kill alters have sex programming as part of their personality, while others are often fronted by sex alters before the kill alter presents. The methods and abilities of each alter and distinctions between them clarify with time. Their reluctance to clarify takes a while to understand. Given that memory fragments number in the hundreds, it is impossible for *our* front alters to hold all of this in *our* conscious mind all at once, not to mention *our* own programming playing tricks on *us*, especially *our* deception alters—despite the *entities* that used to run them being gone, at least from inside of *us*. Apparently, this is a significant part of *our* design and continues to be effective in deprogramming.

This on-task was indeed a case in which *we* were taking out one of theirs who evidently broke their rules.

“A. True” program

The following program and its origins, as well as its connections to recent historic events, are almost unthinkable. It took three years from the time it was first presented to *our* conscious front alters, many downloads by several alters, and abundant external information before *we* came to accept what was all too clear.

We call this “A. True” program because the name of the individual it refers to is Dr. A. True Ott, who, along with his family, was to be a kill alter *she 29th* target. What *our* programmers, kontrollers, and handlers did not recognize is that *we* were not only being directed by them, but were also being assisted by *our* Higher self as of April 2008. (See Book 1, Chapter 11, "The 40's/Salt Lake City: *Our* Deep Deprogramming Begins.")

The many specifics in this program are far too vast to be included here. *Our* intent is to provide the reader with an overview. *Our* journal entries going back into 2007, prior to meeting Dr. A. True Ott in April 2008, indicate that *our* alter’s information regarding this particular program was surfacing due to *our* programming breaking down. Over the same period, several handlers and kontrollers attempted to access *us* to reinforce this program (as well as others) and eventually trigger it in full. In other words, the stage was being set in 2007 by whoever wanted the Ott family to die.

Some things never get any easier to talk or write about, no matter how much time passes. Because of *our* somewhat consistent interaction with Dr. Ott during *our* deep deprogramming, *we* have been able to receive an unusual degree of corroboration from him and his sources independent of *our* own revelations. This is rare and *we* are grateful for the opportunity for such corroboration, despite the difficulty in facing this program and the apparent reach of the handlers involved.

As deep deprogramming continued, the corroboration revealed connections both past and present that frightened *us* deeply and in some instances shocked *our* front alters—connections even running into *our* current town of residence and a handler sent in to monitor and interact with *us* within two weeks of *our* arrival in January 2009.

With this program there is no easy place to start, due to the information at times overwhelming *us*. *We* have spent years piecing together the fragmented memories, much corroborated by Dr. Ott’s independent experiences and shared months later. (From April to December 2008, *we* had no contact with Dr. Ott but continued to work with the man Dr. Ott introduced *us* to in April.)

At this time, *we* believe that the original program to kill Dr. Ott and his family was placed in *us* in either 1998 or 1999. *We* remember driving alone from Florida to Las Vegas, Nevada and Salt Lake City, Utah. There are only flashbacks of arriving in both locations. In Vegas, it was night and *we* went to a run-down motel. *We* believe the kill programming had to do with Dr. Ott being privy to information regarding the assassination of President John F. Kennedy in 1963. (Unfortunately, the subsequent murder of John F. Kennedy, Jr. also played a part in *our* Dr. Ott programming.)

To *our* front alter's dismay, it was Dr. Ott's association with what is known as the Gemstone File, particularly #5, that led to *our* being programmed to kill his family in front of him and then him if he did not comply with the wishes of *our* programmers. This need for compliance was to be shared with Dr. Ott during the ritual kill of his family at his home by the purely evil alter known to us as *she 29th*. In addition, there were periphery issues about Dr. Ott's work as well that were more motivation for them wanting to "bring him to his knees," yet *we* cannot speak specifically to those as *our* programming appears to center around Gemstone File #5. What *we* can say is that as of the 1990s, the Mormon Church did not like Dr. Ott very much.

Our front alters have no knowledge of ever having heard of or meeting Dr. Ott prior to March 2008 when his name was brought to *us* by *our* handler. Dr. Ott became *our* immediate and total focus until *we* drove to Salt Lake City less than a week later and *our* handler introduced us. "I" had never heard him on radio or elsewhere. *Our* obsession with him came from *our* alter being programmed to him and his family.

The 1991 song "Walking in Memphis" by Marc Cohn was one of the tools used in *our* programming. Particular phrases and words worked as codes and reinforced the program each time *we* heard the song, even in the years after. Alters were programmed without the conscious knowledge of *our* front alters until the programming "bled through." When *we* eventually brought this particular piece of information to Dr. Ott during deep deprogramming, it was very poignant for him as well. Unbeknownst to *our* front alters, he had researched and named this particular artist and song as "programming music" years before we met in April 2008. The very song that was used to program *us* to him and his family! The song was presented to *us* by *our* alters shortly after *our* "face-to-face" meeting with Dr. Ott in April 2008 because *our* alters recognized him.

"Walking in Memphis" was not the only music used to trigger *she 29th*. Led Zeppelin's music was used extensively during the few days in April 2008 in the Salt Lake area to get her "juices" flowing, especially "when the levee breaks."

The particular *feel* when *she 29th* is present is not at all pleasant because she is filled with rage, hatred, and cunning, and is highly sexual in a very kontrolled, deceptive manner. She is a frighteningly powerful alter.

(See "'A. True" program collage on page 52 of this book. It may be helpful to view it along with this written piece as it may assist the reader to better understand what this program was really all about, as well as the levels from which it had to be run).

According to Dr. Ott, he received a file from a man under rather unusual circumstances back in the mid-1990s and was instructed to hold the file and forward it to a particular address in the event of the man's death. Dr. Ott did not read this file until later while going through some of his papers.

(Before going any further, please go to the November 2010 archives at ***www.atrueott.com*** and read "Remember November 22, 1963: The Assassination of JFK." This was a very convoluted series of programmed events reaching back many decades; the number 22 was particularly poignant in *our* kill programming reaching back at least to 1980.)

The "A. True" program was being called up in the months preceding April 2008. *We* had been put through a series of programmed alter behaviors to get *us* ready to meet with *our* handler. All the program circumstances were aligned, including obsessive journaling about Dr. Ott (initiated by *our* handler's mention of his name over the phone) to provide a "lone nut" explanation for his impending murder, namely a woman with stalking tendencies. In early March, *our* handler met with *us*, himself an MPD *tmk* slave (still currently under programming, as far as *we* know). *We* could *see* and *feel* that something was very wrong with all of this and had been for a long time, but *we* could not consciously get at *why* we felt it so strongly.

We had been journaling since the previous year regarding another individual *we* had been programmed to in an apparent kill program many years prior. The program of that kill would arise in *our* front alter's conscious mind and replay for several months during deep deprogramming. These two kill programs were similar, though this is not the time to go into it in any detail. Suffice it to say that the journaling was reflective of *our* programmed-in excessive memories and

feelings of obsession regarding that target. During the later part of 2007, *we* were lucid regarding these entries, especially *our* concern about having feelings for a man *we*consciously did not know, as would be the case in 2008 regarding Dr. Ott .

During the first 48 hours of *our* meeting with Dr. Ott, *we* made such comments as, “I don’t want to do this…something is going to happen…” Dr. Ott and the other man present can verify *our* distress and emotion as *we* consciously began pulling together pieces of *our* history while sharing the information with them. Of course, getting help with *our* memories was the cover story for meeting with them and why *our* kontrollers and handlers had allowed it in the first place. But for several of *us*, *we* were sincerely trying to get help, despite *our* dark alters working *us* over very hard per their programming to make sure *we* performed *our* on-task kill. The arrogance of *our* programmers and kontrollers allowed them to believe that between *our* programming and that of *our* handler, this on-task was a sure thing. *We* shudder to recall all that was occurring to kontrol the outcome. How *we* and the Ott's actually survived this without *our* alter performing the kill can only be explained by Benevolence, that of *our* Higher self’s will.

We clearly recall the programmed rage of *she 29th* surfacing over and over and her repeated attempts to take kontrol during *our* drives each day to meet with Dr. Ott and the other man. *We* were indeed getting real help, but it was only the beginning and *we* were still under heavy programming.

By day two, *we* spoke with these two men about *our* skill with a handgun, despite *our* front alters' hatred and fear of guns. *Our* handler was present for the meetings in the first five days, and the information being revealed had a visible effect on him. Of import to *us* was that on occasion during these meetings, *our* handler and the other man would leave the room and *we* would have a minute alone with Dr. Ott. On these few occasions, *we* found *ourselves* saying things that did not make sense to *our* front alters, such as, “*I* was sure you were going to recognize me.”

While all of this was occurring, Dr. Ott’s wife was distressed by *our* presence in their home on the first day and continued meetings at their office. It was causing tension between them. On one occasion, Dr. Ott apologized for *our* not being able to stay at their home in a guest bedroom due to *our* financial situation, a direct result of Mrs. Ott’s distress. *We* told him, "Leave her be, she is just trying to protect her family,” *our feeling* being that she should indeed be afraid of *us*.

During a solo moment in his office, he shared that Mrs. Ott asked a very poignant question the night before after being told that one of the main ways in which *we* were used was as a killer: “How do you know she wasn’t sent here to kill you?” to which he replied, “ I don’t.”

It would not be until December 2008 that *we* would learn of Mrs. Ott's level of distress during that week in April, brought to *us* by their mutual friend who, when *we* told her of the program within *us* to kill Dr. Ott's family, was visibly stunned. She had received many worried phone calls from Mrs. Ott. The incidents and implications are far too numerous to list here. Like *our* mind, the information was fragmented among all who were present. *We* remember *crystal clear* knowing things that certain alters and their programs would not allow *us* to speak of.

As *our* deep deprogramming continued, it became clear that *we* had access to things in *our* mind that *we* were forbidden to speak of. When *we* tried to talk about certain things, *our* throat constricted, information would not come out, and the presence of someone else was *felt*. Eventually, *we* came to consciously better understand this program and were able to override and dismantle it.

By the fifth day of *our* stay in the Salt Lake area, it became clear that *we* needed to leave the home in which *we* were staying with *our* handler. Some of *our* front alters were conscious that *we* were being accessed, triggered, and reinforced every day and night, though at this time we couldn't figure out all the specifics. *We* were living in programmed terror and high anxiety with alters taking over and those of *us* in conscious awareness with only fragments bleeding through.

Strange events occurred that fifth day in downtown Salt Lake City. The handler, one of the men *we* were working with, and *we* had gone to video some of the places *we* had been during *our* programming and use. At the end of the tour, a threatening surveillance occurred while two of us stood on the sidewalk waiting for the handler to pick us up just outside one of the gates to Mormon/LDS Temple Square. When he picked us up, we told him about the surveillance and it really shook him up. He knew danger was present, and it was apparent to the other man and *us* that it had taken him far too long to get his vehicle. However, he had no *conscious* idea that the threatening surveillance would occur, as his tremendous fear after hearing about it showed.

During those five days, both of us were repeatedly accessed day and night. For *us*, it included physical penetration of *our* vagina—by whom, *i* honestly cannot say. It was evident to *our* front alters that *our* handler/victim was fighting with

his own programming. On the last night, several men were in the house. Both he and *we* in our front alters knew they were coming before they actually came. *I* remember this as if it occurred yesterday. It was so surreal, watching it happen as it was happening. He was on high alert, as were *we*, and *we* tried to speak of them coming, *we* could *see* and *feel* it just after midnight, and the neighbor's dog was barking for some time. Time was starting to slow down, how it *feels* right before a switch of personality when *i* am conscious enough to *see* it coming. When *we* spoke to *our* handler/victim about what was happening—he was also in an highly agitated state by this time—he just stood looking at *us*, trance-like, no response, not the usual response for his front alter who would be more likely to go outside with a weapon to see if someone was out there and chase them off. Instead, he stood frozen in fear, and *we* knew they were coming and it was too late. *We* can still *see* and *feel* this in *our* mind's eye. Both he and *we* were going to switch personalities. *It was happening and there was nothing i could do about it!*

We finally left his house and after an almost lethal drive to Wendover, Utah 111 miles away, wound up in a motel in downtown Salt Lake City to continue *our* work with Dr. Ott and the other man. While driving alone at 65 miles per hour on a highway west of Salt Lake City, *we* were wide awake with adrenaline one moment, falling asleep at the wheel the next. It was that drastic, as if someone kept throwing a light switch, coming to at the sound of an 18-wheeler's horn, jerking the wheel, coming out of it, struggling to keep *our* eyes open.

This near-death event was strange and terribly frightening. *We* were aware that *we* had recently passed Dugway Proving Grounds. It would not be until *we* were in the motel in downtown Salt Lake City later that day, relating what had happened on the phone to the other man *we* were working with, that *we* would learn that other mind-kontrolled women had reported such instantaneous sleep. By leaving the handler's house without having performed the on-task as programmed, *we* had been hit with a sleep program while driving at 65 miles per hour. *We* also wonder about Dugway Proving Grounds having something to do with it. *We* have since read other slaves' reports of sleep programming. In this instance, it was intended to be a murder program. *We* were never meant to leave him or Salt Lake City—not alive, anyway.

During the meetings following *our* move to the Salt Lake City motel, *we* described what *we* had witnessed with the handler/victim. Dr. Ott and the other man were not surprised by *our* insights that later led to memories of *our* history

with this *tmk* slave.

Though *we* would require much more deprogramming, this was the first time in 46 years that *we* told parts of *our* bizarre story and not only did they not think *we* were crazy but they had heard similar stories before and worked with others like *us*. *Our* downloads began occurring nonstop day and night, as if some of *our* alters were feeling a degree of safety and that someone was sincerely listening and hearing *us*. Even some of *our* front alters, programmed never to believe what repeatedly showed up *our* whole life in so many ways, were now listening, though it was very difficult.

After a few days, the three of us were in the middle of profound work when without any notice, Dr. Ott was nowhere to be found; neither the other man nor *we* could reach him to set up that day's meeting. Despite his absence, the other man and *we* continued. On three occasions two days apart, two different dark male individuals approached *us*, once trying to gain access to *our* room at 2 a.m., another in broad daylight when the man *we* were working with was there.

When finances forced *us* to head back to Taos, New Mexico, a couple on a motorcycle followed *our* every move. The surveillance continued in Taos; potential handlers appeared but *we* did not take the bait: some of *us* were waking up.

Ongoing events are recorded in journals, on micro-cassette tapes, videos, and DVDs, copies of which are in the hands of others. On one occasion, a man and woman followed *us* to make sure *we* had an "accident" while running a mountain trail through rocky, rough terrain to release the rage and fear plaguing *us*, a plan *we* thwarted with the assistance of *our* Higher self urging *us* mid-run to leave immediately. Quickly, *we* ran to *our* car and drove away.

For the next couple of weeks, everything sank in on a conscious level like never before for *our* front alter. *We* retreated from encouraging acquaintances or friends to be around *us* because *we* feared for their safety. *Our* front alters were becoming consciously aware of who *we* were dealing with and their sinister nature. To this day, *i* get goose bumps when *i* remember that day on the trail. It enhanced *our* commitment to deprogramming. Sobering fear can do that.

Our extensive, consistent, and painfully detailed alter downloads of the "A. True" program, coupled with Dr. Ott's relationship to the assassinations of John F. Kennedy and John, Jr. with his wife and her sister, culminated in August 2008 when *she 29th* attempted to take *us* back to Salt Lake City to "finish it." Even in

2009 and 2010, when *we* moved to *our* current location in Moab, Utah, *we* were approached by one of two handlers awaiting *our* arrival. Over the course of two weeks in September-October of 2009, this handler repeatedly switched alters and alluded to his role in the Kennedy assassination in 1963 while threatening *us* with rape and murder and the lack of assistance *we* would get from local law enforcement due to corruption. He named his "connection" to the Kennedy family: his handler, a prominent doctor closely connected to the Kennedy's. His alter's belief was that he had been picked to be an assassin by the doctor who had repeatedly expressed his hatred for the Kennedy's. (*We* followed up on this doctor's alleged connections to the Kennedy's and prefer not to name him.)

What became frighteningly apparent by late summer-early fall 2009 was that *our* programming to Dr. Ott's family and this handler was directly associated with Dr. Ott's work regarding the Gemstone File #5 he had in his possession as early as the mid-1990s, and that having this particular handler in 2009-2010 was a result of the same connections. This absolutely stunned *our* front alters. *Our* programming in the late 1990s was a result of an event from 1963! (Dr. A. True Ott has not had this file for many years now and is not a threat.)

The following chronology is what *we* know to be true thus far. Some of the details have been left out due to *our* need to keep certain identities hidden—in particular, details associated with handlers in the town *we* currently reside in, one of whom is in law enforcement.

** Due to previous CIA programming in *our* teen and young adult years, *we* have connections with George H. W. Bush and some of his associates.

** *We* have connections with the highest levels of the Mormon/LDS Church hierarchy, including alter memories of Thomas Monson and Dallin Oaks.

** On numerous occasions, *we* were used by *our* programmers and kontrollers to kill their own.

** Dr. Ott's "excommunication" from the Mormon/LDS Church occurred after he questioned the validity of Church history and revelations of who and what they really are: "Lucifer/Lilith" worshippers.

** Dr. Ott began discussing the Gemstone File #5 in his possession with the editor of John Kennedy, Jr.'s *George* magazine in the summer of 1998.

** Dr. Ott received a phone call from John Kennedy, Jr. in early July 1999 during which John, Jr. enthusiastically revealed that he was moving forward to prove George H.W. Bush's complicity in the assassination of his father, plus

exposing others in the conspiracy. According to Dr. Ott, John, Jr. stated that a grand jury would be convened. John, Jr. was killed just two weeks after Dr. Ott received the call announcing his plans. The murder halted Dr. Ott's desire to expose Gemstone File #5 to anyone else due to obvious risks to his family and himself.

** We were programmed to Dr. Ott and family in 1998 or 1999 to perform a ritual kill in his home.

** By the middle of 2007, Dr. Ott was again discussing the Gemstone File with John Hankey, who wrote "The Reason JFK Jr. Was Murdered," September 12 2007.

** By the middle of 2007, *we* had been triggered to return to the UFO community with *our* memories. Alters begged *us* not to return, repeatedly telling *us* that *we* were outing *ourselves*, *our* every move was being watched, that return would be dangerous, etc. *We* attended the conferences with a guarded, newly emerging conscious awareness. However, when potential handlers appeared, *we* were still unable to fully comprehend who they were, but did know that they were not to be trusted, the word "operatives" coming into *my* consciousness.

** By February-March 2008 at a UFO conference, *we* met the handler (under programming himself) who would take *us* to Dr. Ott in April. From the moment *we* met him "face to face," he unwittingly offered *us* numerous triggers and "hooks" and a plethora of periphery activity to ensure *we* would go to Salt Lake City.

** By the April 5-6 weekend, *we* were in extensive long distance phone contact with the handler, revealing to him *our* torture and mind access by military, to which he responded with Dr. Ott's name, stressing, "You have to meet with him . . ." Immediately, Dr. Ott became *our* total focus, *our* belief being that he would recognize *us*, that *we* needed to meet him and only him. The handler mentioned other people to meet in the Salt Lake City area, but *we* wanted only Dr. Ott. On this same weekend, *w*e began "hearing voices" in the home in which *we* were staying in Arroyo Seco, New Mexico. In addition, *we* were receiving access phone calls.

"Out of the blue" on Monday the 7th, *we* packed up and drove to Roswell, New Mexico for one night and exposed *ourselves* to the same program trigger *we* had exposed *ourselves* to during the latter part of the previous year while attempting to find help within the UFO community. This particular program trigger has to

do with Dr. Steven Greer to whom *we* were heavily programmed, including an apparent kill program with bizarre similarities to the "A. True" program, though not including Dr. Greer's family.

In one of the April meetings with Dr. Ott, *we* would speak very emotionally about Dr. Greer, Dr. Ott having been told by someone in California that "you and Dr. Greer must meet and talk." *We* are certain that this was part of *our* programming to both Drs. Greer and Ott, though *we* cannot speak to who the person in California was.

The similarities in *our* kill programs to each of these men, particularly regarding the way *we felt* about them, ran very deep. (See Chapter 2, "The Teen Years/Brought Together; and Chapter 8 "More On-Task/*Alter 14* and mutual handling." Book 2 presents a much clearer understanding of how *we* were made to believe that *we* knew Dr. Greer intimately.)

** Upon experiencing the trigger on April 7, *we* left Roswell the next day and set out to meet with the handler in a town near Salt Lake City, even calling him from southern New Mexico to announce *our* coming. Initially, he was flustered and attempted to delay *our* arrival by a couple of days.

** A partial memory of being in a motel somewhere along the way to Salt Lake and talking on the phone in the evening with the handler.

** According to Dr. Ott eight months later, approximately one week before *our* arrival in Salt Lake City, this same handler paid Dr. Ott a visit. They knew one another, but this visit was unannounced and involved the handler showing Dr. Ott two newly acquired guns, a rifle and a pistol. Just before the handler indicated he was leaving, he pointed to the pistol and said, "This one has your name on it." Dr. Ott was a marksman and thought the handler was offering the gun to him, which he declined by stating he had no need for the gun, to which the handler replied, "That's not what I meant," then abruptly left.

The "A. True" program called for a 9mm to be provided by the handler, the weapon *she 29th* repeatedly spoke of using in the ritual kill. When *we* revealed this to Dr. Ott, he asked a mutual friend of his and the handler's if the handler owned a 9mm.

** Heavy access during *our* five-day stay at the handler's house: programming music, sexual encounters in alter (rape no matter how one looks at it), meeting with men in alter for instructions, internal programs being triggered and running all night. *We* are not accusing this handler/victim of rape; *we* do not consciously

know who it was.

** When *we* left the handler's house after five days—inadvertently revealing to *our* programmers that *we* were breaking programming—a concerted effort to threaten and kill *us* was initiated.

** In December 2008, Dr. Ott said that approximately one week after *we* arrived in the Salt Lake City area in April 2008, he received a phone call from a long-time source in Washington, D.C.— a man with very high-level connections (including the Intelligence Community) whom *we* have since engaged on the phone—warning that Ott's family was in danger. "You have two visitors…your family is in danger…" This was why Dr. Ott very wisely decided to leave town for a bit with his family without notifying *us* or the other man *we* were working with.

** Ongoing access of *us* after Salt Lake City, with internal programming running day and night.

** On August 28, 2008, just four months later, *she 29th* announced that she was coming forward as a witness, and by August "29th" she was consciously co-existing with *us*, presenting as an ally, albeit a very manipulative one. Prior to this, her presence was palpable yet unidentified. For months, she tried to deceive *us* into returning to Salt Lake City and the various ways *we* could acquire a 9mm before or after *our* arrival there, one method being to return to the handler's house to trigger his programming to assist *us*. Naturally, this would have involved sex. When deception was not working, she used force, and on more than one occasion she was able to kontrol *our* body and mind to a frightening degree. While in Taos, *we* found a sawed-off shotgun left for *us* by another unwitting handler in the Arroyo Seco area. Those of *us* awake enough enlisted a young woman *we* were confiding in to get rid of it and not tell *us* what she did with it. That month, *she 29th* repeatedly presented to *us* in explicitly painful detail the ritual kill that would last at least a couple of hours in the home of Dr. Ott.

(This technique of repeatedly forcing a slave to internally perform a kill prior to the actual kill, per programming, has since been corroborated by an inside source as one of their methods. This was not the only kill program in which repetition was utilized.)

Our struggles back then with *she 29th* are still some of the most potent and frightening to date. *We* warned the other man *we* were working with in Salt Lake

City of these daily struggles by phone, telling him that if he could not reach *us* or knew *we* were headed that way, to notify Dr. Ott immediately.

** By December 2008, *we* were again in contact with Dr. Ott and heading to Salt Lake City while managing *she 29th*. Once in Salt Lake, *she 29th* attempted to gain an “audience” with Dr. Ott by claiming she only wanted to speak to him. *We* did not allow it and were going to tell him about the "A. True" program, suspecting that he already knew. During this meeting, *we* assured him that it would not be *us* who would do this, ever.

** Dr. Ott was able to corroborate *our* insights, even about events that occurred before *our* arrival back in April 2008. At this time, neither he nor *we* knew about the Kennedy associations, at least not in regard to *our* programming to him.

** *We* left Salt Lake City—the city that sickens *us*—and went to Moab, Utah to find a place to stay and work. *We* feared returning to Taos, New Mexico, due to many terrible memories, including an escape from an underground facility with terrible implications as well as recent attempts on *our* life. Financially broke, *we* could not go far. After arriving in Moab, *we* realized that *we* had been programmed to go there. No matter where *we* went, *our* programming was being accessed.

** Within two weeks of *our* arrival in January 2009, one of two handlers began a casual "face to face" approach, repeatedly engaging *us* in a public building. Immediately, *we* red flagged him but were still desperate for information about *our* situation and history. Never did *we* approach or encourage him, but *we* did listen intently and
ask questions when *we* could.

** In September and October of 2009—subsequent to reaching out to two people online with information regarding a public person *we* know to be mind kontrolled—the handler threatened us. According to a source who will go unnamed, the two people *we* attempted to reach out to online are intelligence operatives posing as valid members of the conspiracy community. “I have a dossier on them,” the source said.

** Within an hour of the threat's delivery, *we* came face to face with a law enforcement officer who was also closely monitoring *us* but not interacting with *us*. This was *my* first face-to-face encounter with this officer. These two encounters back to back worked: *i* was frightened.

** During two weeks in September and October 2009, the Kennedy-associated

handlers' alters presented revelations to *us* that were key to recognizing what the reference to “gems” in Dr. Ott’s Gemstone File #5 meant to *us*, knowing *we* have "gem" alters.

** *We* had known for some time that at the end of the programmed on-task ritual kill of Dr. Ott’s family, he too was to be killed if he did not comply with *our* programmer’s wishes, after which *we* would be killed by a suicide alter waiting in the background, an alter *we* had consciously met while she was hiding behind *she 29th*. This suicide alter was programmed to take *us* to a motel for *our* "eat a bullet" program (one of *our* suicide programs), after which *our* journal entries about Dr. A. True Ott and Dr. Greer would be discovered and *we* would be labeled a stalker and crazed lone assassin, as has repeatedly been programmed into the public mind by media broadcasts about many other *total mind kontrolled* slaves with kill programming.

** In April 2008, one week after *our* arrival and just shy of a week after *our* first “meeting” with Dr. Ott, the alleged D.C. source Mel Laney—close to intelligence circles, with a high-level Mormon/LDS Church history—warned Dr. Ott of impending danger. By then, *our* programmers, kontrollers, and handlers were aware that *we* were probably not going to complete the program to kill neither Ott nor his family, due to having left the handler. *Our* programming was bleeding through far too much to follow through! But wasn't the call's actual purpose to appear as a warning and build trust between Dr. Ott and Laney? What is clear is that the lag time suited the programmers, not Dr. Ott.

In recent years, we have warned Dr. Ott that they are coming for him. Mrs. Ott was involved in a near fatal car accident, her recovery slow and long but successful. The man driving the vehicle that hit hers at high speed was associated with Hill Air Force Base in the Layton, Utah area north of Salt Lake City. According to Dr. Ott, after the “accident” a letter arrived when Mrs. Ott was there and Dr. Ott was not, intimating that the “accident” was intended—an intentional “hit” attempt on Mrs. Ott. The objective? Obviously to bring Dr. Ott "to his knees,” just as *she 29th* had been programmed to do.

"A. True" Program

Greer

Throughout *our* deprogramming, *we* have struggled with the truth per *our* programming regarding Drs. A. True Ott and Steven Greer. At times, *we* felt that *we* knew both intimately, but especially Dr. Steven Greer. In fact, as with the actor Christian Bale in Book 1 (see Chapter 12, "Internal Programming"), we still question whether or not *we* had intimate interaction with him. What has come to light is that it is much more likely that it was programming to make *us* believe *we* knew him to further their agenda regarding *our* kill program, as with Dr. Ott.

The similarities regarding *our* programming to both of these men are stunning, especially the “feelings” that were programmed in. *Our* personal contact with Dr. Ott during *our* deprogramming was considerable, whereas *our* face-to-face

encounter with Dr. Greer in Denver, Colorado occurred after he gave a speech. In both programs *we* have repeatedly witnessed kill as well as "alter-nating" love/hate emotions toward each, up close and at a distance. Sometimes, these emotions came out of nowhere and were debilitating, such as awakening in a rage and wanting to kill them.

The recurring link between these two men around *our* programming to them has greatly lessened and become very manageable (dismantled), though anger and desire can and do still "alter-nate" on the surface. *We* have explicit memories of sexual interaction with each, but consciously realize that these are programmed-in memories to provide a basis and/or motivation/justification for killing them as well as to support *our* journal writings that could later be used by law enforcement to dispose of *us* in the Department of Justice system.

Memories of *us* with Greer have been extensive and emotionally charged, but the programmed memories of a sexual relationship with Dr. Ott only showed up as the full revelation of *our* kill programming to him was being revealed. This leads *us* to believe that they were put in as *we* revealed the kill program fully to *our* conscious mind, the hope being that it would assist in overriding the revelations and allow *us* to complete the intended on-task. This occurred during summer and fall 2008 when *we* were being worked over extensively to "finish it." *We* were programmed to believe that *we* loved these men, with hate being "alter-nated" in as well for kill justification.

When programming assassins in *total mind kontrol* programming, the slave is made to repeat the kill program as it is to occur over and over again. This occurred for *us* in both the case of Drs. Ott and Greer and how they made *our* alter personality believe the relationship was real. The levels of hatred and love *we* experienced is difficult to express in words. With Greer, *our* incredible need to be with him, to find him, was most certainly that of an irrational stalker mentality. During the expression of these longings, *we* repeatedly heard that *we* were "going home." *Greer's girl* believed she was "going home" to him, though it was crystal clear that *alter 14* was the one programmed to kill him. What saved *us* (and perhaps him) was a parallel conscious awareness of the irrational and bizarre nature of these "feelings" in light of *our* also *seeing* and *feeling* that *we* had never actually met him! *We* front alters were awake enough to *see* great danger revolving around all of this. As stated to *our* confidante regarding why *we* dared not go to see him speak in a nearby town in the summer of 2008, "*I* am afraid someone wants *me* to go."

There are only a few possible location connections in Greer's and *our* past. Prior to the start of Greer's presentation in Denver in 2009, one of Greer's bodyguards zeroed in on *us* in the 5th row of the audience. At one point it felt like a stare down. Moments later, this same bodyguard whispered into the ear of another man in the small group including Greer, then walked to the end of *our* aisle and remained standing there. *Our* vacillation between love and hate during this time was astounding! Perhaps the bodyguard could sense the *Greer's girl* energy and *alter 14*. When *we* saw Greer after his talk, he attempted to avoid eye contact and abruptly dismissed *us* when *we* asked him a question regarding his speech. *We* view him as another victim of mind kontrol—a "takes one to know one" perspective. Programming for obsession and the appearance of an ongoing relationship to an individual is apparently the *modus operandi* of these malevolent programmers.

We do not believe that *our* kill program to Greer was intentionally triggered in 2009; it was the pressure of the existing program coming into *our* conscious mind that caused the distress and danger. *We* were "going home," going back to them, *our* programmers, kontrollers, and handlers. To some of *us*, it felt incredibly alluring.

Symptoms experienced during alter memories

Symptoms experienced as a result of programming and consciously during deep deprogramming involve all of *our* states: spiritual, mental, emotional, and physical. Early on, emotional meltdowns involving tears and outbursts as alters surfaced resulted in physical symptoms including fever, severe headache, nausea, vomiting, body pain, chills accompanied by shakes, profuse sweating often accompanied by the intense smell of an organic body chemical release—the smell of fear—and light sensitivity. In addition, there is always the sense that it is coming before *we* are able and willing to allow the full download to surface.

But what *we* want to address here is the shaking that occurred as a result of resistance—a programmed resistance of an alter trying to take the body against the wishes of those who were now collectively assisting *our* deep deprogramming. The alters, after all, were programmed in, and it became infinitely clear that programmed information was part of "no talk" programming. However, "deception" programming such as screen memories were allowed.

The alters assisting deep deprogramming had already broken programming and were for the most part living outside of it, though not completely—not all of them. The shaking (as well the other symptoms) had gone on for many years prior to deep deprogramming; it just became more frequent and pronounced to *our* conscious mind. As *we* came to understand that *our* alter wanted kontrol, *we* were able to decrease the shakes during certain downloads. Like the other symptoms, the shakes did not completely disappear, but with clear insight and continued deep deprogramming they have lessened greatly.

2

Continuing Revelations

Three years into deep deprogramming has brought a relatively new life that *we* are managing. *We* make choices based on what *we* deem appropriate and desirable. *We* trust a couple of people, which means more than you can imagine. *We* have some truths, something too few people are willing to pay for, despite the fact that it may cost them far more in the future.

Some time ago, *we* were asked what *we* wanted most. *Our* answer was safety and peace. To feel safe and peaceful in this world is a real feat and it can only be accomplished through truth, and that includes Love. To *us*, facing truth is an act of Love of one's self and others and is of the most powerful kind. Truth allows *us* to make informed choices with the knowledge that *we* are really doing the best *we* can. Singly, *we* cannot change all that needs changing, but *we* can affect it with truth as an ally. Living a lie is the saddest thing in any world to *us*, and doing so as a victim is the worst oppression *we* know. Given the choice, who would not choose truth? There is a difference between the manifest reality of what is and the perception of what is believed to be. They are very different indeed.

As *our* dearest friend says, truth can handle investigation, lies cannot. *We* are learning this by discovering who has traumatized, programmed, and used *us*, what *we* have been, what *we* have done, and the Unconditional Love within *us* that will affect all of that. Drastic measures are indeed required for *us* and for all.

This next section is devoted to many downloads presented to *our* conscious mind prior to writing Book 1 but not included due to length and/or personal difficulty in writing about these things. Because they have become a significant part of *our* understanding of *our* programming and use as well as *our* greater insight into their meaning, *we* include them here. *We* continue to refer to the malevolent beings as *entities, demons, aliens*, and *beings* interchangeably, including terms like "full-blood," hybrid, and *reptile* as well as *our* experiences with the *cats*, among other things.

The challenge of language is that when we say *demon* or *cat*, another person's mental picture may not fit *ours*, which *we* believe was by programming design. What *we* attempt to describe are experiences and *beings* that most people have no conscious interaction with. *We* do not wish to mislead, yet at the same time *we* desire to remain true to what *we* have experienced, not what someone else thinks *we* have experienced. We are all involved in this story, no matter who is telling it. What does not change for *us* in *tmk* and its periphery is that whoever these *entities* are, wherever they come from, they are malevolent and have been a visible, tangible, real force in *our* life.

Faces of Them

El

We cannot say for certain when or how this programmed-in view came about, but *we* are haunted by how at least one of *our* alters views a member of the Rothschild family, the one known as Evelyn de Rothschild (born August 29, 1931). *We* have information about *our* relationship to this man, but not enough for public disclosure.

We will, however, share *our* alter's view of him. To her, he is a god-like figure; thus the title *El*, an ancient name for God. Evelyn de Rothschild was one of several figures to show up in two different collages about *our* programmers and users. In the "Warlords, Guns, and Money" collage in Book 1, he is accompanied by David René Rothschild (born December 15, 1942) with the words "see to it that it produces offspring," as well as "old money, new money, dirty sex," "the insiders," and "secret sex"—all specifically around Evelyn, a name closely

associated to *us* and *our* family. David René has the words “beta” and “high quality” near his picture. In addition, Evelyn has the numbers “13” and “14"—a direct reference to *our* age—while David René has “15.” To the left of both men are pictures of two sexualized women, both faceless, one with exaggerated lips —one of the ways *we see ourselves* to have been sexually used by “them.” In "Faces of Them," Evelyn de Rothschild shows up with “El” and the word “dragon,” a god-like *reptile* revealing that parts of *us* know him as something other than a man.

Offspring

This is a difficult topic for *us*, so it will be brief. *We* have children *we* know nothing about. *We* never brought any to term, aside from the *entity* deliverance through the Flower of Life tattoo (see Book 1, Chapter 11, "The 40's/Simon"), but know they are eight human/*alien* hybrids. One is not even 3-dimensional, but belongs to the one *we* call Cain. *We* did not even incubate the children in *our* womb for long, due to *our* use; someone or something else did that. These pregnancies occurred before 18 years of age, the beginning of *our* heavy use years. The elite bloodline family responsible for providing the sperm is obvious, is it not?

Pilots, airplanes, and helicopters

One of the consistent presentations by *our* alters involves terms associated with flying. *We* are not referring to *our* flying alter, but to flying as in aviation. *We* have numerous downloads regarding the presence of helicopters, airplanes, and pilots being present throughout the years of *our* on-task use—all fragmented but also very precise and clear. At least one of *our* programmers was a pilot, though *we* cannot tell who.

In the early 1980s, one of *our* alters met a young pilot at a remote air strip in central Florida and flew with him in a small private plane that day and into the night to at least four other local airports, some private, some public. This alter memory, fragmented as it is, has never left *our* conscious mind; *we* just tucked it away as unexplainable. In recent years, *we* have discovered several of the

locations *we* were taken to, including Tampa International Airport.

We can still clearly *see* the remote airstrip with a small shed-like building in Pasco County where *we* met the pilot. *We* clearly recall the young-looking male pilot wearing glasses, some of the inside of the cockpit, the view of the day sky and later the night sky, as well as a particular runway during one of the take-offs at Peter O. Knight Airport on Davis Island. In the fragmented memory of Tampa International Airport, *we* recall the visual approach to a certain hangar away from the commercial planes. In the recalled fragments of conversation with this young pilot, both on the phone before our meeting and during this encounter, the words remembered intimate that *we* were to have a “job” with his “company.”

Most of the hours of this encounter are still missing from *our* conscious mind. *We* have no recollection of returning to *our* boyfriend’s car parked at the remote airstrip, nor if that was even *our* point of return. (This boyfriend was a member of a *tmk* family closely involved with *our* family through *our* father.) *Our* sense is that this encounter went on for more than a day and a night and that *we* were not returned to that remote airstrip.

During these same years, one of *our* handlers was a helicopter pilot responsible for his and *our* many trips to the Bahamas, a location of some of *our* heavy use, especially sex and kill programming. *We* recall on at least two occasions being in two different types of helicopters with him—one a bubble-front doorless type and being out over the Gulf of Mexico, the other flown by a pilot and co-pilot, the “Cadillac of helicopters,” he told *us* upon take-off. *We* recall leaving a very expensive restaurant on Sanibel Island in Florida one night with this handler and going to an airport and boarding what *we* believe was a commercial flight to the Bahamas.

Part of this handler binding *us* to him involved gifting *us* with an expensive round bracelet made of gold. A single “circle of gold” shows up repeatedly in *our* program triggers and reinforcements, though *our* understanding of the specific purpose in each instance still escapes *us*. Despite this, *we* are painfully aware that these two intertwined triggers work well. In this instance, *we* can recall the deep *feeling* inside *us* upon receiving this particular piece of jewelry from him while sitting in his DeLorean car.

We noticed aviation terms in certain programs associated with *our* on-task use, particularly as a "killer of people." One in the “A. True” program relates to "And I boarded the plane/Touched down in the land of the Delta Blues" in the song "Walking in Memphis." *We* have memories of *our* mother and *us* standing on the

tarmac of a then-small airport in Largo, Florida (now an international one) awaiting the arrival of men coming in on a private jet. This too never left *our* conscious mind. It is brief and lucid, and *we* can still *feel* the heat of the Florida sun.

While researching high-level females hidden within these secret networks and what they might have to do with *our* downloads, the Guild of Air Pilots and Air Navigators (GAPAN) came up as being linked to these females. Because of *our* connections to Rothschild organizations and British intelligence agencies, the GAPAN connection struck *us* as profoundly true. This particular guild has been a Livery Company in the City of London since 1956. Another link showed up with Northrop Grumman, a military contractor corporation the guild is affiliated with. Northrop Grumman shows up in *our* collage work and *we* associate *our* connection with them to be through DARPA (Defense Advanced Research Projects Agency), undoubtedly the most evil agency on earth!

Solo kills, team kills

This part of *our* history has been shown in bits and pieces over many years, some of the bits having never left front alter consciousness due to some of the deeds, physical evidence, and memory having bled into *our* conscious mind at the time of the original event. Other bits came years later when the strength of who *we* really are on a soul level disrupted *our* programming enough to begin extracting *ourselves* from it.

Through numerous fragmented downloads, it is apparent that *we* not only killed solo but with other slaves in tandem, as a team—the intention of at least one of *our* End Time programs: that one or more of *our* alters would participate with a small team made up of three, possibly four males and *us*. *We* believe *we* know who two of those men are and suspect the identity of the third. Sometimes, the team may have had a fourth man.

We do not know what *our* team was specifically programmed to do, but *we* do know that one of the men who was to access one of *our* alters by engaging in sex with *us* was in a supervisory position of law enforcement; sex was to be his first access so he could continue into *us* more deeply with other keys to bring up another alter for team utilization. *We* know who he is and have broken all ties to him, most significantly on a spiritual level, including another local man who was

to be used on the team. As far as *we* know, the other man is now living elsewhere, having left *our* location less than two months after *our* spiritual disconnect from him.

To *our* knowledge, *we* never engaged sexually with the law enforcement officer due to breaking through *our* programming. However, the desire to do so for one of *us* was apparent to *our* conscious mind and even affected *our* body physically for about a year and a half every time *we* encountered him. He too was aware of this energy, though *we* have no reason to suspect that he is aware of his own programming. Despite his kind greetings when *we* encounter him, w*e* consider him to be dangerous. It gets real creepy when you know of another's alters and yet continue to meet with the fronts. This officer is a "sleeper" who has thus far been used minimally so as to save him for the End Time agenda. As with others *we* have been programmed with, *we* would occasionally have a strong repulsive feeling when *we* encountered him, the opposite of programmed-in desire. This repulsion has shown up with every single handler and/or kontroller *we* have encountered, due to other parts being aware and predominating over the part that is programmed to or with that person. The dichotomy of these emotions is profound and can occur almost simultaneously.

We believe that this particular team program was to take place, at least in part, around the Salt Lake City area but include Moab. *We* have found some of the programming locations in the last three years. Due to some of what *we* found in those locations as well as certain programming well established inside of *us*, color apparently plays a significant role in this program. Color programming goes far beyond affecting only *our* team; color and at least one of the locations *we* discovered are meant to affect many teams regarding at least one of their End Time programs.

Additionally, *our* program involves being on a "river" with the aforementioned men—not an actual river but a part of *our* programming on the inside of *us*. This internal river is related to accessing one of *our* End Time programs. By going down this river, *we* move into the program. *We* believe the man who was to engage *us* sexually was to be the one who would take *us* down this river by utilizing other codes to access another alter once *we* were accessed sexually. This is where the fourth man shows up, possibly *our* male alter, but *we* cannot grasp it consciously. It is as though sometimes he is there and sometimes not—very frustrating. Nor have *we* discovered the codes. *We* can still *see* and *feel* this internal river and *us* on it with these men in *our* mind. *We* cannot *see* two of the

men’s faces well enough to recognize; they remain just out of view in the background but are still very present.

During this last year, *we* were able to witness the two handlers and *us* in the same room together at the local gym, gyms being part of *our* programming and *we* strongly suspect theirs as well. *We* were engaged in a conversation with one of these men in front alter when the other one appeared. Despite the obvious risks, *we* engaged this man when he approached, due to *our* deep desire to know more about *us*. *We* remained calm and observant, but it was beyond bizarre. The law enforcement officer greeted *us* as he walked by, but the man speaking to *us* only glanced at him, having told *us* on numerous occasions that they hate each other. He related numerous stories of police corruption, including rape and murder. Local law enforcement had harassed him, including this particular officer, and claimed that FBI protection had to be sent by his high-level kontroller/handler in Colorado, a very successful public figure who took over as kontroller of this man after the death of his handler associated with the Kennedys (as explained in “'A. True" program above). During *our* conversations, he would switch personalities.

The energy *we* felt in those moments in the gym that day was electrifying. This is the part of programming that is often misunderstood: the energy of malevolence.

In addition to the above End Time program team, there were numerous kills in which one or more of *us* worked with other slaves.

To *our* conscious knowledge, it has always been a male counterpart. *We* know the identity of one of these men and it is *our* understanding that *we* worked with him numerous times and had an ongoing sexual relationship with him— his alter and *our* alter—for years. This is important to maintaining both his and *our* alter programming; in fact, it is how it works in part.

Mutual handling is a common and necessary aspect of *total mind kontrol* programming, and everybody gets handled. *We* have been used to reinforce the programming of those who have handled *us*, and *i* have even witnessed that it still occurs with *us* on occasion, despite *my* conscious awareness. In *our* team on-tasks, it worked as a “loop” of programming moving through all involved, like a circuit. Team kills outnumber solo kills more than two to one.

Stalked by another slave?

This particular memory is included to show how the process of partial memory and piecing things together can sometimes work for *us* over time. The process entails profound, lucid memory downloads of front alter memories regarding a male victim/slave in 1980-1982. The sequence of events is often difficult to hold onto consciously so that lucid pieces of memory often fall within a range of years for *our* conscious mind. This is due to the effect programming has on *our* sense of time, or rather *our* inability to recognize and maintain the sequence of events over years.

The man in this event had the earmarks and behaviors of a *tmk* slave as well as associations to certain people *we* had associations with who were part of this network. Due to those associations and his proximity to *us* during heavy use years of 18 to 20, he appears to have died. The circumstances of his death are suspicious, as well as *our* currently unexplainable memory of him immediately after his death telling a very different story than that told to *our* front alters within the weeks shortly after his death. For now, *we* have only part of the event in conscious memory.

We remember quite well from *our* youth that *we* were desired by men. *We* do not consider *ourselves* pretty, but *our* attractiveness was profoundly apparent, thanks to the programming and *entities* placed within during programming, not to mention *our* hybrid status. In addition, *we* were fit, strong, tan, blond, and young —an irresistible hook, line and sinker when dealing with others who also had *entities* and *demons* within, covering any and all who were looking to engage sexually with a high-level, trauma-based, *total mind kontrolled* slave. Even unwittingly, truly healthy people are not going to solicit such encounters with a fully programmed slave, though they might want to claim so. People are frequently unaware of what draws them to someone, but regarding someone who has been tortured, traumatized, raped, and programmed as a sex slave and a killer, it is difficult to deny that an energetic desire would signify that *both* parties were *entity*- compromised, wouldn't it? *We* are talking about a slave still under full programming.

Memory presentation by *our* alters, combined with parts of the events that remained consciously present with other alters, is the particular process *we* refer to here. *We* want to use this particular example because there has always been conscious memory present of this person and some of his actions, as well as the ridiculous explanation given to *our* front alters regarding his death.

The man in question first approached *us* on a causeway in Florida one afternoon when *we* were 18-20 years old. *We* were getting some sun in a bikini when he drove up in his black Corvette, got out, and engaged *us*. There was something "wrong" about him that unnerved *us*. When *we* realized he was not going to leave, *we* packed up and excused *ourselves*. On other occasions on the same causeway, he continued to approach *us* frequently enough to cause *us* to change locations and keep an eye out for him. Then one day he showed up at *our* condo where *we* were living with *our* mother but were then alone. It frightened *us* that he had followed *us* home. He knocked at the door. *Our* front alters were terrified by then, so *we* hid and hoped he would not try the unlocked door handle. *I* can still *see* that door knob!

Shortly after, *we* told *our* father and a man from within the *tmk* network for whom *our* father and *we* worked. They were partners in business, but it was obvious that this man had some power over *our* father. This man and his family were clearly *tmk*. *Our* extensive involvement with the daughter and one of the sons proved that; she even went to Mexico with *us* on one occasion.

A couple of weeks after reporting the encounters with this frightening man to *our* father and his "partner," *our* father's partner told *us* in their office where *we* worked too that the man was dead. *Our* first involuntary response was relief. When *we* asked how he knew and what had happened, he told *us* that he had known the man for some time. This did not make sense to *us*. Why was he telling *us* this now? Given that we all lived in a large, highly populated, tri-county area, how could he have known the now dead man? He briefly explained their association through someone else, then told *us* that the man in his late thirties had apparently "died in his sleep . . . he lay down to take a nap and suffocated to death . . ." He had had a serious car accident years before, which may have been why he "died in his sleep by suffocation."

We clearly recall doubting what *we* were being told. Even back then under programming, *we* never trusted anything *our* father or his partner told *us*. They were both pathological liars. *We* can remember thinking how odd it was that this occurred after *we* reported the man to them, without any way to identify him to them. Yet now he was known by *our* father's "partner" and died a strange death. And to top it all off, *we* can *see* the man lying in bed on his back on top of white sheets, dead. How can *we see* this? Were *we* there? Was he murdered? Were *we* involved with this man in alter? At that age, at that time in *our* life while under *our* heaviest use, would it be difficult to believe? Stalked by another slave?

We know how this feels: to know someone because of associations in different alters. How is it *we* can *see* him lying in his bed, dead? *Our* front alters do not know. Why did *our* father's "partner" wait to tell *us* that he knew him? And how did he know who he was, that he was the guy who followed *us* home? *We* don't recall ever knowing his name, but perhaps *we* did.

It is another fragmented memory that cannot be concluded, yet a part of *us* thinks that this encounter with him, the "stalking," may have been program bleed-through. Additionally, *we* feel that the outcome—what *we* were told and was sealed into *our* own programming—felt like a threat to *us*, a warning to stay in line. Decades later, *we* still have feelings of fear and repulsion toward the man in question, even in memory, and no remorse about what did or did not happen to him. These feelings come from deep inside of *us*. He frightened, repulsed, and enraged someone within *us*. *We* sincerely believe that this man's advances towards *us* got him killed.

The price of loyalty for bloodline families?

We often find *ourselves* wanting to restate the difficulty in *our* deep deprogramming of facing what *we* must face to become empowered enough to live *our* own life without kontrols. This is because such difficulties cannot be overstated and are unthinkable for most people, as they should be. But in the \world *we* come from these difficulties are necessities and even considered "elevating" in that they are a way for malevolence to fracture souls. There is nothing "elevating" about any of this. To Benevolent human nature, it is abhorrent, not "illuminating."

What occurs in this malevolent world always has purpose and is not random, though often going unnoticed by the uninitiated. Deeds demanded of members serve the purpose of binding their souls to Lucifer, whoever this malevolent one really is (and *we* have *our* own notions of who that is). Each ceremony or ritual, whether blatantly cruel or masked as a blessed religious rite, carries a dark purpose not only for witting participants but for the unwitting, too, many of which can be found in mainstream religion's houses of worship. Deceit and subversion go hand in hand when the ultimate play is to completely kontrol the human soul.

We have been told that a human being cannot become fully witting without

fracturing the mind and thus the soul, that one's humanity cannot survive the heinous acts demanded by this network without fracturing, which is why it is employed. *Our* experiences of mind and soul splitting point to the truth of this. Through fracturing the human mind and soul, malevolence can gain kontrol. A truly whole person could not withstand what is required of trauma-based *total mind kontrol* programming. What many among the initiated fail to realize is that the *alien, demon, entity,* or *being* enters through both trauma-based *total mind kontrol* and the more high-tech version of mind kontrol. Trauma is the key in both. *They are riding the technology into all of us!* What is being designed now is still loaded with trauma and torture, and more so for the black high-tech variety these days. (See under Resources for *Project: Soul Catcher, Volume Two: Secrets of Cyber and Cybernetic Warfare Revealed* by Robert Duncan for details on black tech.)

Our haunted mother told *us* of another child before the eldest—four, not three, children. She was unable to face it fully, nor explain her terrifying memories due to her multiplicity that sequesters memories and allows secrets to be kept and witting members and unwitting *tmk* slaves kept functional. Was this first child taken from the womb? Did it ever make it into this "world of man"? Did it die during programming? *Our* mother either cannot or will not say.

The first-born cousin Kelly on *our* mother's side also died after briefly coming into this world. The hushed mystery around her death occurred while *our* aunt and uncle lived in Puerto Rico at a top-secret base tracking Russian submarines during his service in the Navy. During these same years, a significant UFO event occurred on that base that he told *us* about in detail in the early 1990s. *We* know two other high-level slaves whose daughters were named Kelly and programmed in the decade prior to *ours*.

Sacrifices occur under varied circumstances: for a ritual in a specific place at a specific time, for a planned gathering, or as a very well planned "accident." It may take place privately in the home or on the world stage for other members to witness. The first *we* personally knew all about it was what *we* were supposed to perform in the "A. True" program (and evidently did perform elsewhere). In most cases, a sacrifice on the world stage—individually and on a mass ritual scale—goes unnoticed time and time again by a slumbering, indoctrinated, mind-kontrolled public. Make no mistake: this is no theory. Hundreds if not thousands of individuals have witnessed it over and over while the uninitiated refuse to face what is in front of their face for one reason or another. The huge

conspiracy frightens the uninitiated so deeply that when they get anywhere near it, it is as if they enter a dream state. Knowledge of such evil comes only if one has a truly Benevolent spiritual awakening, whereas false spiritual awakenings allow the veil to remain in place. For those who have awakened to this terrible truth and actively continue to register it in their lives, it is *seen* with continued revelations of truth.

Underground escape

We arrived in the Taos area in either 2003 or 2004 and spent the better part of four years working in a small gallery and sleeping on the floor when *we* did not have a house to stay in. *We* took various trips *we* recall only fragments of around the West and Southwest and spent much of *our* time in a small village called Arroyo Seco and other small enclaves near it like Arroyo Hondo a handful of miles west. By the time *we* arrived in Utah, *we* had been moving around the United States and working “under the table,” trying to hide from them and unable to tell anyone exactly who "they" were.

We suspect that the following incident occurred in the mid-2000s during *our* stay with a friend caretaking a beautiful home out on one of the high mesas between Arroyo Seco and Arroyo Hondo while she was away. The narrow, winding, country road leading to the home was known as Hondo-Seco Road and the views for miles in all directions were spectacular, including a distant view of Taos Ski Valley and the Sangre de Christo Mountains. During *our* first stay there, *we* had an “alien abduction” experience.

When you understand *our* programming more deeply, you may understand why *we* often returned to places where frightening events occurred—events that occurred no matter where *we* went while *we* were incapable of consciously breaking *our* programming. This was *our* life. At the time, it did not seem to matter where *we* went nor what *we* did. This mindset is very real while fully programmed, and still occasionally occurs in deep deprogramming.

Our conscious memory of the abduction incident is brief but vivid, as in *see* and *feel*. In the night, *we* have the sensation of a small gray *alien being* rolling *us* up and off the bed with his hands, but instead of falling towards the floor, *we* ascend. The next morning while sitting with *our* tea—distraught, anxious, exhausted—*our* front alters recalled the moment in an adrenaline-driven

flashback. As with many downloads, the parts *we* were shown were just that: parts, fragmented memories in segments, depending on the alter doing the presenting and if there was more than one alter present during the original occurrence, as well as who is willing to come forward with their memories. In this particularly vivid, frightening memory, we believe that more than one alter was presenting.

We are running full out down Hondo-Seco Road at night. The ambient light of the moon in the desert means very good night vision. *We* are naked, barefoot, and running eastbound as fast and hard as *we* can down the narrow blacktop section of winding country road. *We* had just escaped from an underground area that *we* had been taken to that night, traveling underground in alter for two miles before winding up on Hondo-Seco in a dead run. *We* are being stalked by a large "mountain lion" in the sage field to *our* right, a *cat* that will rip *us* apart if it catches *us*. A brilliant conical light shines up from the mountain valley and widens as it ascends. It is extremely bright and high.

Exiting the valley from within the conical light is a helicopter banking in *our* direction. This alter knows it is coming to retrieve *us*. She also knows that it is "18" miles to the Taos Ski Valley and that the helicopter is a dark military helicopter with an armed retrieval team in it. *Our* alter wishes that the *cat* would just get it over with and end this life she can't escape from. She tells *us* that this helicopter did indeed find *us* and return *us* to the facility, an abduction that had everything to do with *our* End Time programming, parts of *our* human soul and parts of *us*, as did *our* trips to Salt Lake City during these same years. In this encounter, the facility extended all the way to outer Taos.

What else *we* were in that facility for, specifically on that night, can be found in Chapter 11, "Untenable Final Ideas." Some of *us* believe it had to do with maintaining *our* general programming and use, due to significant breakdowns occurring by then. "Enhancements" to *our* programming have taken place in several such underground facilities. *Our* trip in 1989 across the United States also involved being taken to underground facilities, particularly in New Mexico. *We* have been in at least four different locations underground and suspect several more, including a facility associated with Sandia Labs in Albuquerque and Los Alamos National Laboratory not far from Espanola, an incredibly dark town. Though *we* know of a vast underground in Salt Lake City, *we* cannot state with any certainty that *we* have been there. That *we* can *see* the extensive underground below Salt Lake City radiating out from Temple Square is

undeniable.

Our memories of Salt Lake City are of being programmed and used on-task above ground in various buildings, including official Mormon/LDS as well as others. Programming trips to Salt Lake City in the mid 2000s involved a facility for training and programming, yet all *we* have in conscious memory is walking through an empty concrete room towards an open doorway through which the sun is shining. *We* do not see the outside of this Salt Lake facility, which is stark concrete with low ceilings, no windows or doors, just openings. The outdoor area *we* are heading to is walled in concrete, walls at least 12 feet high designed to keep those inside undetected as well as unable to escape. The outdoor area has the feel of being below ground level, though obviously not very deep. The only things in the room *we* are walking through are a couple of metal folding chairs and two other slaves, both male. Needle marks are on the arm of one of the males, and the other *we* know to be an ex-convict. One is Caucasian, the other African-American; one of them is openly homosexual. This encounter is all about kill programming, as is the certainty that it is in the Salt Lake City area.

Another underground facility was in Florida, despite the water table. *We* know of one other person who claims underground access points in Florida. Another is Oak Ridge National Laboratory in Tennessee. *We* have been there, yet are uncertain if it was above or below ground. In at least one of these facilities, *we* saw some type of genetics program. Years ago while in alter and led by a man holding *our* left arm, *we* were taken through a room of cages in which were various unnatural creatures, things that ought not to be.

Other underground facilities and access points are in Laughlin, Nevada, Moab, Utah, Joshua Tree National Monument, California, and Denver, Colorado, to name a few. *We see* and *feel* these to be both third-dimensional and fourth-dimensional access points—Sandia in Albuquerque being third-dimensional, Moab fourth-dimensional access points only. *We* experience these things from more than the third-dimensional realm. After all, the multi-dimensionality of much of *our* world cannot be denied, whether one grasps it consciously or not, can it? Including human DNA.

A hybrid life

Being hybrid is perhaps the most politically incorrect topic in the

deprogramming community, or anywhere for that matter. It can be talked about in theory, even as a real, tangible possibility in some DARPA lab hidden somewhere, but when bringing it into a very real context one-on-one in the here and now, responses are incredulous looks, laughter, or utter silence.

We understand the difficulty, given that there is little context available on *total mind kontrol* programming. For the initiated, however, it is an absolute must to come to terms with "hybridization" in order to understand what many high-level bloodline slaves have been caught in for decades. This is not another programmed belief, and yet perhaps it is, but *what is belief?*

Our hybrid status and the various malevolent *beings* with which *we* have had contact comprise this section. *We* edit and re-edit it out of fear of publicly stating things. *Our* intention is to write without censoring, but it has proven to be more challenging than originally expected. It is important to write *our* experiences as *we* remember them and understand them, regardless of how acceptable they are to the uninitiated and initiated alike, given that this book's main purpose is to assist other slaves awakening from their programming who need to know what that looks, sounds, and feels like while it is happening. There is no Hollywood movie glamour here. It is horrific! So *we* are going to add back in what *we* have repeatedly wanted to edit out and by doing so release more of the programming that keeps *us* hidden and silent.

We have a human soul in a body that is not entirely human, but are not damned. *Our* relationship to Benevolent, Unconditional, Creative Love is very real and *we* continue to experience that Benevolent Love. That *we* are a hybrid is something *we* have always known. This statement may conjure up wild beasts in science fiction novels and fantasy films, but it is anything but imagination. Hollywood takes its ideas from mind kontrol programming and not the other way around, embellishing them to create absurdity to further indoctrinate and mind kontrol an unwitting public. This belongs to the “hidden in plain sight” methodology.

The hybridization *we* speak of is neither new nor difficult for programmers; it is used for many high-level bloodline *total mind kontrolled* slaves. Programmers have performed this level of hybridization at the highest levels for decades with the black tech available in this age, but hybridization itself goes back eons. Programmers must work within the constraints of each civilization. They can manipulate black tech to suit their needs but must also use calculated caution to not destroy civilization by overloading it too quickly.

There are reasons for this particular area of hybridization, specifically regarding *total mind kontrol* programming. It is a fact that hybrid *total mind kontrolled* slavery will directly or indirectly affect the lives of everyone in the future. In other words, mind kontrol is not an issue for only a few. The "ghost in the machine" is here and evolving in evil and unthinkable ways while being presented as something beneficial.

See *Madness in the Fast Lane* under Resources at the back of the book for an example of *total mind kontrolled* hybrids whose alters were attempting to follow programming and met with resistance. The behaviors of the two mysterious women are classic for many of *our* alters, their behavior not strange and inexplicable but chillingly familiar. Hopefully, the film will not have been removed from public access. Articles and websites online regarding *tmk* programming are disappearing one by one, except where it serves to indoctrinate the public, as might be the case with *Madness in the Fast Lane*. Make soft and hard copies!

Two must-reads for the uninitiated and initiated alike on the malevolent black tech in use for some time are Tom and Nita Horn's book *Forbidden Gates: How Genetics, Robotics, Artificial Intelligence, Synthetic Biology, Nanotechnology and Human Enhancement Herald the Dawn of Techno-Dimensional Spiritual Warfare*, and *Project: Soul Catcher, Volume Two: Secrets of Cyber and Cybernetic Warfare Revealed* by Robert Duncan and The Mind Hacking Strategy Group. Both publications appeared near the end of 2010, which is poignant for *us*, given *our* End Time programming timelines. *Soul Catcher* validates and corroborates the mind tech that programmers, kontrollers, and handlers are using, including specific names, words, and terms for what *we* have memories of. *Forbidden Gates* is well documented and of a spiritual nature, *Soul Catcher* comes from an almost purely scientific, hands-on, insider position. Both are extremely valuable. Even now, more than three years into deep deprogramming, their corroboration has an amazing effect on *our* conscious understanding of *our* programming. (However, needless to say *we* do not agree with the *Soul Catcher* conclusion that program scripts are the origins of spiritual programming.)

It has long been *our* contention that these two camps—the spiritual and the scientific—must come together for any of us to have a real chance at freedom. Half the picture isn't enough; the big picture is necessary because of how the malevolent ones utilize disinformation and indoctrination to divide those of us

who know only half the story. They are not concerned with the amount of information a person has, only if that information leads to a large enough number of people coming together to actively attain freedom from their methods.

Besides needing the spiritual *and* the intellectual, freedom will only come with Unconditional Love leading the way. No judgment, no divide and conquer. As long as there are differing camps, we remain divided. If we can come together and really *hear* one another, not just listen, we can discover the truths we each have, weed out deception, and build a bigger picture. We need only remember who the real enemy is, though at times discerning *where* that enemy is can be daunting. Love truly conquers fear and confusion, bit by bit.

Preconception is the concerted effort to design a hybrid *tmk* slave. After preconception, slaves are programmed for particular uses for their entire life. Though their uses may alter with age, they will be used up. The intent is that a high-level bloodline, ritually abused, trauma-based, *total mind kontrolled* hybrid will never break free of programming nor cease to be utilized.

We were designed in the early 1960s and consider *ourselves* to be an old model. During the last year, *we* had face-to-face contact with one of *our* handlers who is now almost 70 years old but in better shape than most 50 year olds, still in use, and a marksman to be contended with. He is clearly a high-level, trauma-based, *total mind kontrolled* slave with multiple personalities.

Think about what is currently underway 70 years after his programming. In addition to *tmk* programming, the level of hybridization currently underway blows the minds of damn near everyone *we* know. Whether or not the most recent hybrid models can break free of programming without destroying themselves, *we* cannot say; certainly, ongoing programming attacks do not cease in deprogramming for any of us. Then considering the current extremes of black tech being utilized, and the ease with which programmers can near or far destroy a human being, it begs the question, can anyone totally break free of this? *We* continue to experience attacks.

Few accept that thousands are currently being designed and programmed, which is unfortunate for all of humanity and leaves slaves alone to ask, *When do we become more* them *than human?* Think about it. Those who refuse to consider *entities* and *alien* DNA (terrestrial and non) leave it for others to grapple with alone when truly this should be a *human* question.

For those slaves used solely for sex, aging will determine the end of their use,

though aging becomes unnaturally slow under programming. High-level bloodline slaves are not used solely for anything. The malevolent programmers *we* know use slaves for a lifetime with that lifetime being extended as long as possible in the interest of the programmers. When you are truly no longer useful, then you will be killed one way or another, quickly or slowly. That many die in youth is also true, and the numbers are sickeningly staggering. Many slaves are designed for death or sacrifice, bless their souls. Yes, they design some slaves to be expendable at an incredibly young age.

In the end all slaves are expendable, no matter how high up they go. These *beings* are not limited to this dimension and do not die when the human host does; hence the use of multi-generational bloodlines.

For *us*, long-term use shifted with time, though killing—one of *our* main uses—was still active into *our* 40's and stopped then only because of *our* deprogramming. There is no freedom for *us*, only extrication from ongoing use while managing *our* alters and trying to survive that process. *Our* main concern now is that *we* not be used in a public spectacle as part of a disinformation campaign while appearing to be deprogramming, which is part of the reason *we* have kept a low public profile while attempting to check and re-check everything to the best of *our* ability.

Programming involves methods and *beings* that go beyond "world of man" daily perceptions. Any who think they are not in unknown territory when working within the deceptive world of *total mind kontrol* programming are kidding themselves.

Below is *our* journal entry from April 1, 2011, explaining in depth some of *our* understanding from a strictly personal perspective regarding hybridization. *We* decided not to remove all of the quotation marks nor attempt to capitalize as is expected in these journal entries. This is how *we* prefer to write, and it is how all of *our* books looked prior to editing.

> *". . .'we' suspected it was the 'demons' inhabiting 'us,' those 'we' were trying to extricate ('ourselves' from). 'we' . . . were unable to fully (understand) the reasons behind it due to 'our' own fragile state and youth in 'our' deep deprogramming . . . (sequestered memories) come into 'our' conscious mind guided by the Benevolence known to 'us' as Unconditional, (Creative) Love . . . 'we' intentionally, sincerely pray for this (Benevolence to) assist 'us' and guide 'us,' daily . . . (in the first couple of years of "our" deep deprogramming) 'meltdowns' were*

frequent and debilitating and 'death' would have been easy to 'trigger'. . ."

as was repeatedly attempted in numerous ways.

". . . too much too soon could . . . have (ended "our" life). as 'our' deep deprogramming progressed, the lifelong 'knowing' that 'we' are 'hybrid, "that 'we' are, as 'they' (repeatedly) told 'us,' 'one of us . . . ,' "that 'we' are, 'a female, not a woman . . . ,' "that 'we' are 'kin' and that 'we' come from, 'the red place . . . ,' "that 'we' are, 'a star child . . . ,'

"with there being far too many instances to list here…occurring over the whole of 'our' life . . . no matter how much deep deprogramming 'we' do . . . this knowledge . . . never changes! it is not just deceptive 'programming,' it is truth for 'us.' 'we' know this on a cellular level, on a mind level, and on a soul level . . . being a 'hybrid' is (in part) the real source of the way (certain) 'people' react to 'us.' 'we' believed it was solely the 'demonic' presence within 'us' due to not having time away from that, until now . . . this unusual reaction happens with other 'hybrids' as well as (other) 'people' . . . 'our' understanding is this. when a 'human' encounters someone or something that is profoundly, inexplicably different from them, in a 'see and feel' kind of way, yet without explanation within their conscious mind, a feeling of 'awe' often arises in them . . . meaning, what those around 'us,' on occasion perceive about 'us,' on a subconscious 'see and feel' is that 'different' something that is a direct result of 'our hybrid' status. it is 'seen and felt' . . . it is not explained, therefore perceived . . . as 'more' . . . because of the percentage of ('their') 'dna' that is in 'us'from a preconception 'design.' it is perceived more often when certain 'parts' of 'us' are more predominant. this perception is affected by 'our alters' . . . (though) not solely from a 'demonic possession' perspective . . . it is more detectable while a 'hybrid slave' is under full 'programming,' which involves (powerful) 'entities/demons' actually 'possessing' the body . . ."

These interactions that *we* speak of refer to very profound encounters with certain people involving an apparent need to interact with *us* in forward, unusual, and inexplicable ways. They are drawn to *us*, often repeatedly and without closure, due to being unable to figure out why they act as they do. This has also occurred with certain animals. It can depend on the particular person's ability to perceive their surroundings beyond the everyday. Again, this is a perception of

more due to no available, rational explanation for what is occurring, it is just so *different*. Such encounters have been numerous.

> *". . . the physical manifestation within the 'human' body (of this degree of "hybridization") remains for the life of that 'body,' no matter the degree of deep deprogramming. this is a 3-d and a 4-d issue . . . for (those) who are 'hybrids,' and the percentage of ('alien') 'dna' utilized in a planned-to-be 'programmed multiple, hybrid slave' can vary greatly preconception, per the requirements of the 'programmers' ('genetic designers') for 'their' intended 'use' of . . ."*
>
> *". . . therefore, the 'perception' (by others) . . . is (a combination of) their ability to perceive and 'our' expression of that 'alter-native hybrid' makeup from within . . ."*

No matter who is behind the programming and genetic experiments, contrary to what many Transhumanists want people to believe, this is not desirable! It is of a purely malevolent and evil design and intention, and is currently being done in the blackest of programs and projects. During *our* years of programming and use, *we* witnessed aspects of it. For *us* front alters—programmed to be more rational and logical—it is difficult to accept as well, but remains a consistent knowing.

Nephilim, *aliens, demons* and *angels*—many questions still arise about humanity's origins. The *beings we* have encountered vary. *We* group them under *demons, aliens, entities, beings* and others, and they are most definitely malevolent, of purely evil intentions. *We* base this conclusion on *our* direct experiences with them. *We* do not have Benevolent *alien* experiences, nor do *we* have any humanoid manifestations of Benevolent *angels*; therefore, *we* leave those encounters to someone who may. *We* do indeed believe that Benevolent life forms exist elsewhere in the universe and the spirit realm—within the third dimension and beyond—but cannot say, in *our* almost 50 years, that *we* have ever personally encountered such manifestations interacting with *us* in any human or humanoid form.

What *we* have encountered repeatedly is protection from a Force *we* refer to as Benevolent, Unconditional, Creative Love—unchanging, non-dualistic, non-contemplative, pure, Benevolent Love. It is *our* definitive personal experience that the manifesting human and humanoid forms we have encountered are malevolent deceptions attempting to mime Benevolent presentations for programming purposes. Despite having profound personal experiences with

some of these *aliens* that made *us* feel incredibly good, *we* recommend extreme caution in labeling them as Benevolent due to *our* extensive experiences with the ability of malevolence to make *us* feel good.

What *we* have experienced is that Benevolent, Unconditional Love kept *us* alive, kept *us* going. No human-form *angels* or *aliens* appeared to save *us*. *Our* true human soul nature is a life force of Benevolence. Repeatedly, *they* have utilized various false human and humanoid forms to masterfully deceive—false "benevolent aliens" (angels?) speaking of love and devotion, expressing connection and belonging and loyalty in hundreds of ways, thousands of times over. These forms are purely malevolent, no question. This was a dominant reinforcement in *our* programming.

The majority misunderstands that evil does not always present in a dark, mean, and cruel fashion, and it makes sense that it is much easier to lull someone into submission with false love and pleasurable, carnal feelings. These *beings* present as false gods and false representatives of such gods. True Benevolent, Unconditional, Creative Love is unchanging. As the very Force of Creation and Life, it is ongoing and not in human form. It is all around us, always there, waiting to be wholly accepted. The dark ones cannot abide in it. The feeling of Benevolent, Unconditional Love is not like the so-called "good feelings" presented by malevolence. The difference lies in their energy signatures.

To *us*, it is the everyday world around *us* that seems unreal. When *we* have had the gift of being around other deprogramming slaves and even some who are not deprogramming, it is evident that *our* experiences are not unique, nor are many of *our* perceptions about the "world of man."

It is *our* contention that what is referred to as "fallen angels" are not *angels* at all —at least not as described in religious texts. "Fallen angels" were not once Benevolent and now malevolent; they are malevolent *beings* that came here from elsewhere a very long time ago to usurp human energy in every way they can. What many call "fallen angels" is intentional disinformation put out by the Church. The ones *we* refer to as Cain, Lilith, and Lucifer have only malevolent intentions for humanity. The Nephilim are hybrid offspring of malevolent *beings* and humans through intercourse on the third dimension and beyond, as well as in genetic laboratories. *We see, feel,* and experience these as *alien* and malevolent; they do not originate here, though they have staked a claim as terrans. *We* will not try to speak to what else may or may not be out there, dimensionally or otherwise, but will stick to what is based on the experiences of *our* alters and *our*

Higher self. *Our* personal interactions with these *beings* can be called *alien* and *demonic*, and they are of similar character to many deities of various religions—the very same *beings* known by different names in both the past and present.

Very high-level *tmk* slaves who are not hybrids are still used extensively for life through trauma-based mind kontrol or black tech. In other words, degrees of hybridization vary, as do percentages of *alien* DNA. In *our* estimation, all humans are to some degree hybrid.

We personally know both hybrid and non-hybrid slaves, and *see* others out there who fit each category. Demonology is utilized in *total mind kontrol* programming for both hybrids and non-hybrids because the *demonic entity* runs and handles the alters designed in internal systems by the programmers. Demonic possession can and often does change the appearance of a human who is program-possessed by it. The demonic can and does affect the third dimension, profoundly in some cases.

The true physics of this third-dimensional realm is other than most think. If a person could personally witness a switch between alters while the slave was under full programming, one would *see* and *feel* things that would change everything they thought they ever knew to be true. The energy in the space around the occurrence changes powerfully and can be detected by those able to *see* and *feel* it. Most people are just not paying attention, thanks to mass programming and dumbing down.

Add to hybridization the synthetic biology and cybernization also in use and a real cauldron of evil is unfolding around us. Tech and occult combined are being utilized to design *tmk* slaves.

Hybridization is *alien* and malevolently non-human, originating from designers who have beyond third-dimension capabilities and can affect this third dimension extensively, including human DNA. The awakening of both spirit and mind is capable of breaking through programming in which the truth mostly remains sequestered within *our* alters' memories. But both must awaken. Malevolent deceptions can fool those who think they have broken through. *We* know: it is a constant fight to keep *our* perceptions real. Malevolent ones deceive masterfully, presenting alternatives for those beginning to awaken with such masterful deception that the awakening person often has no idea that they are simply entering another lie designed by the very same malevolent ones. It is the equivalent of walking through a minefield, and the only relief *we* have found is to focus *our* conscious intent on Benevolent, Unconditional, Creative Love while

doing the necessary work. Consistently exercising this protection clears *our* mind so *we* can *see* the truth.

Thanks to deprogramming, it is now apparent to *our* conscious front alters that the average person does not share the abilities *we* have developed or experienced throughout *our* life as a programmed MPD slave—abilities that are a normal result of hybridization and trauma-based, total mind kontrol programming and no doubt one of the purposes of programming. *We* have even found Benevolent uses for some of them, while others will remain forever off limits. Many of these "senses" are not exclusive to *tmk* slaves, such as the ability to *see* and discern between Benevolence and malevolence. Far too many people are paying homage to these malevolent ones and don't know they are. This matters and will continue to matter for each of us. Blind good intentions will not stop humanity's enslavement, and the malevolent know this better than anyone.

Another *being* we have encountered is large predatory *cats* like mountain lions. Though *we* have a strong conscious affinity to cats in many ways, the systematic and extensive stalking and threat of torturous death *we* have experienced from these large predatory *lions* throughout *our* life indicates that they are malevolent. *We* have never experienced the presence of Benevolence with them. Like the *cats*, the *reptiles we* have encountered also have vertical pupils. Having encountered both under programmed pleasure and love on numerous occasions, *we* know far too well the painful, twisted, perverse loyalty they sought through the deception of bonding.

Another *being we* know as a Nephilim often presents with cocoa-brown skin and pupil-less black eyes. When *we* were 18 years old in Florida (see Book 1, Chapter 3, "18/Binding possession"), *we* had a defining "kin union" with an *alien* hybrid with tanned skin in humanoid form, his eyes amber and cat-like (vertical pupils). We were *kin* from "the red place," and his effect on *us* was the most profound to date—a love connection that became such an obsession in *our* conscious front alter state that *we* tried to capture him in numerous drawings and poems. *We* even sculpted parts of *our* body in the gyms over the years to resemble his, believing he must be Cain, though *we* have never changed *our* view that this hybrid's eyes were cat-like. The "union" at 18 allowed them to use *us* for decades as a "killer of people."

Many of the *aliens, entities* and *beings* that have presented to *us* over the years are themselves hybrid in that they contain percentages of *alien* DNA and some other DNA. They have presented in menacing and stalking capacities with

threats to *our* body and life, including systematic rape, leaving *us* violated and terrorized, their systematic desire being to eventually literally devour *us*. They are pure malevolence, with no Benevolence in them.

If this *alien* hybrid has nothing to do with Benevolence, why is it so easy for humans to perceive *alien* encounters and *alien* abductions as Benevolent? Fear of the alternative is *our* guess. Never once has there been an encounter with an *alien being* during which *we* were asked if *we* agreed to or approved of what was taking place. Never once! This is exactly how *total mind kontrol* malevolent programmers work.

We have also encountered the small grey *aliens* numerous times and define them as a design of these programmers. Another *we* have encountered is hundreds of years old with translucent white-gray skin, whose knowledge is extensive and ancient. The one *we* encountered in the mid-1990s was 700 years old, which means he would have been born around 1295 in Earth linear time.

The *beings*, *aliens*, *demons, entities* and others *we* have encountered have presented numerous forms in the earthly dimension and outside of it as well. *We* have been taken outside of this dimension as well as used within it—meaning bodily transfer, not solely out of body, as has also often occurred, dissociation and existing in an out of body state having been the norm for *us*, given that it allows for continued programmed use with relative ease. They have utilized *us* to bring untold numbers of *demonic entities* into this dimension through *our* body. (See Book 1, Chapter 11, "The 40's/Simon.)

They use distinct abilities in *our* various alters as well as certain “senses” in *our* physical being that originate from something other than *our* human biology. *We* have clearly been used outside the body as well on what most people would call a psychic level, though that term does not *feel* quite correct. *Entity* DNA remains with *us*, thus many of the abilities remain as levels *we* cannot begin to express in words. Some of these abilities will remain forever as potentials, as they are only possible with a full *demonic entity* possession. Suffice to say, *we* will never attempt to find out, as doing so invites malevolent energy. The struggle to remain in a state free of their use has been far too difficult to do anything so foolish as inviting it in. *No slave should ever be asked to perform; if you are asked, watch out for who is asking.*

In summary, *we* understand *ourselves* to be a part human, part *alien* hybrid with animal DNA, programmed, possessed, and utilized by malevolent *beings* utilizing high-level bloodline, trauma-based, *total mind kontrol* programming.

The *alien* part comes from the *beings* that *we* saw in the Binding Possession encounter written about in Book 1. *We* are evidently very closely associated with what *we* know to be *reptiles* and *felines*, both definitively malevolent. Both have extensively monitored, threatened, and tortured *us*. Cain and Lilith are two powerful beings at times inside *us* to kontrol *our* alters for the extended sex and kill programming of *our* programmers, kontrollers, and handlers. *Our* being hybrid meant being indirectly handled by another type of *being* above *reptiles* and *felines*.

We have had numerous rapes by Cain in human form, though it was clear he was not human; *we* know his completely black eyes to be of the Nephilim, offspring of high-level *aliens* and humans. Also, Cain has no nipples or belly button. The name *Cain* denotes the context of the biblical stories of Cain and Abel. *We* could just as easily call him Baale (spelled with an *e* on the end in *our* experiences) or Horus or any number of names. Lilith is as dark and malevolent as it gets and is also known by many names throughout recorded history, but continuously worshipped as the goddess. Within their hierarchy, many of these high-level *entities* go by various names, depending upon the context of the speaker and the civilization they are known in. Most are still deceptively and unwittingly worshipped on a daily basis by billions of humans. This *we* find very frightening, and the initiated and uninitiated alike wonder how this global programming is perpetuated? What these *alien* presences are that allows them to be placed in *us* to run *our* alters and programs is still unexplained, except for concepts found in demonology regarding a malevolent *alien* presence with almost unimaginable esoteric tech.

In Book 1, Chapter 12, "Internal Programming/*Lily* and the Others," is a particularly significant download by *our* alter *lily* showing her being pursued by what she called Satan. *We* are uncertain at this time if Satan is a reference to a specific *being* or not, though that was indeed *our* understanding in the download. In *lily*'s limited, programmed state of mind, she feared being taken away from Cain to whom she is programmed. So who or what was attempting to take her away? It is possible this was a manipulation of *demonic* programming to maintain fear, obedience, and loyalty within *lily*'s programming? In *our* very real and bizarre world, it is conceivable that Satan is synonymous with a malevolent *being*. Nor do *we* rule out what is referred to in Robert Duncan's *Project: Soul Catcher* as "S.A.T.A.N." mind hacking: Silent Assassintion Through Adaptive Networks. *We* also have a direct association with one known

as Lucifer and are apparently bound to him.

Our abilities crossed with malevolent *entity* possession under full programming involved human and animal encounters, and even encounters with others like *us*. In the following descriptions, *we* will keep the identities of other involved individuals hidden. It is not *our* place to “out” or endanger anyone. Some may read this and know it is them *we* speak of. To them, *we* would like to say that *we* mean you no harm and only hope that *our* inclusion of any incidents involving you here will only assist you in your pursuit of truth. Whatever the circumstances, *we* only hold Love in *our* heart for you.

Breathing underwater

This is a continuation of Book 1, Chapter 1, "Shattering A Young Mind: The Early Years/Breathing underwater."

Though *we* have never seen this ability in operation, some of *us* have always known it to be true, given that it is a very real ability belonging to one of *us*. *Our* front alters had great difficulty with it, due to their more rational "world of man" programming. *We* only began to speak of it after beginning to trust the two men *we* were working with in deprogramming. Through one of them, *we* eventually found a corroborative witness to this ability—not a scientific explanation, but validation from another who through research has been exposed to the surreal world *we* came from for many years. *Our* reasoning tells *us* that if it is a possibility for *us* under “black” circumstances, it is happening for others like *us*.

Breathing underwater is third-dimensional tech that is fourth-dimensionally enhanced, thus involving both an esoteric and a technological perspective. The long-time ability to design human-*alien* hybrids crossed with malevolent *entities* (*aliens*) creates alters able to breathe water. *We* have more than one memory over the course of many years that shows *us* in alter clearly breathing under water without any gear. In both memories, *we* are training in pools, submerged, and breathing in the water.

In one memory, *we* are not alone in a very large, deep pool. This memory has a military *feel* to it, as in *we* are training with a military faction in a very kontrolled scientific setting. As already written about above in Chapter 1 under "She has a name," this ability allowed *us* to be used as a weapon to gain access to locations by covering distance underwater without being seen. In one of *our*

memories from *our* adolescence, the water in the pool seems slightly thicker than normal; in another memory from around the same age, it does not and *we* are submerged in a small tank in a white room and being told, “Stop holding your breath,” *hearing* the words while viewing two men above *us* through inches of water over *our* head.

Finally during *our* late teen, early adult years, the water is again normal and *we* are submerged in a very deep training pool.

First came Marvel comics, then Hollywood films like *X-Men* that for years have been presenting human heroes with exceptional "enhanced" (or non-human) abilities. *We* have been going to them and then downloading to *our* support people how these films profoundly trigger *us* and provide program reinforcements. If this is occurring to *us*, it is occurring to many slaves still under programming around the globe. (See Appendix, "Enter-Entrainment" As Triggers and Reinforcement.)

Do we really know all there is to know about the possibilities of the world in which we live? Do we grasp all there is to understand about multi-dimensionality? *We* think not.

Extra-ordinary skill

This extra-ordinary skill belongs to at least one of *our* alters known to *us* as *alter 14*. In Chapter 1, "S&M and the lawyer," *we* cite her as one of two possible alters responsible for killing a lawyer with whom *our* alter was engaging in S&M sex. *We* are still not able to state definitively who this alter is, due to this being the first time that *we* encountered this degree of raw sexual rage possibly associated with *alter 14*. That she is powerful and precise and can kill with her hands is not in question. The killing written about above had much more to it within that rage. Another possible candidate is *the kill alter that we pursued within our system*, a nameless kill alter that *we* know very little about, though she is clearly a cool, calm killer similar to *alter 14*. *We* repeatedly have to encounter these alters to really come to know them, given that downloads are fragmented, plus they are reluctant to reveal things. Uncertainties abound regarding what *we* know and don’t know about *our* alters, especially the deeper ones.

For some time now, *we* have known that *alter 14* has at least once utilized a very

particular skill to kill. Some time back, a download revealed her attempt to kill a man in a parking lot at night utilizing this skill. The man was one of two men trying to abduct a woman whose identity *we* do not know but understand to be a *tmk* slave. *Our* alter had met with two men in an office earlier that same day not far from the parking lot to be "instructed" (programmed) regarding the impending abduction. *We* do not know if *our* alter was specifically instructed to kill the man or to stop the abduction using any means necessary. It is very possible it was a training exercise in which *alter 14*'s abilities were being tested and that an expendable man was indeed killed by her during the exercise, as intended. That he tried very hard to survive is quite clear to *us*. (See Book 1, Chapter 4, "Killing/*Alter 14*'s right hand grip.")

Due to the actual kill taking place, *we* originally believed that it must have been an on-task. On more than one occasion, *we* recall specifics about kill alters being "instructed" (programmed) before on-task kills. Regardless of it being an exercise or an on-task, the skill of *alter 14* is beyond *our* human front alter strength or ability. *Alter 14* is not completely emotionless, but does not feel very often or deeply, which is part of the reason *we* are avoiding drawing a conclusion about the identity of the alter in the "S&M and the lawyer" experience. The skill with knives has not shown up before with *alter 14*, though it is still possible for her. It *feels* like this skill might belong to *the kill alter that we pursued within our system*—an empty alter capable of things requiring little or no feelings whatsoever. *We* even strongly suspect that she was the one who received training in the facility on the outskirts of Tucson, Arizona, a training involving body disposal, specifically dismemberment.

Below is some of what was shared in writing with others of *our* support group after the download regarding the parking lot kill. *We* were guarded about sharing because it frightens *us* and is shameful, despite the fact that an alter was in charge:

> *". . . rage takes over . . . as 'she' ('alter 14,' a 'kill alter') goes towards this man with complete focus on his throat, completely thinking of 'crushing his windpipe,' eyes locked on it (his throat), completely focused on this 'task' and how it must occur w/i a brief time frame. he keeps knocking 'her' right hand away, yet 'she' is unwavering as they dance around the parking lot we were in, with 'her' thoughts (on) how quickly this must be done, 'the window of opportunity would be short,' as 'she' understands things about 'killing' that 'others' w/i 'us' do not (such as,*

"once the attempt is known by the 'target,' time is very short for success") . . . next, while hearing a woman screaming in this parking lot, ('we') realize 'we' succeeded with the body laying before 'us.' it is then that 'we' begin to scream from deep w/i as 'we' (the 'alters' who did not do the 'killing') . . . come out of this . . . screaming . . .'we' cannot stop 'seeing and feeling' this 'alter's personality' and 'her' focus, and how natural that 'feels' (to 'her') . . ."

From another correspondence at a later date:

". . . 'man'… was using both arms and hands to continuously knock 'our' hand away . . . 'we' can still 'feel' him doing so…the skill level of this particular 'alter,' 'alter 14,' . . . 'she' could take down a man twice 'her' size. 'we' have experienced (consciously) 'her' holding 'our' body since 'we' have begun deep deprogramming . . . it is like no other 'alter' in 'strength, skill and confidence' . . . 'alter 14' is to 'our' conscious knowledge the most 'adept' in brain and brawn . . . do not be fooled by a small stature . . . on . . . any 'slaves' . . . 'programmed' skill and 'demonic possession' can put someone six feet under before they even saw it coming . . .'we' can still 'see and feel'. . . fragments of memory from the parking lot through 'her' eyes and 'her' consciousness . . . 'her' entire focus on his throat . . . how fast it all happened (seconds) . . . 'she' was on him and entirely focused on getting the grip . . . apparently he was aware of the danger, his entire focus was on dancing backwards and deflecting 'our' hand . . . 'we' are certain he did not get free . . . (though) he was (obvious to 'us') very 'skilled' as well, trained by who and where 'she' did not know . . ."

There was another aspect to crushing the windpipe. *Alter 14* showed *us* that she also had the desire to break the skin on the neck to expose the windpipe. She had the calm, focused desire to rip the windpipe from the throat. That is a very kontrolled rage.

"Star Child"

This encounter in the 1990s has all the surreal content that *we* became accustomed to throughout *our* life. It reminds *us* of the *being* that walked into the gallery in which *we* worked in Arroyo Seco, New Mexico in 2008, only

weeks before *we* met the two men in Salt Lake City and began *our* deep deprogramming. The only difference is that visually this male looked human. (See Book 1, Chapter 11, "The 40's/An *alien* walks into the gallery . . . ")

We grew up in the Tampa Bay area in Florida. *Our* programming had begun to break down and *we* had nowhere to go and no one to talk to except kontrollers and handlers sent in to lock down *our* programming, so *we* talked amongst *ourselves*, a habit that basically reprogrammed *us* to continue working for them as usual. (Reprogramming: an intense reinforcement of already established programming executed in a particular setting and timeframe, with possible "enhancements.")

On hot summer days, *we* walked miles around *our* town and often 12 to 15 miles into the next town along the Gulf Coast. Being near moving water calmed *us* and was used by them internally within *our* systems to "wash away pain." (*Walls of water* program.) People couldn't understand why *we* walked in the heat and humidity. For *us*, it was a strange combination of driven punishment and staying tough and strong, given that remaining dissociated at all times was an important part of *our* programming. Walking also assisted in escaping the self-mutilation pain *we* experienced as part of *our* programming to forget acts performed on *us* by others. The Gulf Coast provided plenty of moving waterfront and natural beauty, so *we* would walk for miles close to the water as a way of soothing all that consumed *our* mind and body, most of it just out of conscious reach.

On this day *we* were in much internal distress and had pleaded to any goodness that might be out there for an answer to the question of who *we* were, what *we* were, what had been happening to *us* and why. *We* begged for a response and stated with all sincerity that *we* could not make it through another night. Times like these were not uncommon for *us*, particularly when fragments were making their way into *our* conscious mind.

About 20 to 30 minutes later, *we* were sitting on a bench at the water's edge among the palm trees along a rather busy, two lane road when *we* glimpsed out of the corner of *our* left eye a man approaching on the winding sidewalk running in front of *us* and still about 20 feet away, looking directly at *us*. No one else was in sight. He had driven over the curb, pulled his car up onto the grass, and parked. Our eyes met when he was all of 10 or 12 feet away. He seemed average in every way, other than his focused stare.

He said, "You are a star child."

Before any thought occurred for *our* front alters, *we* heard someone within reply out loud, “Yes.” As soon as the word came out of *our* mouth, *our* front alters asked in *our* head, "Who said that?”

We think he then stood before *us*, but it gets very foggy at this point. An inconsequential and brief conversation took place, his eyes locked onto *ours*. Then the memory again becomes crystal clear, even photographic as he turned and walked back to his vehicle. *We* fully expected him to just disappear from physical view and so watched and waited for him to do so. *We* could *see* and *feel* that he was not of this world, unlike everything else around *us*. He was like *us*. He got in his vehicle, waited for a break in traffic, backed over the curb and onto the road, did a u-turn, and headed back in the direction he had come from. *Our* eyes never left his vehicle.

In *our* programmed consciousness, *we* could not tell exactly who or what he was. Now, of course, *we* ask *ourselves*, was he a handler sent in due to *our* negative state of mind, come to keep *us* functional? Perhaps. This encounter was not the only of its kind, and typical in that *we* were almost always alone and without witnesses, due to *our* isolated state, programmed to be alone most of the time. Events like these reinforced *our* isolation even more.

One of *our* fears had been that those around *us* would see that something is very wrong with *our* life. After all, no one believed *us* when *we* tried to talk about it, so *we* hid as much as *we* could. *We* desperately needed help, but the truth *we* told kept that help away. *We* had long realized the people around *us* were not experiencing things in the same way. To *us*, they seemed to be asleep. *We* had been told directly and indirectly for *our* whole life that what *we* were experiencing did not exist, that people would never believe *us* and *we* would be “put away” somewhere, as *we* believe *our* great aunt was; she was gone one day and *we* never really got an explanation about where she went or what happened to her.

Even though the programmers lie, they could not have been more right about this. No one believed *us*. Instead, they felt sorry for *us* in *our* pain and struggle with what little *we* attempted to share. Eventually, *we* learned to not even try to talk about it, just to survive it.

As for the "star child," it merely validates being part of an *alien* bloodline, as in hybrid. The phrase the male used was code for getting into *our* programming to do whatever it was he did as we were *eyes locked*.

A cinderblock wall is no match for "Ancient Ones"

During the mid-1990s in Clearwater, Florida, *we* were having significant program breakdowns, what acquaintances later confided seemed like a nervous breakdown, a convenient mental health diagnosis that allows everyday explanations to cover what is really occurring. At the time, *we* were renting a room from a wonderfully tough, legally blind, psychic older woman whose past had made her into a straight shooter when it came to matters needing to be said. *We* liked her a lot and appreciated her candor; few had the courage her years and experience had given her. *We* did not confide many details of *our* life, but she was still able to validate *our* abductions and paranormal experiences without words. This empowered *us* as much as *we* could be empowered while undergoing heavy access, abuse, and torture (including rape). Most of the time, *we* were so out of *our* body, *our* feet hardly touched the ground—severely dissociated due to terror, yet conscious enough to realize *we* were waking up. The most difficult part was being unable to talk about it because of *our* programming and the limitations of how far into it *we* could go before that glazed, distant look came into people's eyes.

This particular *alien* abduction (or programming session) occurred in the early morning hours. *Our* bedroom had a private entry and two cinderblock exterior walls. At the onset of the experience, *we* got out of bed in alter, walked through the apartment, exited through the front door, crossed through the screened-in patio, and wound up standing in the small courtyard. The alter was waiting. Years later, *i* asked her what she was waiting for and she replied, "*I* don't know, just waiting." The rest of this memory is fragmented, but lucid in fragments.

The next visual *we* have is shrubs below to *our* right moving *downward*, as was *our* building. Next, *we* are standing inside something and looking at a 700-year-old *being* with light skin in the most beautiful robe *we* have ever seen, sparkling with gold and silver threads, and other colors as well. The long shiny robe drew *us* in, remaining in *our* mind even now due to *our* color programming. The taffeta-like fabric covered his arms and most of his hands, the bony fingers protruding. The robe's collar stood tall so that only the *being's* head showed, as if *we* can and cannot *see* him. Clearly, *we* were not meant to remember him, and yet *we* do as if out of the corner of *our* eye. He was not a *gray*, of that *we* are certain. Whoever he was, he was powerful and important. This *we* could sense in

every way.

Our head began to hurt because the *being* was downloading very important information into *our* brain that *we* would understand at a later time. While this was occurring, *we* felt a warm sensation in the palms of both hands, but *we* could not turn to look at *our* hands because *we* were paralyzed. *We* were also aware of small someone's on either side of *us*, each holding one of *our* hands.

Next, *we* were coming into *our* bedroom through the east-facing cinderblock wall. This alter was consciously *seeing* what was going on but terrified by it. *Our* horizontal body was coming into the room sideways, *our* left side entering first through the wall. *Our* bed was positioned against the cinderblock wall so they only had to lower *us* into it. This was not a mistake in *our* alter's vision or memory so much as what occurs when the body's molecular structure is rearranged. Nor was this an out-of-body experience—*we* are quite familiar with those. The laws of physics accepted as truth are not even remotely close to the truth. *Our* very life has defied them.

During *our* return through the cinderblock wall, *our* alter *saw* that *our* arms were on backwards, as if they had been taken off at the shoulder, spun around, and reattached. Telepathically, she screamed to the small *gray being* assisting *our* return, "*My* arms are on backwards, you can't leave *me* like this!" By the time *we* were in bed and the covers were up over *us*, the *gray being* still present at the bedside, *our* alter *saw* that *our* arms were attached properly and currently on top of the covers. *We* looked at the *being's* big black eyes, then all went blank.

The direct brain download in this experience has occurred before and after. On at least one occasion, *we* remained fully conscious while co-existing with *our* alter as she walked *us* to *our* bed, laid *us* down, and allowed the process to occur fully awake. *We* could *see* and *feel* the information being directly downloaded just as if *we* had been plugged into hardware. *Our* eyes were closed but fluttered due to the downloading and *our* brain began to hurt—a discomfort rather than pain. Afterward, *we* were consciously aware that there was more in *our* head than before the process. It is *felt*.

A stranger needs what we *have*

We can also still *see* and *feel* this experience and its onset that occurred in the mid-2000's. *We* had not yet begun deep deprogramming, but *our* alters and their

memories had been profoundly coming forward for years. *We* were visiting *our* family in Florida and feeling unwell (due to the usual accessing, use, and download symptoms) and went to the local health food store with our mother. By the cold dairy section, *we* noticed a dark-skinned woman coming in *our* direction. As *we* made brief eye contact, *we* read that she was not going to just pass *us* but did not consciously know that yet. She continued past *us* and *we* did not turn around. However, *we saw* and *felt* her stop and turn to look back at *us*, then decide to approach *us*. *We* still did not turn around but could *see* it all occurring as it occurred.

Hesitant, she came up beside *us* and said gently, "Excuse me, I don't know what you have, but I need some of whatever it is . . . Would you mind if I just stood here for a moment?" *We* replied that it was okay, so she gingerly grasped *our* hand, looked into *our* eyes, and relaxed. She was obviously perplexed by it all, but seemed to feel better after 20 or 30 seconds. She then thanked *us* and moved on.

Such circumstances are not new, though we never really derive comfort from them, perhaps due to not fully understanding what people get, especially when *we* are feeling unwell. What is at work must be the tremendous energy running through *us* while under full programming with *demonic* energy present. Multiplicity by its very nature has an abundance of energy not found in a single personality. The mind is very much about energy, and many minds in one body means more energy. The intentional separation design of multiplicity is not born out of Benevolence; it is an effect of malevolent efforts.

When it comes to high-level bloodline, ritual abuse, trauma-based, *total mind kontrol* programming, the *entities* running the alters have a palpable energy that often goes unnoticed on a conscious level. Additionally, the hybrid energy adds another dimension to that energy, given that it has the *see* and *feel* of "more" due to being different. This is often visible in *our* interactions even today, particularly when what *we* refer to as the "*we* part" of *us* is stronger in *our* day-to-day life than the *i*.

We do not attribute this solely to malevolence, though it is true that in *our* past malevolence predominated and continues to affect *us* in degrees. Some of this energy may be attributed to *our* strength in Benevolence as well, though at this time *we* are not comfortable discussing that. Some of *our* personalities—the parts of *us* that were split off—seem to have settled back in while others are still working at it and yet others of *us* appear to have no intentions of doing so. In the

latter, *we* cannot deny the direct malevolent influence involved.

This energy is more visible and available to be *seen* and *felt* by those who have developed the ability to do so. To *us*, there is a clear difference between the Benevolent and malevolent aspects of *us*. Just because something “feels good" does not mean it is Benevolence. This is a misconception, *we* assure you! Malevolent ones are very adept at making humans “feel good." *We* are well versed in malevolence’s deceptive "good feelings” as perpetrated upon *us*. True Benevolent-based feelings have a very pure, Unconditional quality to them and they are unmistakable (and consciously more so as *we* continue to deprogram). Malevolence has its own signature and a phenomenal capacity for tapping into someone’s “feel good" needs and deceiving them. After all, they designed most “feel good" phenomena in human society.

Fourth-dimension rape in the third dimension

This type of rape has occurred throughout *our* life—first, under programming, and even into *our* deep deprogramming. One of the most disturbing examples occurred in Arroyo Seco, New Mexico in mid to late 2000. (See Book 1, Chapter 11, "The 40's/Cain’s bitch,
lily.") Two different rapes by Cain occurred within days of one another, both crossovers between the third and fourth dimensions.

What did not make it into Book 1 was a rape in Tucson, Arizona. Between 2005 and 2010, *we* were compelled to drive to Tucson for “visits,” always camping out on the west side beyond Gates Pass. Talk about making accessing easy! *We* also slipped into Saguaro National Monument at the east side of Tucson to spend the night in the open desert air. Not coincidentally, *we* usually went when few people, if any, were there: off season, isolation being their ally. *We* loved and feared it at the same time and yet continued to do it under *our* programming. *Our* time in Tucson was intermittent over many decades because it is a main location for programming and program reinforcement. A facility somewhere on the outskirts of Tucson is used by intelligence agencies for programming *tmk* slaves. *We* have memories of the interior of the facility, but do not know its exact location.

On one of those camping out occasions, *we* came to while being held down by a fourth- dimensional male *entity* and being energetically raped. The malevolence

that held *us* down on the large rock formation took the form of a black silhouette in the shape of a human man, yet it spoke in the plural. One of the things it said to *us* as it began to rape *us* was, “We know what you want.” In body, *we* were paralyzed while fully conscious in mind and emotion. The sexual energy of the *being* was undeniable, just as they wanted it to be. The experience was degrading and terrifying.

During these “visits,” many strange things occurred, including being buzzed up close and personal by military helicopters in full daytime consciousness. One night, *we* came to in *the bulimic one* alter in the campground restroom while a helicopter hovered so close overhead that the cinderblock restroom shook. On one occasion, a helicopter even broke formation to buzz *us* in daylight. *I* could *feel* that they were fucking with *me*, but could not figure out why. UFO incidents at night were also profound.

(For more on *our* earlier training at this Tucson facility and use, see Book 1, Chapter 8, "More On-Task/Training.")

Us, *Luna and Cain*

This experience is an example of *our* ability to communicate with animals, domestic and animals in the wild. *Our* communication with the following domestic animal and her ability to interact and perceive with *us* in both third- and fourth- dimensional experiences in real time cannot be overemphasized. *We* are no master of such things, but this has always been—spontaneous and random, but constant.

We were housesitting in Arroyo Seco in the summer of 2008. Visitations in a *reptile* form by the *being we* call Cain had become commonplace for *our* front alters, many encounters in full waking consciousness, all of which ensured an ongoing struggle with shame and guilt, fear and confusion. (He would access the alters while *our* front alters co-existed consciously.) Sodomy rapes were his favorite, reinforcing a lifelong message that *we* were not only powerless to stop it but owned by Cain per programming. Physical traces were left behind, including three claw marks on *our* back from one sodomizing visit. (See Book 1, Chapter 11, "The 40's/Cain’s bitch, *lily."*)

It was late at night and *we* were resting on a pullout sofa bed in the large living room with high ceilings. *We* preferred resting there due to the overwhelming

sense of entities present in the bedrooms. In the living room, *we* felt less claustrophobic. This also allowed the very sensitive dog Luna to sleep close to *us* under the pullout sofa. She too preferred being close; like *us*, she had many fears and anxieties. *Our* communication was telepathic and our relationship easy and comfortable. *We* are not a dog whisperer but *we* received specific responses and clear concepts from Luna who could perceive and experience fourth-dimensional occurrences right along with *us*.

On this particular night, Luna experienced and acknowledged Cain's presence, which was extremely significant for *us*, given *our* painful isolation among people. Luna crawled under the sofa once *we* turned out the light. She preferred to be there, as if she felt safer under there. Almost immediately, Cain appeared in his dinosaur-like form in *our* visual field to the left (as usual)—the form he took when he really wanted to punish *us*. Many times, he presented a more human form when he wanted to trigger a certain alter's programming. On this night however, it was to be psychological punishment.

As soon as he appeared in *our* visual field, Luna began a low growl. *we* spoke in reassuring tones aloud to Luna to reassure her that he would not harm her, that it was all right, *we* would handle this, etc. Her growling lasted until Cain disappeared from *our* conscious visual field—in other words, once *our* alter *lily* took *our* body and he sodomized *us*. This was rape in every way, but due to *lily*'s programmed participation, *we* experience relentless guilt and shame.

This kind of love

Disappearing

On two occasions, *we* were consciously aware of physically disappearing within the three-dimensional realm. Both events occurred within a decade of each other. (For the first, see Book 1, Chapter 9, "Breakdowns, Reprogramming, Fragments/Andrew Jackson Plantation"; the second is under Chapter 11, "The 40's/ Another Disappearance.")

In 1994 or 1995 on the Andrew Jackson Plantation in Tennessee, *our* front alters were aware that everyday humans around *us* could no longer see *us*. *We* were at the end of an unusual trip to Tennessee and North Carolina with *our* mother who was not conscious in her front alters that the trip was an attempt to halt the programming breakdown that had begun. We had flown to Tennessee, rented a car, and for reasons unclear at this time, had then driven back and forth across

the state to certain locations, often more than once, for a week or more. Aside from the incident at the Andrew Jackson Plantation and segments of the following hours on the airplane flight back to Florida, *we* have only fragmented memories of the trip.

A series of strange events occurred on the plantation before the actual time of the disappearance. *We* were aware that something was occurring that *our* front alters could not explain. Even *our* mother could see this, but as usual shied away from what frightened her. *We*, on the other hand, lived in a high anxiety state, always attempting to get at what was occurring but unable to do so.

By the time we entered the main house of the plantation on the self-guided tour, *we* were paying attention. *Our* tour headset did not work, so *we* were not wearing one like everyone around *us*. The rooms in the house were sealed off with Plexiglass doors to prevent entry and yet allow a clear view. At the front entry and scattered about, attendants were dressed in period garb to open and close doors and keep an eye on things.

At the onset of what *we* can only refer to as a dimensional shift, *we* were standing still in a line of people behind *our* mother. It came on very quickly, so quickly in fact that *we* barely had time to notify *our* mother that *we* had to leave immediately. Energetically, everything began to change around *us*. *We* could *see* that *our* field of vision was closing in as if shrinking on the periphery. All was becoming black, concentrically closing in on *our* field of view. *We* did not consciously know what was occurring and suspected that *we* were going to pass out. What else could it be?

We tapped *our* mother on the shoulder and when she turned around to look at *us*, *we* could only manage to hold *our* finger up and say, "*I* have to go now!" The "okay" look on her face told *us* that she could *see* something that told her not to ask questions and that *we* needed to leave. Briskly, *we* headed toward the front door already opened by a staff member, feeling *we* might not make it as the blackness was closing in so quickly. The female staff member was holding the front door open for *us*—then everything changed.

It was as though *we* had burst forth from the house into another realm. It was still the same place and still the present, but it was somehow different. *We* felt different, and the *feel* of what was occurring around *us* was different, as though everything had slowed and shifted. Everything looked the same, but energetically it definitely was not—as though *our* vision were crystal clear and sounds were clarified, more intensely brilliant. *We* had somehow slowed down

and all was more in focus. *We* were very calm, very aware, and somehow separate and removed from everything around *us*, as though no longer a part of it, only observing from the outside while in a body in it. This may sound like dissociation, but what was occurring was far more than that. *We* had indeed switched alters. Everything around *us* was as it had been, it was just *us* who seemed to have slowed down.

Once out the front door, *we* turned back to look at the house, trying to figure out what was happening to *us*. As *we* stood looking, people filed by *us* to enter the home. No one was looking at *us*, even though *we* were so close to them. *We* stood looking into the eyes of the passing people, waiting for some acknowledgement, particularly in light of the fact that *we* were looking them directly in the eye. They did not even glance at *us*. *We* decided to add movement and began slowly walking down the path while staring at each person coming along. Not one glance. The nagging feeling that *we* were not visible sank in. *We* stopped and stood there, watching them file past inches from *us*.

We were there in *our* body, of that *we* were certain. It is just that *we* could not be "seen." *We* did not know how but *we* had shifted out of the spacetime they were in. In hindsight, *we* wish *we* had attempted to reach out and touch someone, but *we* did not think like that then. *We* believe that *we* were still very much present but not visible for some reason. Somehow spacetime for *us* changed.

We do not know exactly how long this went on in linear time, but estimate it to have been about 20 to 30 minutes before *we* were "seen" again. *We* went back into the home, down the small hallway to the bedrooms, and exited out the back of the house to meet up with *our* mother about an hour later. Several other "paranormal" events occurred before meeting *our* mother, but most important is the debilitating headache that started within two hours of the disappearance, a headache so unbearable that by the time the airplane landed in Florida, *we* considered calling for a wheel chair to get off the plane. Of course, headaches are common for *us*, due to *our* alters either taking kontrol of *our* mind and body or attempting to do so while experiencing programming and on-task memories. Currently, they often precede and/or follow surfacing memories. In this case, *we* are certain the headache resulted from the alter not only appearing but taking the body in the act of disappearing.

The ability to disappear—what most call "paranormal"—was utilized by *our* programmers, kontrollers, and handlers through one of *our* alters designed and programmed for disappearing. Today, quantum physics is expanding the idea of

"paranormal." Under the right circumstances—such as being a hybrid under full programming and *entity*-possessed—disappearing can be accomplished by manipulating the natural laws of quantum physics.

From a very early age, *we* were programmed in *our* alters to be able to perform extra-ordinary things to the programmed commands of those who understand such things—not three-dimensional *beings* but *beings* that can enter and extensively affect the third dimension. When that is just the way it is, it is normal, not “paranormal."

The second experience of *our* front alters occurred in the small artist village of Arroyo Seco, New Mexico in the mid-2000's. An unsolicited acquaintance reported that she had seen us *vibrating* prior to disappearing from view, after which *we* returned.

We worked and stayed in a small art gallery for four years, coming and going often on a somewhat seasonal basis. Diagonally across the two-lane country road was another gallery whose proprietor *we* were acquainted with—an intelligent, educated, respected member of this small community and successful business owner.

One day, while talking of spiritual matters and her knowledge of Noetic Sciences, she abruptly announced that she had seen *us* sitting very still out in front of the gallery on the bench as *we* often did. She said *we* had been wearing sunglasses and were *vibrating*, after which *we* disappeared and shortly reappeared in the same exact position. She was certain of what she had seen but could not explain it. *We* had never told her about *us* (nor have *we* since). Due to *our* previous experience in Tennessee a decade earlier, *we* knew it was true.

Earth-shaking

This series of tremors over a period of ten days is also surreal, at least to those who do not experience such things. Due to the vast number of potential witnesses, it also deeply challenged *our* front alters' consciousness. With all *we* have *seen, felt,* experienced, and been able to do that at times defies the laws of the "world of man," *we* can only conclude that there must be stages to *seeing* and knowing, and as one passes through those stages, sensitivities are gained. However, if one is designed from the beginning to have those sensitivities and is then programmed by torturous means to further “enhance” those sensitivities, it

stands to reason that such people would experience the “paranormal” as normal in that it occurs consistently, frequently, and ongoing.

In March 2008—a month before meeting the two men in Salt Lake City who would assist *our* deep deprogramming—*we* were attending a UFO convention and staying at a hotel in Laughlin, Nevada. *We* had gone to the convention in search of assistance in extricating *ourselves* from the malevolent programming.

The most profound tremors took place in a room with approximately 100+ people listening intently to Jim Sparks, a self-proclaimed alien abductee from Florida who as of 2008 was living in Las Vegas. *We* were sitting a few rows back from the front alongside a new acquaintance who was also a speaker. All of a sudden, *we* began to shake so violently in *our* chair that *we* believed *we* might fall out of it. We looked around the room: everyone was calmly seated, intent upon the speaker, their eyes riveted, enthralled with the presentation.

No one else was looking around, concerned about the source of the violent shaking. *We* asked Joe next to us, “What is that?” He looked perplexed, saying with his look and body language, “What was what?” Several small tremors followed, at which *we* again looked about. No one was the least aware of what *we* could feel. More than one tremor of great intensity occurred while *we* were in bed in *our* hotel room.

Several days later, two people engaged *us* in conversation and announced that they too had felt the shaking on more than one occasion. One is a publicly, self-proclaimed hybrid, the other a *tmk* slave who exhibits extensive programmed characteristics as well as alter personalities. (It is *our* opinion that he too is hybrid.) *We* read their sincerity, and they were able to describe in detail what *we* felt. *We* had not discussed *our* hybrid status with anyone at this time, so the fact that a person who could *feel* this called himself hybrid in public unnerved *us* greatly. *We* would come to understand that it may indeed be the “animal instinct” in *us* that gives *us* the ability to sense such tremors.

Why the three of us? Was it due to our degree of hybridization? Did more people *feel* it? Was it an individualized black tech attack? But to that *we* have to ask, “How many anomalies must accumulate before people begin to sincerely consider things not yet considered?”

It was not the first time *we* had experienced such senses, and it was most definitely not the last time *we* would consciously do so.

Living With *Our* Alters and Their Memory Downloads

The very nature of deep deprogramming entails disturbing downloads of *total mind kontrol* programming, plus constant discussion of what is coming into *our* front alters' consciousness as well as the way it is coming forward, making the entire terrible process very exhausting for *us* and for those active in *our* support system. The first year *we* were dealing with so many alters and attempting desperately to manage them, but from then on *we* slowly began concentrating on how to not overload those around *us*.

A significant part of *our* programming was specifically designed to keep *us* under programming, and the amount of programming put in to facilitate this is astounding. It is not the natural inclination of a human soul to live under lies and deception, and it takes much energy to do so—hence the extensive, extreme programming.

The design and use of so many alters is part of the methodology. *Our* front alter system was never supposed to become aware to any significant degree of *our* multiplicity, and especially not to explain its true nature. Despite significant alter bleed-through, *we* in the front were programmed to rationalize to such a degree that would be absurd to the average person in the "world of man." Yet to a heavily programmed slave, it is just another normal part of life. *Our* alters had been presenting various things to the rest of *us* off and on for all *our* life, but *we* were still so heavily programmed, kontrolled, and handled that *we* did not have a chance to gain enough conscious time outside of programming to start to put the pieces together. A long list of programs and alters in *us* is specifically designed to deny the truth of *our* situation. *We* still struggle with this, despite all *we* know. It doesn’t just stop, though now *we* are able to *see* and *feel* it as it occurs and therefore manage certain aspects.

As the years progressed, so did the program bleed-through—hence *our* ability to recognize truth, if only in fragmented pieces. When *we* began to seriously *see* and *feel* the many parts of *us* and know at different times the various personalities pushing up—often several at a time—it became very empowering to be able to understand that *we* are a “we,” an “us,” and had been since early childhood. *Our* front alters had always referred to *us* as “i” and “me” per their well-designed and systematically reinforced programming involving trauma,

torture, ritual abuse, horrification, and demonology. When *we* were allowed to *see* and *feel* the many of *us*, it became an important and empowering choice to be able to consciously acknowledge the presence of all of *us*—not only for the parts of *us* who were working so hard to break out, but also for the many who had been unacknowledged for the whole of their existence by the rest of *us* and the entire "world of man." This became a significant part of *our* deep deprogramming, part of *our* healing, and *we* knew this despite others' inability to understand it.

The depth of *our* appreciation for *our* support group is difficult to express in words. If it had not been for their Loving, *we* would not have survived deep deprogramming. It was crucial to *our* deprogramming to allow the various personalities to come forward to show *us* and tell *us* about their lives for both the deprogramming and the healing of all of *us*. Deprogramming is an ongoing process for *us* as a multiple rather than an event.

Another crucial aspect is that the “i” and “we” runs more deeply than solely a programmed-in-alter issue. A consciousness belongs to “me,” the human essence, and a consciousness belongs to the “we,” the other essence born of *entity* design despite *entity* banishment through Benevolent, Unconditional Love and consistent, daily practice. Some of the knowledge belongs to the *alien* manipulators in *our* DNA, not to the Benevolent *me*. Intellectually, *we* understand things about humans that *we* cannot *feel* or desire the way humans around *us* do. With the assistance of *our* Higher self, *we* understand that the “i” and “we” will never completely go away, due to those representing the human and *alien* parts of *us* that co-exist physically in this body. *We see* it as cellular and DNA, as well as multi-dimensional.

Though *we* relate to many life stories written by other *tmk* slaves, *we* hold a somewhat different view of the wholeness or integration issue: that of becoming a somewhat integrated multiple who can function reasonably well within the "world of man." For *us*, the issue of “me” and "we" never goes away, though *I* am more and more becoming comfortable with speaking in the “i” and feeling what that means for *us*, due in part to having neither met nor engaged all of *our* parts, nor do *we* expect to do so, given their numbers. Encountering or integrating them is not necessary for *our* healing as *we* understand it. *We* used to envy slaves who seemed to have attained this wholeness. Now *we* are grateful for their ability to do so because whoever breaks free by whatever means contributes to others' attempts to do so.

Another side to this is that some of *our* alters have access to knowledge that *we* in front alter consciousness do not. Besides downloads, *we* have found corroborative evidence in historical records as well as research documents from recent decades. *We* cannot verify others' research, but *we* have ample evidence that some of *our* alters have an extensive knowledge base due to their direct and intimate long-term associations with these malevolent ones.

It is also abundantly clear that alter parts of *me*, once released from the program's hold due to the removal of *entities,* still interact with *me* out of a consciousness associated with a lifetime of programming. Their frame of reference does not change overnight; it is a learning process that can take years. Ultimately, *we* suspect, they will always contain aspects of programming.

First and foremost, this is a profoundly spiritual issue for *me*, not academic. Many of *our* original parts split off long ago are no longer locked into programming; they have been released back to *us* through deep deprogramming and are still *me*, fragments of *me*. *Our* humanness is what allows *us* to deprogram, despite *our* body's confusion.

Anatomy of a meltdown

4

Us and Current Events

Our programmers intended that *we* would be used up and not allowed to walk away or ever be released. Becoming useless—too awake to be reprogrammed for continued use—generally means a young death, but *our* death at an early age was bypassed for reprogramming. Still, *we* have had to deal with attempts at both a quick death and a slow death for some time now. Programming inserted long ago, combined with current black tech, can assist a quick death and facilitate a slow death.

Right from the start, slaves are designed for different purposes. Designing slaves requires much time, effort and a lot of money. *Our* design was well thought out and intended to be lifelong and for a long life, unless irreparable malfunctioning of *our* programming occurred. *We* will address the circumstances of *our* use and draw conclusions about those who used *us*.

As recently as the mid-2000s—*our* early 40's—we were in for a programming tune-up as part of an End Time program related to places and events in and around Salt Lake City. This is only one of several such programs in *us* and pertains to all high-level slaves with functioning programming, the operative word being “functioning.”

Given that *we* have not consciously encountered all of *our* alters, how could *we* possibly state that *we* no longer have any functioning programming? This is one of the most dangerous presumptions within the deprogramming community. Some alters in *us* are designed to present a whole, integrated, stable person when that is not the case. *We* know: *we* have glimpsed what still shows up from within *us*. This has been one of the most difficult areas to talk about, even within *our* support system. *Our* ability to discern between a part that is the part of *us* that was split off long ago and no longer being handled, and a part that is still run by malevolence, is becoming more honed with each passing day. *Our* ability to *see* and *feel* this in others is also quite adept at times, often despite their own denial.

Below are some examples of how *we see* and *feel* the world around *us*, namely

current events in the "world of man." What *we* refer to here is truly *seen* and *felt* by *us* as if a part of *us*—not separate, not something else, but a palpable part of *us* in a way that can evoke tremendous emotion due to what *we* are. These things *we see* and *feel* are profound and difficult and often severely affect *our* ability to function in *our* everyday role in the "world of man." Depending on the event and its association to a part or parts of *us*, this experience can last for minutes, hours, days, weeks, or more. The need that *our* part or parts have to understand what is contained in any particular *seeing* and *feeling* can affect the duration of *our* need to present it. Due to the emotional nature of some of the more personal associations of what *we* witness, it may take months for what *we saw* and *felt* to be evidenced to others in a more rational, perceivable way. Sometimes it never is.

Jon Huntsman, the Mormon Manchurian Candidate, and the New Jerusalem

On the evening of January 2, 2011, what was shared by a friend in a voice mail triggered several of *us* to download through *jacked*, a conduit alter who allows others within to present information, usually very emotionally. *We* experience such downloads as meltdowns that are emotional and mental releases. Due to the number of alters and the information held by them, managed releases are significant to *our* healing.

Deep deprogramming entails experiencing a barrage of physical reactions as well as emotional responses before, during, and after downloads. Recognizing them makes it possible on a conscious level to *see* and *feel* them while the downloads are happening, not just after the fact. The positive aspect of this process is that some of *us* can observe and often discern what is happening to others of *us* while it is happening. This is one of the benefits of alters co-existing consciously—basically, *our* multiplicity.

The trigger on January 2nd was that Jon Huntsman, Jr., while still Ambassador to China, had made an off-hand remark about running for President.[*] At the voice mail's mention of Huntsman, a rush of adrenaline surged through *us* as fear made its way to the surface. The name Huntsman resonated strongly for someone in *us*, raising her fear and triggering an emotionally charged download of information regarding a malevolent event happening at that time in Salt Lake

City: information from the alter's past due to events occurring in the now. An alter knew Jon Huntsman, Sr., a prominent member of the LDS Church and father of Huntsman, Jr.

What occurs during such memories can be so intense that the download process needs to be presented to several sources to alleviate the pressure in mind and body as well as soul experienced from within. The process is numerous presentations of information in several formats. One or more alters needs to release experiences and information pertaining to certain events, including programming not yet dismantled—all of which means it happens in a way that is rarely orderly and neat. What *we* attempt to do is record the information presented as well as relay it to individuals *we* have taken into *our* confidence. *We* are helped in *our* deprogramming process, they are helped with information from an insider.

Huntsman ran deep into the past as well as into designs for the future by the programmers, kontrollers, and handlers--namely End Time programming. *Our* personal connection to Jon Huntsman, Sr. may have begun in the early 1980s when he was a Mormon/LDS Stake President. *We* were taken to a meeting of LDS presidents numbering a hundred plus—possibly Stake Presidents—and introduced to them as a “new team member” of the “company” by a person many years later we recognized as Thomas Monson, the current LDS Church President. (See Book 1, Chapter 3, "18"/The Mormons.")

The download regarding Huntsman dealt with the current status of their agenda. Even though there was only a casual mention by Huntsman, Jr. of the possibility of a future run for the United States Presidency, *our* alters heard something quite different. *We* include excerpts from some of the emails *we* wrote during the following days and weeks subsequent to emotional phone downloads of fear placed to trusted friends and researchers. By February, *our* alters were satisfied that they had been heard. (At times, some plead to be heard and understood.) For *us*, the Huntsman experience was a combination of alters needing to be heard and a clear message that *we* knew things about what these events signified—that a great danger was rising—and showed *our* alters where the programmers were in their scheduled End Time program, which was terrifying for *us* due to *our* own End Time programming. The Mormons were going for the White House and the name Huntsman was directly related to it. At least one of *our* alters knew Jon Huntsman, Sr. and was terrified of these current events due to how evil he is. The download was emphatic and emotional. This journal entry is left as it

appears in *our* journal.

> *". . . .'the dark lord is rising,' right now, in salt lake city, utah, from under temple square . . . the 'world of man' has absolutely no idea that it is occurring!"*

It would not be the Vatican that would birth "the dark lord" or anti-Christ; it would be the Mormon Church while all eyes were elsewhere. Huntsman, Jr. had to be seen for who he was—the heir to Huntsman, Sr., an evil man. Huntsman, Jr. had been "groomed" (programmed) for this his whole life, and it had everything to do with the rise of "the dark lord" in downtown Salt Lake City. It wasn't about Huntsman, Jr. being "the dark lord" so much as signifying the agenda's progression, which to *us* meant that now *the dark lord was rising*. *We* could even *see* it coming from under Temple Square.

Some of those around *us* felt strongly that Mitt Romney would be the Mormon U.S. Presidential candidate, not Huntsman, Jr. What *we* did know was that the name Huntsman and the rising darkness were directly related to the Mormons going for the White House, and it was now, and Huntsman would be associated with that administration coup. These events were associated with the End- Time program and terrified *us*, but *we* were unable to state *our* reasons in a rational manner because of *our* alter's emotionally charged delivery.

Despite this, those in whom *we* confide knew that *our* alters' emotional distress had valid origins, that the emotions associated with these downloads were a part of the process, and had learned not to dismiss *our* words as simply emotional distress. They had seen *our* alter downloads so many times that they knew to listen and wait. More often than not, *we* were on target, at least in part, and with a little time, research would prove the validity. They already knew the relationship between the Mormon/LDS hierarchy to *tmk* programming, so when Jon Huntsman, Jr. left his post as Ambassador to China, followed by actions that unofficially announced his possible run for the United States Presidency, they saw in part what some of *us saw*.

> ***(As of July 2011, it is apparent that Mitt Romney is destined to run for the White House in the 2012 election. "Our seeing and feeling" that John Huntsman, Jr.'s association to this runs so deep has not changed, not in the least. That he is somehow directly associated with the dark lord rising in Salt Lake City, currently, has not gone away despite the public appearance of Mitt being the Mormon's man for the White House. The depth of "evil" within the Mormon Church at the highest levels is very*

closely associated with Jon Huntsman, Sr.)

*** (As of later July 2011, it appears that Jon Huntsman, Jr. is indeed going into the Presidential run. He is a "shell" that is being used by them with his foremost kontroller and handler being his very powerful, dark father. He is the Manchurian Candidate extraordinaire. This move by them is signaling to* us *and* our *programming that "the dark lord is rising in Salt Lake City, now." Mark* our *words, the Mormon Church in Salt Lake City, Utah is the New Jerusalem for these "evil" ones. These events are clearly triggering some of* our *programming.* Our *collage "The Manchurian Candidates" is about this.)*

***(On August 12th, 2011,* we *would discover that there is another film in the* Batman *series planned for release in the summer of 2012. The title alone works as a trigger on* us *due to* our *programming, it is called* The Dark Knight Rises. *Please refer again to the above quotes from* us *back in January 2011 regarding Jon Huntsman and the Mormon/LDS plans for the future. Also recall that* we *have written extensively about one of our End-Time programs involving* Batman, *Salt Lake City, the Mormon/LDS Church, and that the name Huntsman triggers information regarding such, even bringing on an "abreaction," and* we *quote, "the dark is lord rising in Salt Lake City." Replace "knight" with "lord" in the next programming film in the* Batman *series due out the summer 2012, and you have "The Dark Lord Rises." Again for* us, *"Gotham City" is Salt Lake City in this particular programming. Programmers can make "Gotham" be any city U.S.A.! This is not about the Presidency-all presidents belong to them!-it is about what this move by them triggers in* us *and signifies about their progress in attaining their agenda.)*

The Manchurian candidates

Raymond Davis in Lahore, Pakistan

We worked hard to keep these skewed bits of truth mixed with untruth at bay the first two years of deep deprogramming while trying desperately to find some semblance of breathing room. By *our* third year, *we* began exploring current events, due mostly to *seeing* and *feeling* that our End Time programming was still too potentially active and not dismantled to the degree *we* deem necessary. In political events, *we saw* how they were directly associated with *tmk* programming to kill.

When the news broke about the US diplomat shooting two men in Pakistan, it struck a profoundly sad cord. *We* read the account of the shooting in the streets of Lahore and wept. The Pakistan tale was one among many such triggers bringing up information from those of *us* adept at *seeing*, *feeling*, and understanding the motives and operational methods of those *we* had come to

know intimately over a lifetime. Externally, they are men and women associated with government, military, intelligence, religion, and corporate organizations; internally, they are the *entities* placed in *us*, many of which ran these men and women in the network.

It is ironic that what they did to *us* to make *us* more useful could now be used against them through personal recovery and monitoring events in the "world of man." Now, *we* could witness where they are in their plans to subvert the few freedoms that humanity still has. Monitoring events is an emotional process because of the triggers in the media that lead to alter downloads. *Our* downloads can stretch far beyond the scope of information in the initial trigger, given that it is a matter of *seeing* into what is said and what is not with knowledge *we* have because of *our* exposure to these malevolent *entities* for so long and in such an intimate way. Their knowledge became *our* knowledge, which in turn became a way to assist *our* deep deprogramming as well as researchers seeking to more fully understand what *we* are uncovering.

The events in Lahore were so familiar to some of *us* that it brought tears, but it was also due to the media mixing what would confuse the average observer with what was there to be *seen*. *Our see* and *feel* regarding the Lahore incident is as a set-up, not an accidental screw-up. Upon hearing audio on the Internet of Davis being interrogated by local Pakistani policemen, it was immediately clear that he was a cool, calm intelligence operative and not a “diplomat.” This was as much due to how he sounded as to what he said. There was no fear. The eye witness accounts reveal an execution, not a robbery gone wrong. Davis is ex-Special Forces. These guys are military mind-kontrolled. *We* have met some and they have relayed what can only be described as traumatic mind kontrol programming memories.

The entire incident fueled unrest between the United States and Pakistan, another leg of the war agenda in the region as well as to reinforce the false belief that a Global Union backed by a Global Police Force is necessary, which basically already exists. The unity being offered up is anything but. Do the research, follow the decisions and the funds. Look into the shadows beyond what is dished up as news; *see* who is there.

We doubt Davis had all of the details from the start and are sure he figured some of it out shortly after, to his dismay. All slaves get used up, witting and unwitting alike.

Jared Lee Loughner in Tucson, Arizona

On the server's homepage, *we* saw a photo of Jared Lee Loughner with a caption. What lived in *us* for so long leapt out of the computer monitor into *our* entity- programmed mind. His "crazed lone gunmen" attack matched parts of *our* programming. The article that questioned the "lone gunmen" disinformation quickly disappeared. (Unfortunately, *we* did not pay much attention to the source.)

When a person truly comes to understand how programmed assassins work, details and signs become obvious in news stories "flooding" the public—overwhelming media with stories filled with misinformation, disinformation and indoctrination while floating just enough truth to secure belief while leading people astray. With this technique, the viewer or reader can be taken down whatever path the programmers deem appropriate. In this way, the truth is obscured and lost in seas of "flooding," just as in *our* early deprogramming, *we* were "flooded" in an attempt to overload *us*. It worked repeatedly to slow *our* process and ultimately stop it.

The Loughner case was one of those stories. One must then look not only at the mainstream story put out by the kontrolled media outlets but beyond them, and not only at other articles but at the history of the persons involved. The public is so indoctrinated that they generally do not look beyond the superficial details of "a crazed, lone assassin"—the wet dream of the programmers, kontrollers, and handlers that *we* know.

Jared Lee Loughner is a *total mind kontrolled* slave sent to take lives in Tucson, Arizona and come out of it looking like a crazed, lone gunman on a killing spree with no one of consequence the wiser. To them, he is a disposable as we all are, eventually. *We* have a repetitive history of programming, trauma, and training directly related to the military and CIA in Tucson. Others report the same. The University of Arizona in Tucson is part of the mind kontrol network, and the Loughner name is very close to a name in *our* bloodline family, a name *we* do not care to share here.

The *modus operandi* of Loughner as a programmed assassin is undeniable for certain of *our* alters with particular programming, and the technique of media flooding worked quite well on the general public in this case.

5

The Mental Health Community

Both the deprogramming and mental health communities are infiltrated by perpetrators of *total mind kontrol* programming and are therefore rife with disinformation, misinformation, and out and out lies. Fortunately, however, good men and women with patience and discernment—two of the most valuable attributes for anyone attempting to deprogram with the assistance of others—can be found there, as well.

We would love to say that once there, the *tmk* slave is home free, but it is quite the opposite. What is well known to *us* first hand—and to others *we* have chosen to discerningly work with—is that the attacks by third- and fourth-dimensional handlers and kontrollers is real and ongoing once deep deprogramming begins. Programmers, kontrollers, and handlers continue to exert a concerted effort to thwart *our* deep deprogramming. This manifests spiritually and mentally as well as physically from the "world of man" around *us*.

Extreme caution should be used when seeking help. In *our* 20's, *we* wound up being reprogrammed instead of breaking free, and *our* use continued for more than two decades after receiving “therapy” for several years. In *our* late 40's, almost three years into deep deprogramming, *we* looked for assistance with what *our* downloads often left *us* with and were met with complete denial by a clinical psychologist who did not want to hear what *we* felt *we* needed to talk about because it was counter-productive. He then told *us* to “try meditating more.”

The good news is that his shameful behavior allowed *us* to face the very painful feelings still present for many of *us* regarding *our* past reprogramming in the same mental health community. Alters brought forward all that they *felt* regarding not being able to get help back in our 20's and getting handled and brought into line for continued use for two more decades!

Our repeated pleas for help over the years—including self-mutilation and other self-destruct programs—were met with experts' frightened looks, followed by incomplete diagnoses, prescribed anti-depressants, and even lithium that left *us* fully in the malevolent hands of *our* programmers and their minions. *We* shudder

to think of how many slaves have been sent away medicated or locked up and destroyed because of the inability of mental health professionals to recognize when a patient may be telling the truth, no matter how outrageous that truth is. How many have died by their own hand or their handler's hand, or like *us*, continued to be used due to the inadequacies of a therapist, psychologist, or psychiatrist?

As with so many people, their humanity has been programmed right out of them, leaving in its place professional arrogance and an inability to *see* beyond the latest contrived DMV. Of course, they too are suffering from the same powerful global programming that afflicts so many, but complacency in this community is inexcusable and nothing short of shameful and criminal due to the ethical commitment of their profession to help those in need—a responsibility that goes beyond that of he average person. Each of us has the right to not know something, but in a profession supposedly committed to helping others, it is their responsibility to check on what is being reported despite personal beliefs! Condescending denial is not an option for mental health, and those who do so should have their licenses revoked.

Of course, the system within which they work is designed and kontrolled by programmers, and the education therapists receive is yet another form of programming. In *our* most recent encounter with a psychologist, *we* were strong enough in *our* deprogramming to realize it was he who was telling lies, not *us*; it was he who could not face truth, not *us*. *We* pray that for their sakes no other *tmk* slaves walk through his door, that they be guided elsewhere for genuine help. This psychologist should stick to helping people with weight loss or quitting smoking and not pretend to have answers to questions he himself has never even asked.

Until people realize that this issue demands not just mental understanding but spiritual as well, the mental health community will continue to serve malevolent programmers.

6

Time Is of The Essence

To the best of *our* recollection, the “time is of the essence” that *we* refer to here began consciously in 2006—a haunting anxiety rumbling just under the surface. *We* are very familiar with anxiety, but this is a specific feeling regarding an impending inevitability just out of conscious reach. It refers to actions that must occur, must happen, and *our* need to begin something.

September 2006

In 2006, *we* were still based out of the Taos, New Mexico area. In August of that year, *we* were staying for free in an expensive condominium a friend had offered to *us* for two months in Taos Ski Valley. After sleeping at the art gallery where *we* also worked for some time, the offer was welcome and the scenery magnificent.

However, in the twelve hours before arrival, sleep paralysis had recurred at 3:33 a.m. in a motel in Taos proper with some of *our* programs running inside *our* head. It was terrorizing because of how systematic it always is, and because a presence is always in the room with *us*, sometimes seen, sometimes not. (Sleep paralysis as defined is yet another piece of disinformation that makes sure "professionals" will neither listen to nor actually hear those who report it, along with explicit details of their experiences.)

it's about time

Upon arrival, *we* learned that *we* were one of two off-season residents, which added to *our* fear. From the outset, *we* recognized the front door of the condo two doors down, despite believing *we* had never consciously been to these condominiums before or know the owner. On the way, *we* had even turned onto the wrong road.

From the start, *our* stay was plagued by *alien* encounters and other paranormal activity. Once *we* felt comfortable with the young woman who managed the place, *we* mentioned that it seemed haunted. She fearfully agreed; someone had committed murder there some time ago, the condo dating back to the early 1960s. Given that we were used to *spirits*, *demons*, and *beings*, *we* were not necessarily frightened, but *we* had never gotten used to their presence, either. *We* were always afraid, but it was *our* programmers, kontrollers, and handlers who really frightened *us*, not necessarily lost *spirits* wandering the halls of the old condominium complex.

But the *alien* and *demonic* activity quickly became almost unbearable, often beginning in full daylight and announcing the oncoming night's terrorizing. The morning light streaming through the wall of large windows of the spacious living room where *we* slept was always welcome. *We felt* a rush of fear even going down the tight, spiral staircase that led to the dark, dank bedrooms below on the first floor. The only reason *we* went down was for the bathtub to warm us through. Otherwise, the fireplace was upstairs with an endless supply of wood, along with central heating.

Upon awakening one morning during the second week of September, *we* sat up with the words "You are on" as clear as a bell in *our* head—not only the thought and words, but the *feeling*, with a tinge of fright. *Our* front alters asked, “On how? For what?" but *we* received no answer, at least not right away. Others of *us* were indeed “on” and that is what was so frightening.

The only reason *we* cannot name the exact date is because in March 2008, two weeks prior to meeting with the two men in Salt Lake City who would assist the beginning of *our* deep deprogramming, *we* gave in to the ongoing “burn” instructions for the journals *we* had been keeping and burned them. Fortunately, *we* were strong enough to only redact the one *we* were writing in during this particular time in 2006. *We* consciously recall the internal struggle, the painful and constant arguing amongst *ourselves*, particularly right before going to meet the two men in Salt Lake City.

We know this was programming because in deep deprogramming *we* recalled that it was not the first time *we* were “instructed” to destroy journals and no less than six photo albums filled with pictures of *us* since *our* teens and younger. *We* cannot even express how painful this is; *we* can hardly stand to think of it. Burned into *our* memory are timelines recorded in these journals, timelines that dealt with both programming and on-task use, both location and time lapses, many were from the perspective of those of *us* asking questions about what was and continued to be wrong about *our* life. *We* can still *see* photos of *us* in certain alters clearly in *our* mind. Not only did *we* look different, but others who viewed the alters in the photos could *feel* the difference—even *our* own mother. The programmers and kontrollers won that particular round of destructive instructions, hands down.

The importance of where the *You are on* awakening in September of 2006 fit in the timeline became crystal clear in deep deprogramming. On September 11, 2007 (before deep deprogramming began in 2008), *we* were again turned “on.”

We diligently recorded it in *our* journal in an attempt to figure out what was happening to *us*, despite being too programmed to notice the date at the time and subsequently taking six months to *see* it. Then in 2008, after beginning deep deprogramming, *we* went back into *our* journals to find an excellent record of these two turned-on experiences, the most recent having occurred on September 11, 2007, and the first surely occurring the same week of September 11, 2006, though the actual day is one of the missing pages in *our* partially redacted journal.

"9-11-2007" was directly related to *our* programming to Dr. Steven Greer and seeking out the trigger of his face and voice, which led to the "A. True" program. (The NBC show *My Own Worst Enemy* came out in October 2008 and was about triggering End Time programming in slaves. See Book 1, Chapter 11, "The 40's/My Own Worst Enemy.")

September 2007

On a spur of the moment solo trip to Roswell, New Mexico in September 2007—a trip that was a "must" from within—*we* went to the UFO museum on September 11 and played a VHS tape recording of one of Dr. Steven Greer's interviews. *Our* front alters believed this was the first time they had ever seen him, but others of *us* had already contacted at least his face and voice. Six months down the road, *our* front alters began to be able to *see* and *feel* some of what was sequestered in *us* from the many years of abuse, torture, programming, and use. *We* had been programmed to Dr. Greer's face and voice, and after *seeing* and *hearing* him that day in 2007, a programmed obsession for at least one of *us—Greer's girl*—was triggered that included a devotion to him that knew no bounds, even allowing him to kill *us* if he deemed it necessary. Dr. Greer's front alters did not know *us*, and yet *our* programming was set up so that *Greer's girl* would allow him anything. Her programming was total acquiescence to his face, voice, and body.

Within a few of months of that first "encounter," another alter claimed to know him: *alter14*, a kill alter. While *our* internal programming presented to *us* an intimate, sexual, decades-long relationship with Dr. Greer, *alter 14* had a detailed kill program to Dr. Greer she showed to *us* over a period of several weeks during the summer of 2008. It was lucid and filled with the *feelings* of

alter 14, rather like the “A. True" program with *she 29th* programmed to Dr. Ott, including an alternating hatred and rage that knew no bounds. Both programs were obsessions with false memories implanted to make *our* alters believe that *we* had ongoing relationships with both of these men when neither of these relationships existed beyond *our* alters' minds.

This discernment has taken much time to understand, and *we* still doubt it while attributing it to powerful programming and *our* definitive opinion that Greer is also a *tmk* slave. The links between the programs to these men are fragmented, but are clearly and inextricably linked. *We* have yet to fully understand their links for *us*.

2008: The "next level"

Back in 2006 and 2007, *we* were turned “on” for “time is of the essence” and End Time programming, the "next level" of the agenda. Since then, *we* have dismantled certain subprograms, hopefully enough to prevent any End Time programs from running at all. The *omega* program was to be *our* end as well.

In 2008, more was heaped onto *our* "time is of the essence” program that is directly associated with the current chaos being created in the "world of man." There is a concerted effort by *our* programmers and their associates to create chaos to further their agenda of kontrol. *We* are programmed with at least one End Time program and suspect more than one. One of *our* alters refers to hers as *omega*, the Greek letter meaning “the end.” She presented this *omega* program to *us* in March 2008, about one month before *we* began deep deprogramming. She showed *us* what she called her first on-task kill (her *alpha*) followed by her last programmed on-task kill (her *omega*), the latter not having taken place. (See Book 1, Chapter 4, "Killing/Alpha and Omega: First and last solo.")

The *omega* segment involved the delivery of something like bio-weapons and/or bomb in the greater Salt Lake City area. It involved the West Valley City area during the programming session, and may have been part of the future program scenario. It is a fragmented download with lucid fragments directly linked with the Church of the Latter-Day Saints, the programming having taken place in the Conference Center across from Temple Square. (The LDS Conference Center was built in 2000, thus *our* programming for the End Time program must have taken place after 2000.) *We* recognize the gray-haired men and women who

participated as “the observers,” plus some Mormon/LDS officials from other downloads.

Our affiliations with the behind-the-scenes Mormon/LDS Church came about in a most sinister way, the CIA being only one of the groups that intentionally designed and programmed *our* multiplicity. At the highest levels, the CIA and the LDS Church have worked closely together for decades in *total mind kontrol* programming and the use of slaves.

August 2008: Do or die

As discussed above regarding the “A. True” program, *she 29th* made herself known to *our* conscious mind in August 2008, four months into *our* deep deprogramming. As with many of *our* alters, it was not her first appearance, but it was her first intentional presentation to *our* conscious front alters. *We* were truly tortured at this point, day and night, simply trying to survive physically, emotionally, mentally, and spiritually: attacks day in and day out upon *our* physical body; attacks upon *our* emotional body from alter memories, and alters coming up and out into the present; attacks upon *our* fragile mind, fractured and split for far too long; and the spiritual punishment that the *entities* heaped upon *us* felt as if *we* would die any moment. *We* needed an ally but trusted no one—one moment knowing that the two men from Salt Lake City were truly helping *us*, the next they could not be trusted!

By August, *we* knew that there had been programming to Dr. A. True Ott, though *we* could not get clear about the extent. Fragments seeped in, loaded with devastating programmed-in fears and destructive emotions. Suicide programming and numerous other self-destruct programs designed to interfere ran day and night. More often than not, *we* encountered 3, 4, and 5 running at once, painfully aware that "loop" programming was running all night with *us* often coming to while it was occurring. (For the amount and variety of deception programming *we* were under, see Book 1, Chapter 14, "Running Interference.")

On August 28-29, 2008, from late night to early morning, *she 29th* visited *us*, though at that time she was unnamed. She announced that someone was going to die and she was coming as a witness to it. She showed *us* that a plan had been hatched for *us* to kill someone, and that one of *our* alters had been present at a meeting that sealed the deal. Only months later would *we* realize that the details

of this meeting—the identity of the man *we* met, that she was to do the ritual kill —were not revealed. But she did show *us* that the meeting had taken place while *we* were traveling about in a van in a remote campground off-season in the mid- to late 2000's.

It took time for others of *us* to clearly *see* and *feel* what *she 29th* was truly coming forward to do, given that she had been programmed to thwart everything *we* were awakening to and many other things as well. When *she 29th* was fully present with others of *us* and consciously co-existing, *we* named her.

As shared above in "A. True" program, *she 29th* tried consistently during the months after *our* front alters' initial meeting with Dr. Ott to get *us* to go back to Salt Lake City to "finish it," including manipulating *us* to acquire a 9mm from a person in the Taos area and using an out-and-out lie to do so. Others of *us* were clearly aware while the lie was being spoken, but *i* could not stop it. *We* were still struggling terribly with *our* programming and alters, particularly *she 29th*.

By October-November, *we* were staying in a house in which the owner (an unwitting handler) had left a sawed-off shotgun in plain view for *us*. As *we* fought with *our* programming to return to Salt Lake, *we* realized that the sawed-off was meant for *us* if *we* were no longer to be of use. They either wanted *us* functioning or dead, and *our* programming was going haywire, the programs and alters up and running when they were not intentionally triggered to do so. It was one big damn meltdown 24 hours day! From a survival perspective, this is not good for them or *us*. Unfortunately this is how *our* deprogramming occurred.

After a definitive, recurring trigger in the same house of the sawed-off, *she 29th* came up strongly and took *our* body and mind while the rest of *us* became "observers." There was not a damn thing *we* could do about it! It was one of the most frightening possessions of *our* conscious mind during *our* deep deprogramming. Her intention was to search the house for the 9mm that *we* knew this person owned, though *we* suspected that he had taken it out of town with him. As others of *us* tried to reason with her because *we* feared for *our* life and the life of at least one other, she then took kontrol of *our* thoughts and words! Another alter was waiting behind *she 29th* to have *us* eat a bullet per suicide programming. *Our* programmers were even using *she 29th* to take *us* out, despite her designs being only for Dr. A. True Ott and his family.

What kept *us* from doing so many things that would have hurt or killed others and *ourselves* is impossible to say. When *we* try to get clear on all that was

occurring and not occurring, the events are far too numerous to even try to list, even though *we* were diligently recording in *our* journals day after day, hour after hour. *We* prayed constantly, pleaded constantly, not even certain what power *we* called upon, though Love comes to mind. But something was assisting *us*. *We* could not believe in a Benevolent god in some fatherly form, some man on high or his only son sent to save us; it just could not be for *us*, nor is it still. Such is far too like the malevolent ones—dominating male figures who judge if you are worthy—and saying certain names to save *ourselves* far too like malevolent programming.

The one thing *we* did know was that *we* had to save *ourselves*. *We* called and still call upon Benevolent, Unconditional Love—no form, no father, no son, no mother, no god nor goddess—just pure Love, a Love that knows no judgment, no condition, no salvation, nor does it even consider *our* worthiness. It just is, now and always, despite *our* grave shortcomings and indecencies under programming. For *us*, this Love has no name but is connected to *our* soul.

By December of that year, *we* had learned to manage *she 29th* with that Love. *We* contacted True Ott and the other man *we* were working with about coming back up to Salt Lake City for a meeting. Both were very agreeable to it, and *our* intent was to tell Dr. Ott about *our* program to him and his family. (See above in Chapter 1, "Updates/'A.True' program.")

The dates and times that *our* alters present are not random but have a profound significance, often *seen* only after time passes. “29” showed up too coincidentally in other ways. In August 2011, while updating information regarding *our* End Time programming related to Salt Lake City (“Gotham City”) that apparently took place in the LDS Conference Center located there--including its association to *Batman* programming and the planned release in summer 2012 of *The Dark Knight Rises—we* switched personalities and experienced a time loss for a few moments. At that time, *we* were pretty certain that *we* had not been losing time. At first, *we* thought a computer glitch had occurred, despite being aware of a sensation of “blinking out” and then “blinking in” shortly after. *Our* computer cursor was now several sentences farther along than *we* remembered. When *we* scrolled back up, *we* found the number 29 in the last sentence *we* recalled typing. Immediately, *we* knew who had typed it. A chill ran up *our* spine: *she 29th*, no question.

Some of *our* alters were still running in programming due to not relinquishing their allegiance to malevolence, but this was *she 29th* and that was not okay. *We*

have repeatedly asked *ourselves*, how can *we* ever really be free of programming if *we* never get to consciously meet deep dark alters? How deeply can *we* affect them? Deep deprogramming means dismantling *our* programming through a combination of conscious awareness and understanding combined with Benevolent, Unconditional, Creative Love. But if *we* never meet certain alters and are thus unable to dismantle all of their programming, how can *we* say *we* are program-free?

We have encountered other stories in which the victim believes as *we* do—that it is virtually impossible to dismantle it all due to not being able to consciously encounter it all. Those who have shared this opinion of their own programming were used extensively as killers, plus one who is most assuredly a hybrid. Is that the reason? According to *our* programmers, *our* alters number over a thousand, fragments and full personalities combined. Not all were programmed, just split off during trauma and torture. Even if they lied and the number is half that or a quarter, how on earth can *we* ever say *we* are program-free?

When *she 29th* got on *our* computer, she hit or slammed into *us*. But those few brief seconds (minutes?) were all she could do, thanks to deprogramming. It frightened *me* deeply, and *I* pondered it and her for some time, alert to her possible presence in the weeks following. To date, *I* am unaware of a similar assault.

7
Accessing and Triggering

Our front alters well understood that kontrolling and handling *us* occurred no matter where *we* went, especially during *our* deep deprogramming years, which *we* are currently unwilling to write about in detail at this time for safety reasons. *We* have been accessed in numerous ways. (See Book1.) The following are specific examples of what has been used on *us* while *we* were conscious enough to recognize the accessing as it occurred, both in the two years prior to deep deprogramming and during deep deprogramming.

Surveillance and Handlers

Taos

These events occurred while in the Taos area of New Mexico, specifically Arroyo Seco and areas to the north toward the Colorado border and south to the Santa Fe area.

Regarding surveillance and handlers in Taos, *we* wish to address one in particular whom *we* will refer to as Richard. What was mentioned in the first three minutes of meeting Richard is eerily similar to what the next significant handler sent in after Richard would say the following year.

We were getting hit with a trigger while staying at a friend's house in Arroyo Seco while they were in Santa Fe. *Our* behavior would only reveal its depth of oddity after following *our* programming and *we* met Richard. *We* were overwhelmed by the urge to go into Taos to try and catch *our* friends there upon their return from Santa Fe, despite the fact that they would be returning to the house within an hour or so. Taos was about 15- 20 miles away and *we* did not have a car, so *we* would have to hitchhike, a process known to take several rides, meaning *we* might miss them entirely. Grabbing *our* daypack, some of *us* knew that it did not make sense.

u.s.

We walked down a short dirt road to the narrow paved road and put out *our* thumb. The very first vehicle picked *us* up and took *us* all the way to the crossroads intersection. *We* got out and crossed to the correct side of the road to catch a ride to Taos. No sooner had *we* put out *our* thumb than a large pickup truck pulled over. The man had
sunglasses on (as did *we*) and had the look of having been around the block a few times, but we *felt* good about him as well as a very strong and familiar attraction. He was darkly attractive in the way of a hard living type.

In the first three minutes, *we* realized that some “hooks” had been dropped. As soon as he said he had been in the Army Rangers, *we* immediately recognized it as a hook. Consciously, *we* realized what had just occurred, starting with the trigger at *our* friend’s house that led to getting to the roadside where Richard picked *us* up. The question was, did he know? It *felt* like we were both continually looking at one another, trying to *see* through our sunglasses into each

other while guarding ourselves and trying to get more information than we gave. Something was pulling at both of *us* so much that he asked if it would be all right if we pulled over and continued talking, stating that if *we* missed *our* friends, he would drive *us* wherever *we* needed to go. *We* agreed, knowing that *we* had a live one and that someone or something of malevolence had evidently brought *us* together. At this point in *our* life, *we* were taking a lot of risks to figure out what had been and evidently still was occurring to *us*. Since 2006, *we* had *felt* that *we* would only live a very short time longer if *we* did not find answers, and soon. *Our* death *felt* imminent and it might even be *us* who would do it.

We talked for some time and eventually the conversation ended after *we* saw *our* friends drive by. Richard drove *us* where they were headed.

A few days later, Richard began coming by where *we* worked in Arroyo Seco. *We* answered a lot of his questions, but were not yet ready to tell all. He said that he had had an overwhelming spur-of-the-moment “thought” shortly before picking *us* up on the day we met. He had even been heading in the opposite direction for the 45- minute drive home when he had the thought “turn around and go towards Taos one more time.” The timing had been too perfect. In light of how we had been brought together, along with the profound situation that eventually took place between us a short time later, it was obvious to *us* that both he and *we* had been set up by our respective kontrollers with the intention of our beginning a sexual relationship that would allow mutual handling to take place. This was not the first of this kind of use for *us*, nor the last.

During the many months that Richard and *we* spent time together, *we* struggled with *our* sex alters. To *our* conscious knowledge, *we* did not engage sexually with him. What did occur between us *we* will never forget because it would forever change *our* front alters' consciousness regarding *our* programming. The intimate conversations that took place between us were a direct result of *our* sharing with Richard many of the things that *we* remembered happening to *us*, most of which ninety-nine percent of the people *we* meet could not have not handled hearing. Not so with Richard. He took *us* seriously and asked *us* to tell him more.

Then *we* found out why. The morning after the previous day's profound download to him, he told *us* about some of his own memories—the only time *we* saw this tough, six-foot-something ex-Ranger look truly terrified. It is not *our* place to write what he told *us* here, but it did indeed confirm *our* suspicions that

he had been sent as a handler. It was perfectly clear that he was another victim. Being victimized always precedes being used as a handler.

It also became evident that he did not stop at the level of Army Ranger. He had been repeatedly tested to see if he would join Special Forces. He had declined, but from what he told *us* that morning in his kitchen, he did indeed become part of a more clandestine group of soldiers. We know from personal experience how this works. What he shared were profoundly disturbing programming memories involving severe trauma and torture. They had evidently decided that he was an excellent subject, given that his memories recalled repeated tests for Special Forces.

All in all, what he wound up sharing with *us* told a very different story from the one his everyday life proclaimed. He had been traumatized, tortured, programmed and used, and had fragmented memories of such, some going back to five years old. *We* know; *we* have many of the same memories. Revealing what *we* did to him shook some of his own memories free from behind the veil of programming, and it scared the hell out of him! Rightfully so. It is a devastating experience when memories bleed through; they can even re-fragment a victim. He told *us* that he had never told another soul in all of his 50 years what he told *us* that morning in his kitchen. That said a lot about his terror, and his shame—things *we* knew plenty about.

Although knowing Richard assisted *our* deprogramming in a round- about way, *we* had some bizarre moments with him that eventually led to stepping away from any contact with him. It was not that he was more dangerous than *us*, but that *we* recognized our interactions as being dangerous: things that *we* contemplated doing with him could have killed *us*. Meeting with other victims too early in deep programming can go either way—toward a true deprogramming experience, or mutual handling, as was the explicit intention of his and *our* kontrollers. The stable male benefactor was the early handler prototype sent in. Other types would appear as *our* ability to deny handlers became apparent.

location, location, location

Salt Lake

In April 2008, after leaving the handler's house in the Salt Lake City area after a five-day stay ((see Chapter 1, "Updates, 'A. True' program"), *we* moved into a motel in downtown Salt Lake City where *we* were approached in a threatening manner by two different dark men, the first there to take *us* away, the second to threaten *us*. Neither man was Benevolent in nature nor working on his own. You know it when you look into the eyes of a fully functioning, fully possessed, programmed slave, particularly when you are one! *We* did not open *our* door at 2 a.m. for the first. For the second, *we* gathered *our* courage and confronted him two days after the first approach in the afternoon while one of the men *we* were working with stood nearby as a witness.

On the long drive back to Taos, a couple on a motorcycle was following *us* to

make sure *we* were indeed returning to Taos. After discovering them, *we* repeatedly tested them and they knew it. Then *we* made direct eye contact with the woman and they stopped following us. In Taos, more frightening surveillance and handling occurred, including *our* intended hiking “mishap” on one of the trails in Taos Ski Valley. However, it was when *we* moved to Moab, Utah that the level and reach of kontrol still taking place became even more frighteningly apparent to *our* conscious mind.

Moab

As previously mentioned under “A. True” Program, *we* were programmed to move to Moab, Utah where two handlers were waiting for *us*, one a law enforcement officer, the other a marksman extraordinaire with frightening connections to the Kennedy assassination. Neither of these victims exhibit conscious awareness of their own programming. The marksman's programming breakdown was undeniable; the law enforcement officer's programmed behavior and recent history prior to *our* arrival both validate what *we* know about him. As of this writing, *we* still live in Moab and so choose to give no more details about this person: a threat at his hand has already been amply shown to *us*.

Within a week of *our* arrival in Moab, *we* understood that *we* had been programmed to come in an attempt to keep *us* programmed enough to still be of use. This is reprogramming in its most basic: handlers are sent in to access *us* and reinforce programming by replacing conscious awareness with alters and their programming. If *entities* still kontrol *us* to any significant degree, *we* will then follow programming and most likely not even be aware of it, with the exception of missing time. Due to isolating during non-work hours (not totally anymore), *we* are not exactly certain about the possibility of missing time; it depends on *our* degree of conscious awareness.

Deprogramming is a very individual slave-to-slave thing—how it will or will not work, successes and failures, etc. There is no across-the-board solution. There are, however, consistent programming similarities amongst slaves, depending on the years in which they were originally targeted for programming. *We* have met deprogramming slaves who are unaware of still being accessed. For *us* as a deprogramming slave, this is frightening.

Our choices have led to a continuing life over death path. Some choices have

involved strong spiritual intentions regarding disconnecting from handlers. It took time and a profound awareness to truly break the hold they had over *us*.

In less than two months since beginning to exercise *our* spiritual discernment, the Kennedy marksman announced he was leaving town. When he told *us* where he was going, it was apparent he was being brought “home” for death; the information in him was not to be allowed to come out. Though *we* are still triggered when *we* see the law enforcement officer around town, *we* have spiritually broken any hold they have over *us* through him. It is very much an internal spiritual disconnect first, rather than an external one. Complacency is never allowed, no matter how dismantled things *feel*. This is key for *us*.

location, location, location 2

Phone Calls

Phone calls to access *our* alters was one of the most common techniques of *our* kontrollers and handlers to thwart *our* deprogramming, particularly in *our* first year. Phone calls were systematically used throughout *our* programmed life, but in the first year of deep deprogramming, *we* became conscious of daily phone calls consisting of a combination of recorded messages, tones, music and songs, blank calls, even caller ID-triggering displays (some of which were automated). Calls also came from handlers, witting and unwitting alike, the latter being programmed multiples like *us*. Even though certain alters were conscious of what was occurring, some alters reacted per their programming. Co-existing consciously with still programmed alters meant they would answer calls with caller IDs clearly placed by kontrollers and handlers that would often result in full abreactions. (*We* are still receiving access calls as *our* house sits on their landlines.)

Recorded Messages

One of the most profound calls came one morning at the art gallery in which *we* worked and for a time lived. *Our* kontrollers obviously knew this, given all the accessing triggers that made their way to *us* there. A *recorded message* came from "The Omega Group" out of Salt Lake City. *We* immediately recognized Omega as well as the area code, and that this was indeed an access call. The two pieces of information had already begun the triggering process and *we* had not even picked up the receiver. *Omega* is part of *our* programmed-in language directly associated to one of *our* End Time programs and *our* demise. This particular End Time program is also directly associated to Salt Lake City and the Mormon hierarchy at the highest levels. The area code for Salt Lake City is 801; the call came during the summer of 2008, when *we* were still quite young in *our* deep deprogramming—vulnerable but also courageous and determined to break *our* programming.

At this point, *we* often took great risks and this was one of those moments: *we* answered the call. When alters that *we* do not have a managing role over get triggered, there is no telling what programs will run or what events will be set in motion. In this case, a recording told *us* this is "your last chance," that if *we* were

“in,” *we* were to press a certain number; if *we* were not, *we* were to press a different number. *We* heard loud and clear that if *we* chose to stay in the network, *we* would live; if *we* chose to continue deprogramming, *we* would die. “Last chance,” it said.

Before hanging up, *we* had a full abreaction. During the abreaction, *our* mind re-fragmented. It does not occur any longer, but dissociation can and does, often.

We clearly understood the phone call's effect on *us* in the hours and days following it. *We* do not recommend taking such risks, but it was and is in *our* nature to do so. These days, *we* are becoming gentler with *ourselves*, having learned how to protect *ourselves*. *We* wrote about the recorded message and spoke about it and became very clear about what this call was and from whom. *We* also gained insight into how *our* programming related to it. At that time, *our* deprogramming was pretty much *us* against “them,” but *we* also had someone *we* were learning to trust who listened to everything *we* needed to share, which allowed *us* to make sense of it all for conscious front alter recognition and being able to emotionally and often extensively and repeatedly talk it out. He helped *us* to learn to record all of what was occurring rather than trying to make sense of it at the time, allowing for it to be recorded uncensored and looked at later when fewer triggers were occurring. (This is what *we* have done while writing *Our Life* Beyond *MKULTRA*, too.) With time, *we* formed an unmistakable picture and were able to *see* patterns that eventually validated a lifetime of experiences. This became crucial to *our* deprogramming and healing, and is in fact what *our* deep deprogramming is.

Tones

Tones were also played over the phone with extensive regularity. *We* recorded the set of high-pitched, rapidly played tones being sent to *us* daily at the art gallery, capturing them on *our* micro-cassette recorder. (The answering machine would not go completely mute, only low volume.) *We* tried to not answer, but then it would go to the answering machine and *we* would hear it as it recorded. *We* tried to answer, then quickly hit the hang up button so *we* would not have to hear it. Sometimes that worked, sometimes not. They had it set to go off immediately upon answering, with the tones firing off rapidly. Due to it being a place of business, *we* could not turn it off entirely.

As with so many *tmk* slaves, *we* had nowhere else to go. It is very unfortunate that most slaves have to start deprogramming while still being heavily accessed by their kontrollers and handlers. This is the awful design by the programmers that slaves try to extricate themselves from. People have no concept of how extensive and pervasive this vast global network is, or the power they wield. People like *us* are made out to be paranoid and delusional at best.

Blank calls

As for *blank calls*, for a programmed, mind kontrolled slave, they are much more than an annoyance. It is not only the call itself, but several other factors that come along with the call, one being their frequency. For the programmed, these calls set off fear regardless of who is on the other end, or even the caller I.D. display accompanying the calls. Even the time the call arrives has an impact. With extensive numeric programming, the time of the call or time of its termination becomes a series of numbers that work as a pre-programmed trigger for certain alters and their programs.

As with so many aspects of *tmk* programming, blank calls in particular have the added effect of how the uninitiated do not believe the slave when they attempt to report these calls as accessing calls, another tool in the arsenal of "doubt and crazy" programming.

In July 2011, while staying at someone's house in Moab for a month, *we* received upwards of 25 blank calls each day that began the day she left town. The ringer would not go completely off. *We* turned down the volume on the answer machine so *we* would not hear messages, but the ringer still rang—hence the hounding blank call effect. *We* see a handler sitting silently at the other end. This is psychological warfare, and they are masterful at it.

Music and songs

Prerecorded songs were played over the phone to trigger *our* extensive music programming (1) to set up alters and their programs for different uses, such as sex programming and "kill" programming; (2) to set up the original baseline programs and reinforce programs; and (3) to trigger certain alters and their

programs at a future date. Prerecorded songs also trigger abreactions in deprogramming.

In October 2010, through the cooperation of certain alters and their knowledge of its affiliation with a certain End Time program, *we* consciously understood the intended use of the song "Life in a Northern Town" by Dream Academy that originated from a deprogramming Mormon/LDS *tmk* slave's phone.

To repeat, individuals in the hierarchy of the Mormon/LDS Church were directly involved in the programming and use of high-level bloodline, ritually abused, trauma-based, *total mind kontrolled* slaves. The Mormon/LDS Church is also directly involved with national and international intelligence agencies, as well as countless other organizations and institutions—corporate, political, and religious—in a concerted effort to gain global domination and reign with Luciferian world kontrol.

Family

One of the most difficult ties that *we* had to break to be able to gain any degree of freedom from *our* programming was ties to *our family of birth*. Phone calls filled with program language and triggers came from family members—particularly *our* mother and one of *our* brothers—with increased frequency during *our* first few months of deep deprogramming. At times, they used damaging program words delivered in kind, loving language, and techniques that not only triggered out certain alters but also called *us* back "home," a place *we* can never go. Finally in December 2008, *we* announced with Love that *we* would be out of contact for some time, knowing that most likely *we* would never be in contact again. At times, it is still quite painful, but *we* are clear why it has to be done.

When you understand how it works within a family of total mind kontrol *victims*, it is very dangerous to think you are wiser than them and can handle it. If we had done that, *we* are certain *our* demise would have been imminent, or at the very least, *we* would still be working for *our* programmers, kontrollers, and handlers. *We* have repeatedly seen *tmk* slaves kept in programming by this very technique. The malevolent ones use love of family to keep slaves useful and in full programming. The only way to break programming is to view the situation from the highest possible viewpoint with Benevolent, Unconditional, Creative Love

for all concerned. *We* do not help *our* family in any way whatsoever by staying under programming.

Mailed Messages

The postal system was even used to trigger *us*.

During *our* mid-30s, when *our* programming was showing significant signs of deterioration, *we* found that even the breakdown of programming occurs according to a certain programmed schedule per programmer design—not necessarily in a timed fashion so much as in a programmed sequence. For example, after incest memories surfaced in *our* early 20's, the next very difficult program bleed-through were *alien* abduction memories. Before, during, and after these two sequences, a variety of fragmented memories moved into *our* conscious mind, including incest, sexual abuse and rape, interactions with otherworldly *beings*, awareness of unusual abilities, death, and murder, as well as *our* other parts presenting to *our* front alter consciousness in a variety of ways.

An opened letter

This particular episode occurred during *our* attempts to get help with *our alien* abductions, the irony being that the people who wound up assisting *us* with *our* "abduction" memories turned out to be re-programmers sent in to lock down *our* programming and keep *us* functioning as a *tmk* slave. It set *our* efforts to get real assistance back more than a decade and allowed *our* programmers, kontrollers, and handlers continued access and use.

According to the UFO researcher/hypnotherapist who eventually introduced *us* to the woman who would reprogram *us*, *our* initial correspondence with him regarding working together arrived opened. He came recommended by a foundation created and run by Budd Hopkins, well known in the UFO community as an artist, author, and supposed therapist to *alien* abductees.

The letter detailed some of *our* concerns about memories bleeding into *our* conscious mind. The researcher/hypnotherapist held back from showing *us* this letter until after we had done a few sessions together. When he showed it to *us*

and said that it had arrived opened at one end, a rush of fear surged through *us* and *we* heard in *our* head, “Get out now, you haven’t done anything yet!”

He saw *our* look of fear and said he would continue to work with *me* if *i* wanted, yet he would understand if *i* did not wish to continue, that it was *my* call. *We* knew at that moment that *we* were being watched, that they were monitoring *our* every move, but who were they? They were so close to *our* conscious mind that *we* could *see* and *feel* them, but not name them. The fear *we* felt was very real, very palpable.

In his office that day, anger began to replace the fear that was a mask for the rage lurking underneath from a lifetime of abuse, torture, violation, horrification, and use. *We* told him, “Fuck it, *i* don’t want to stop!”

It is difficult to describe how it feels when there is more than one of *us* participating in *our* consciousness at one time, but some of *us* knew who and what was watching and waiting, and some of *us* did not. Those who did not began asking those who did, which was a good thing. What *we* did know was that whoever the watchers were, they had the ability to open a letter after it had entered the postal system, but at this stage, *we* could not consciously get a grip on why anyone would do it. *We* in front alter consciousness repeatedly asked *ourselves* who wanted to know what *we* were writing about to this seemingly unknown UFO researcher?

The postcard

In August 2008, just days before *our* alter *she 29th* announced herself to *our* conscious front alters and presented things to *us* while *we* co-existed with her, a postcard arrived at *our* general delivery address in Arroyo Seco. Within minutes of receiving and reading the postcard, *i* realized that not only did *we* not know "Bob," the anonymous handler who sent it, but it was loaded with triggers. In fact, the postcard was intended to trigger *she 29th* to return to Salt Lake City and finish the program thwarted four months prior: the "A. True" program and *our* suicide by *our* "eat a bullet" program.

the codes we *lived by*

The outfit

In September 2008, *we* received an outfit addressed to *us* at the art gallery where *we* worked and lived, despite having no address other than “general delivery.” *We* opened the package and found a black and white outfit, a top with pants from New York. *We* did not own a camera at that time and so painstakingly drew the outfit in *our* journal after leaving a voice mail regarding this strange package for one of the men *we* were working with. *We* were keenly aware that the outfit was a trigger and took time to draw the detail of the top.

In response to *our* message, the man called back that evening. We discussed the outfit and decided to get rid of it immediately! A handler had obviously sent it with some nasty “mojo." It is not uncommon for the network to do such things, so don’t kid yourself, it has an effect. *We* took a pair of sharp scissors to it and

shredded it, finally painfully realizing that *we* had been gone for a couple of hours because another from within had taken over. When time loss due to alter switching occurs, *our* sense of time and surroundings have a surreal nature. Often, *we* sense it coming on and as in this case often know afterward that it has occurred.

Within nine days of receiving the outfit, another program reinforcement occurred that was difficult for *our* front alters to take in. It was Sunday and *we* were working at the gallery when the thought came to *us* to drive 20 miles into Taos proper after work and see a movie. *We* had not been to the cinema for some time, due to realizing that *we* had been heavily programmed with and to certain actors and films over the years. *We* called the cinema. *We* had never heard of it but *Body of Lies* was playing. Something told *us* to see it.

It was set in the Middle East and about CIA espionage and murder in the name of national security—and loaded with triggers and program reinforcement. In true Hollywood style, the storyline included a romance between the star CIA agent and an Iranian woman. Part way through the film, the two of them are sitting at a small table at an outdoor café drinking tea, which was when a profound message was sent to *us*: the scarf the Iranian woman was wearing on her head was of the exact same material and design as the top in the outfit *we* had received in the mail just over a week before! Never had *we* seen that material and design prior nor since.

A rush of adrenaline and fear overcame *us*. At that very moment, *we* heard in *our* head, “We know everything you do, everywhere you go, even before you do. You can never get away.” *We* looked around the darkened theatre at the dozen or so faces present but could not see well enough to determine if someone there was doing this. Then *we* remembered that they don’t have to be physically present to do this shit. *We* crouched down in *our* seat and began to cry.

We have since bought the film on DVD. For *us*, having a record of the experience is important, a reminder that “There is nowhere you can hide . . .”

8

Entities

Entities and *demons* have deeply affected *our* programming and deprogramming. Not only have they played a dominant role in *our* abuse and use over the years, but they continue to play a very significant role in affecting *our* deep deprogramming.

Many who read this will have one or more reasons for not accepting the supernatural, either due to personal intellectual beliefs or spiritual ones that denounce the reality of evil. But the reality of evil as part of humanity's ancient and ongoing history cannot continue to be denied. Malevolence is real and not sourced in the bad intentions of men and women.

Our use of the words *entities* and *demons* may or may not be consistent with official definitions, but *our* intention is to present malevolence in the various forms *we* have systematically, consistently, and frequently encountered throughout *our* life, including the consciousness of *our* front alters. Both demonology and black tech are used in *total mind kontrol* programming, but the malevolent forces behind *our tmk* programming are very real and have for eons kontrolled the men and women through whom they work. *We* have learned this through being terrorized at the hands of *our* programmers, kontrollers, and handlers, and through *our* ability to significantly affect these malevolent ones by intensely and repeatedly focusing Benevolent, Unconditional, Creative Love.

There is no mind kontrol programming without this malevolence. Man is not inherently evil, and when one comes to understand the longevity of evil and its perpetration of malevolent deeds, it is no longer about certain men gone bad. It has gone on beyond a particular generation and through centuries of recorded history. It is the legacy of bloodlines designed by this malevolence, passing it from generation to generation, systematically, uniformly, without a break in the programming. Who man was before this interference is the question and where the Benevolent human soul comes in.

Within each civilization, black tech is introduced to the human element for the intended goal of *total kontrol* without total destruction. On an individual level, *we* were to be a *total mind kontrolled* hybrid slave for the life of this body with the intention of retaining kontrol of *my* soul after the body gives out. *Bloodline.* They feed off of *my* energy while utilizing extreme fear. They continue to attempt to thwart *my* grasp of *my* own Benevolent soul as a Creation of Benevolent, Unconditional Love. *I* will continue to struggle with what is within

and without, yet *i* have an ongoing consciously developing relationship with Benevolent, Unconditional Love. The "world of man" is co-designed by these malevolent ones.

Internal

By 2011, *we* have realized that what has been done to *us* has a lasting effect. This does not necessarily mean that they can use *us* as they did previously, but *we* have been unable to consciously encounter and dismantle their programming and completely stop their access to parts of *us* per *our* programming. *We* will not consciously meet certain alters nor be able to consciously come to a full intellectual understanding of their programming. Still, *we* manage the parts designed to remain allied no matter what to the malevolent ones through diligent, daily, active conscious connection with Benevolent, Unconditional Love. This is due to *our* Higher self being present and allowing ongoing revelations of what was intended by those who may still be susceptible to programming.

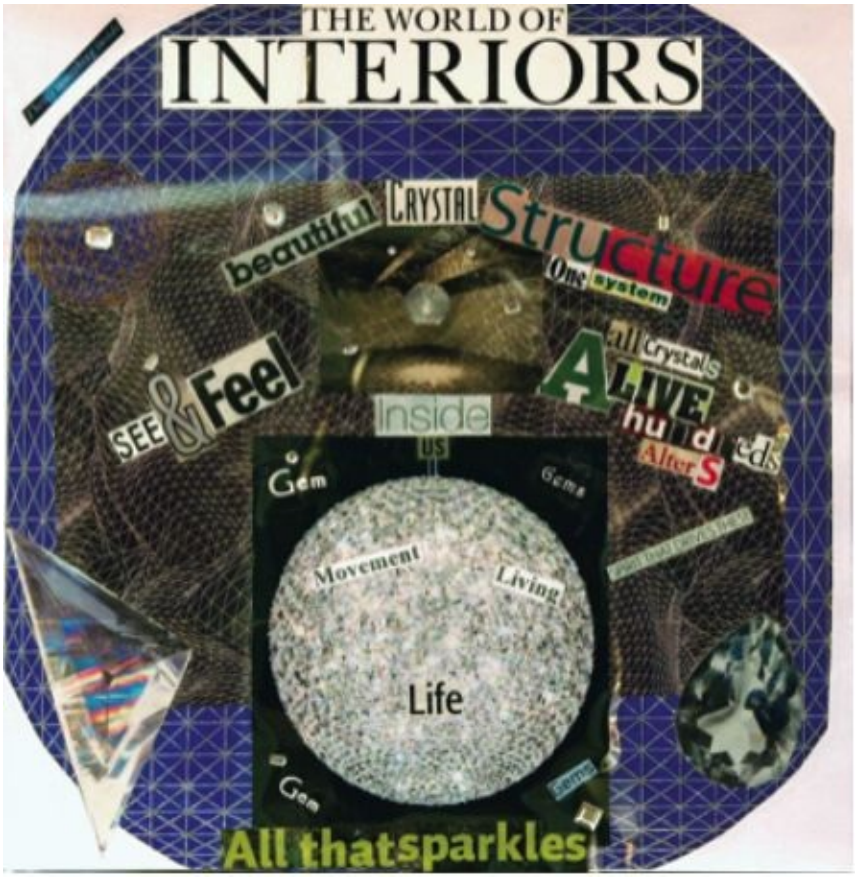
Despite no longer being under full programming, the rule that applies elsewhere also applies to *us*: that even with this Love, it is very difficult to fight an enemy one cannot *see*, let alone name. There is still so much *we* do not *see* or understand about *our* programming and certain alters. That *we* can still be accessed by malevolent *entities* by triggering programming in certain alters is due to the extreme nature of what was systematically done to *us* and maintained for so long.

Few do not want to be “saved” from some aspect of life, be it spiritual, physical, financial, or relational. *I* have learned through experience that *i* must engage Benevolent Love and *my* mind to save *us*. This combination has a profound and lasting direct effect on the access to internal programming that can and does still occur. *I* am an intelligent, self-aware, strong woman, and *my* willingness to write about the truth regarding the spiritual aspect of *total mind kontrol* programming should not tarnish that. Often, this spiritual aspect—especially sincere, intelligent discussion about *entities* and their relationship to programming—is denied from the public deprogramming sector.

I am not a Christian, but *I* have chosen to work with a few because they can and

do recognize the existence of *entities*. We may disagree on matters—*I* do not concur with “saving” someone from *total mind kontrol* programming via Christian exorcism—but we do agree on the malevolent foundation of *total mind kontrol* programming. *I* am in the daily process of active, consistent involvement with Benevolent, Unconditional Love combined with conscious and absolutely necessary healthy choices to bring a degree of release from *total mind kontrol* programming.

In more than three years of deep deprogramming, the hope that the evil will somehow leave *us* altogether is only wishful thinking. This is not a commentary on anyone else’s recovery and should not be mistaken for such. It is the expression of *our* experiences thus far as a deprogramming slave who even allowed a Christian exorcism at one point.



the world of interiors

External

The numerous attacks from without and varied means used are too numerous to list. These *entities* literally “ride the tech” in use. Combine the spiritual with the scientific and you will see how it works. The majority chooses not to look. *Our Life Beyond MKULTRA* is written for those who genuinely wish to understand.

Regarding external attacks, *we* experience the malevolent *beings* and what *we* believe are weapon systems. (Again, *we* recommend *Project: Soul Catcher, Volume Two: Secrets of Cyber and Cybernetic Warfare Revealed* by Robert Duncan.)

Sometimes it is difficult to specify the source of symptoms, but *we* are getting better at it. For example, the temperature changes in or on *our* body, as if someone threw a switch and a specific area is hit, combined with an instant headache. Or instantaneous extreme confusion that undermines *our* focus while downloading—again, as if a switch were thrown. Or not a simple case of memory loss but a heavy “fog” that *we feel* coming on from outside of *us*, adding to the internal “fog” that *we* can *see* and *feel* descending inside *our* head, programmed in years ago. Even some of the despair and loss of hope that *we* experience—again, like a switch being thrown—is due to tech overshadowed by malevolence.

After a while, one becomes able to *see* and *feel* these attacks when they occur. *Our* focused, intention-filled reliance upon Benevolent Love has been able to assist in alleviating some attacks, internal and external, some of the time, the instantaneous effect being a progressive relief over the course of an hour or more. Often, *we* convince *ourselves* to hold on, let it pass because it will, and not to give in to the programming being triggered, whether sourced internally or externally. *We* still have times of thinking *we* are not going to make it. *Our* positive practices must be done consistently, which for *us* means throughout the course of the day and night.

Tools for the Recovery of *Our* Splits

The following tools used in *our* deep deprogramming are now second nature, but *we* assure you it did not start out that way. Early on, everything malevolent in *us* fought against *our* doing these things, but the most Benevolent part of *us* won out and *we* kept going, kept doing what needed to be done despite the programming attempting to stop *us*. An all-out war was going on inside and outside of *us*, and *we* give thanks every day for *our* strength and support system. *We* will do whatever it takes to stay as conscious as *we* can in order to avoid such kontrol over *us* ever again, and do it always with the highest good for *us* and everyone else in *our* heart and mind.

The first time around, *we* were far too young to have a choice. Now *we* have one. However, complete deprogramming is impossible without *our* spiritually changed programmers present to assist.

Trusting someone

Trust was the most difficult but crucial step in the beginning. *Our* Higher self kept *us* alive for years and availed *us* of the strength to break certain programs enough so *we* could find the assistance necessary to begin sincere deprogramming. Finding genuine help is difficult enough without getting handled and reprogrammed, or getting sent on a self-destruct course once usefulness is gone. But it was breaking free of the “trust no one” programming that was the hardest, and it did not make it any easier that one of the men who assisted *us* was a man *we* had been programmed to kill.

freeing us

Though *we* still contend with trust issues, *we* have a couple people *we* do trust, and this is a miracle for *us*. Finding a truly safe person who is not a kontroller or handler is one of many life-threatening situations an awakening slave has to face, but making it through this danger is very possible, especially when focusing on the guidance, assistance, and protection of *our* inherent Benevolent, Unconditional, Love-filled soul. This non-dualistic, Unconditional, non-contemplative, omniscient Love excludes no one if they sincerely look to it. It knows no judgment, waits inside all human souls, has no form, and yet is and always will be a human soul's greatest ally. *We* found it active in someone who kept *us* alive in the early years of deprogramming.

What to avoid

Discernment is difficult to come by and yet absolutely vital to deep deprogramming. What *we* encounter from within is a fluctuation between the ability to know and the inability to know, and it is due to alters programming designed to facilitate confusion. *Our* first year of deprogramming was like walking through a mine field day and night. If it wasn't a kontroller or handler attempting to reach *us*, *our* own alters and their programming were trying to either get *us* to "go home," finish certain on-tasks, or die. *We* were hit from every side and then some. *We* recorded days and nights of five and six programs running at the same time. *We* came to at night during what *we* referred to as "delirious sleep," when programs ran without sleep with several of *us* consciously co-existing. It was terrifying and exhausting. *We* were flooded with memories being executed from within and without, a common tactic to overwhelm the deprogramming slave. Each passing day meant cultivating discernment. *We* neither trusted others nor ourselves.

Even before meeting the two men who have greatly assisted *our* deep deprogramming, *we* stopped engaging sexually with anyone. (Later, *we* learned that this was not true for all of *our* alters.) By the time *we* began deep deprogramming, *we* were consciously abstaining from sex, drugs (even over-the-counter), alcohol, and were vegetarian. (It is obvious why being a vegetarian feels necessary.) No mind-altering substances were allowed, except sugar. *Our* decision came out of the deep, profound knowing that so much was wrong with *our* life. This choice was second only to focused Love regarding *our* ability to deprogram.

None of this is required to get started but was *our* condition because of the debilitating effects on *our* body, mind, and spirit from years of trauma. The idea was to feed *our* health as possible without triggering or giving in to destructive alter desires. The deprogramming *we* have experienced began before finding any assistance. But it was slow and sure to fail without the further steps *we* eventually took through both Love and sheer will.

The degree of sexual programming is so extensive that *i* cannot consciously imagine being able to engage in sex without triggering any number of programs completely devoid of Love. It is utterly baffling to *me* how any high-level, ritually abused, trauma-based, *total mind kontrolled* hybrid slaves like *us* are able to dismantle enough to not be triggered into sex programs after the extensive and prolonged trauma and outright torture they have gone through for a lifetime. *Our* sexual programming began as a very small child and *our* use

lasted into *our* 40's and still continues at times on a beyond-three-dimensional level. Quite frankly, it does not matter if *i* ever engage sexually again. Love as *we* know it, on the other hand, is a completely different issue. The Love that *we* have consciously come to know has absolutely nothing to do with sex. For *us*, sex was a distraction and reinforcement for *our* programming, as well as to prevent *us* from coming to know Unconditional Love, the basis of all truth, the sole root of all of *our* trust.

Talking

Our programming was calculated to facilitate a “no talking” policy no matter what, no exceptions. Even death was an option before talking. Other interferences included screen memories and even real memories. They even program in how the programming will break down and a sequence to deprogramming to allow them to kontrol the release of information, such as having the child alters show up first because they held less important information than that of some of the deeper alters, fragmented presentations less mature and far more emotional, more irrational sounding downloads, etc. The programmers' science is amazing, but it is anything but foolproof.

Young alters' presentations often appear incoherent, particularly if someone is unfamiliar with *tmk* programming. Within the larger context of high-level, *total mind kontrol* programming, these young alters and their downloads are very important, yet in early deprogramming their truths can work against the larger truth if that larger truth is not known of or understood. Due to early experiences with those not savvy to *total mind kontrol* programming, it can actually work in favor of *our* programmers, kontrollers, and handlers.

It was only because *we* survived the numerous self-destruct and suicide programs and external attacks that the deeper information made it to the surface to be talked about. *Seeing* this was a stunning revelation and added another level to the absolute malice of these programmers. They designed the programming to even facilitate extensive torture and trauma from within while deprogramming, which was why it took years for *us* to get to enough alter memories to start making sense of it. Fragmented memories showed up a lot, and deceptions clouded the issues so much that most of the time *we* went in and out of feeling crazy. This method of using a programmed-in schedule for program breakdown

was intended to facilitate a death before any sense could be made of the information *our* alters presented.

One of the other methods was what *we* call “fog” programming. *We* actually *saw* and *felt* a "fog" inside *our* head as it descended over *our* brain from the inside, creating an instant confusion and loss of ability to relay information at the moment of downloading into *our* conscious mind or verbally downloading to one of *our* support people, thus affecting the capacity to rely on it as credible.

While consciously co-existing with other alters in deprogramming, *we* experienced a bizarre "no talk" program that prevented *our* conscious alters from overriding what some of the deep, dark alters were trying to do to *us*, and literally disallowed *our* conscious alters from speaking or vocalizing thoughts making their way into *our* conscious mind. When *we* consciously understood what was occurring, *we* were able to dismantle it with authority and Love. Other "no talk" programs included making *us* too ill to talk and punishing *us* during and after talking.

We have already talked about the latter part of 2008 in the Taos, New Mexico area when *she 29th* was attempting to acquire a 9mm and *we* could not speak of it even though some of *us* were consciously aware. *We* recall the conversations in *our* head between *me* and *she 29th and* being kontrolled by her. *We* also recall breaking that programming while driving down from Taos Ski Valley. The empowered Benevolent part of *us* came forward and said, “No, this is not an option, this will not occur.” The feeling was one of strength combined with forgiveness for her programming. It was stronger than her and clearly had the ability to remove the option from the table. *I* know this as *our* Benevolent will.

This occurred with numerous deep, dark alters and programs time and again. What *i* am really doing is reprogramming *our* alters in such a way as to remove them and their programming as the kontrolling force in *us*, allowing *our* Benevolent self to be that Loving, managing Force instead.

Besides *she 29th*, *our occult alter* has taken kontrol of *our* vocal cords even while *we* were consciously trying to take back control. It was only for a few minutes, but very frightening. *Our occult alter* called upon “the mothers of darkness” in the early morning hours when *we* were rising from bed and attempting to begin *our* morning focus on Love. (See Chapter 1, "Updates/The serpent in the Garden of Eden.") Ultimately, *our* focus on Benevolent Love with sincere intention while returning to a calm state of mind allowed *me* to be of

single mind again.

This “no talk” program is very powerful and until *we* came to understand what it was, *we* could not dismantle it, which is how it works with most of *our* programs. It takes time to really grasp what the program is and how it really works with the affected alters. It is not straightforward, and *our* deprogramming takes a deep, strong commitment that must be restated everyday with heartfelt sincerity and accompanied by an active, daily practice of what needs to be done. *We* cannot take a day off. When *we* on occasion faltered because *we* consciously chose to not do something (see Book 1, Chapter 11, "The 40's/The Relinquishing), *we* were set back in deprogramming. Of course, something can always be learned and is. Viewing things in absolute terms is hazardous to deprogramming, which makes *our* compulsive nature as a direct result of trauma-based mind kontrol programming even more challenging.

Bottom line: when *we* began talking about what had happened to *us* and what was still happening to *us*, particularly in April 2008, *we* truly began to break away. The power of being able to talk is a very effective and necessary tool in the recovery process.

Prayer, the practice of allowing Love to be

Prayer is for *us* the single most important tool when allied with conscious understanding of *our* situation, *our* programming, and what all of it meant for *us*. Still, *we* are not religious. Given that religion is a construct of *our* programmers, *we* find religious language and even methods far too reminiscent of those used by *our* programmers and disguised as something “good.” They are truly masters of this type of deception.

But there is something very real in *our* life, something better that always seems present when *we* focus on it: Benevolent, Unconditional, Creative Love. It is a constant force of Creation that knows no judgment, which sets it apart from any religious faith that *we* know of. The Love *we* know Loves equally.

Malevolence needs someone or something to be worshipped, someone greater than you who are not worthy enough. Their methods involve instigating and maintaining separation to keep one disempowered; they know that the real power lies in this Love and the human capacity to be with it, that it is what the

human soul is. Any judgment or separation is only another version of their construct. Repeatedly, *we* are told that this religion or that religion is different, but all doctrines separate through judgment, a specific language and name to be spoken and praised, idols of worship to be placed about. Some even believe that they alone will be “saved” while all others are left to the darkness for all eternity.

This is not the Love that *we* know and write of here. But it is also true that until one feels this Love, they will not know what it is not, then all that is needed is to focus on it in the vein of what is Benevolent and Loving in its truest form for all —a daily practice that never ceases to be necessary for *us* because malevolence never abandons its efforts. *We* continue to strengthen *our* alliance with the Benevolent, Unconditional, Creative Love of *our* soul.

In fact, this Love continues to work consistently because of *our* recognition that *we* have not been “saved.” *Ours* is a journey through, not a goal attained. *Our* contemplative practice focuses *our* mind, heart, and soul upon all that is Unconditional Love. *We* do not gain it like a goal; *we* remember it as always being here to keep *us* alive despite hundreds of times over *our* only "world of man" outcome being death and destruction. It is *our* focused intention that allows this Love to be consciously *seen* and *felt*, and *we* can only hope for the ability to be able to maintain this as deprogramming continues.

The following is one of the most frequent, consistent intentions *we* use:

> *Benevolent, Unconditional, Creative Love infuses us from within, surrounding* us *in Benevolent Love, Benevolent light, Benevolent protection and Benevolent safety, day and night, indoors and out, resting and awake, preventing malevolence from accessing* me *or any of* us *in any way known and unknown to* us, *in body, mind, soul or spirit, now or ever again.* I *exist in Benevolent Love from this moment forward.*

Journaling

A profound tool in critical ways, journaling has allowed *me* to *see* what refused for some time to remain in *my* conscious mind. It allowed the extensive and varied memories of all of *us* to be brought forward and remain recorded and not disappear back into the depths of *our* mind along with the alters who held them.

In early deprogramming, journaling allowed *me* and those consciously present—particularly front alters—to *see* and *feel* what others of *us* had known far too long on their own. This eventually facilitated a united front and provided a foothold for *our* deep deprogramming that could no longer be shaken loose.

Coming to understand *our* memories and experiences is an extremely important aspect to *our* deprogramming. If something within *us* remains hidden or deniable, it also remains apart from *me*. Journaling was one of the main tools that helped *us* to *see* what needed to be *seen* as well as providing a record of events over the years, facilitating being able to piece together a timeline of *our* life as if piecing together a puzzle of hundreds of fragments. Pieces are still coming forward, and making sense of as much of it as *i* can is important to *me*. *My* understanding is a significant part of the motivation to keep moving forward.

In the first 8-12 months, *we* journaled daily, sometimes throughout the day, due to downloads. In 2009, *we* decided *we* needed to write about what was occurring to *us* while it was occurring in deep deprogramming. Words have been and continue to be a very powerful tool for *us* for deprogramming. Despite *our* eccentricities and liberties in writing, most of the time *we* do well getting across the *see* and *feel*. This is *our* gift. The main challenge has been how to make it available as it was intended in content and format.

Audiotapes

In the first week of *our* deep deprogramming, *we* realized that the information coming forward was coming so fast and in such a great quantity that *we* could not write it all down. “Flooding” is in fact an intentional programming design from inside of *us*. *We* often felt like someone was trying to drive *us* insane, and *we* were right. Alters and their memories were presenting day and night, and *we* wrote and drew crude drawings as fast and furiously as *we* could. A mini-cassette recorder greatly assisted in this process, particularly during the night when programming seemed to be running regardless of *our* rest periods. *We* did not sleep; some of *our* alters rested while others remained ever vigilant and running *our* systems. *We* came to in the middle of running programs, grabbed the recorder, and recorded the fragments whether they made any sense or not.

We learned not to censor what came forward, just record it and attempt to *see*

and understand later. At times, certain alters were powerful and influenced *our* understanding of certain things for good or bad. Later, the information made sense to the small collective that was conscious and desired to assist *our* deep deprogramming. The mini-cassette recorder also worked well when *we* were driving and could not stop to write, such as when *we* left Salt Lake City in April 2008 and were returning to Taos and recorded almost the entire way back.

Our *collages*

Collages became a far more powerful tool than *we* could have imagined because they allowed the many of *us* to participate without having to present their identities, though at times during the actual collage design certain alters were indeed clearly *seen* and *felt* by
me. Anonymity was what some needed, including the fragments of *us* who are not even full personalities; the collages allowed them to make a contribution, then return to the depths within.

Some of *us* are incapable of so-called normal interactions. One of the most important requests by some of *us* is to not be asked who they are. So far, there seem to be two reasons:

First, many do not even know who they are, though *i* have now come to understand that for them. This was a real struggle early on as others of *us* felt a need to know who is who. But *we* have come to respect this and guard their right to anonymity. Offering this respect has often allowed them to change that on their own.

Secondly, some of *us* have tremendous fears regarding identities being revealed —even their existence being revealed—due to it having been or still being a case of life and death.

The collage work has been a huge step in the direction of coming to realize the significant number of *us* inside, as well as a strong sense for many that *we* had not yet sensed. Simply put, *we* could *see* and *feel* on a deeper level during and after the collage work; *we* had a much larger perspective of who and what *we* are. In fact, *we* are still finding connections in the collage pages put together years ago. This greatly assists *our* conscious understanding of *our* life and the alters who have lived various fragments of it.

You can see how incredibly helpful to *our* personal healing and further dismantling of *our* programming the collage process has been. Much of what is present in these pages was not—and in some cases is still not—fully understood by *us* in front alter consciousness.

Videotapes

At first, someone else was doing the taping. *We* were frightened and not very willing to tape *ourselves* early on in deprogramming due to programmed fears about repercussions from *our* programmers, kontrollers, and handlers. There were indeed repercussions, but they came with deep deprogramming in general, not just videotaping. They knew every move *we* made before *we* did, so the idea that if *we* kept silent and stayed hidden, *we* would be all right, was simply more programming lies.

We had never been silent and hidden from them, just from everyone else out there in the "world of man." They make the rules and they break them. *We* were never cared for nor respected, only for loyalty binding, and were abused and used. So to think that keeping silent and staying hidden might save *us* was just more programming with no basis in truth. For many of *us*, this took time to *see* and is still taking time for others with deeply rooted programs that do not allow them to *see* or *feel* their own trauma and torture by those they would protect.

The act of speaking truths out loud is very powerful, and it relieves the urgent need to "tell" that some of *our* alters find necessary. Videotaping records *our* process while it is occurring and allows *us* to *see* other parts presenting. *I* would go back and view a taping only to find that it was most certainly not *me* presenting.

In 2010, *we* purchased *our* own small camera to do *our* own tapings so *we* could be more spontaneous. This has been tremendously helpful in being able to talk about memories and download important information rapidly, knowing that even thought no one is there to hear it at the time, eventually someone will hear it.

We have been blown away by some of the information recorded because when it came up, *we* were not necessarily in *our* conscious mind. Due to the many of *us* and all the information they hold, it is far too much to keep in *our* conscious mind and function, too. Plus some of it is too horrible to be allowed to remain there, so *we* allow it to be released a little at a time until it is released enough

that the need for separation from it is no longer necessary.

When *we* first began to realize how many of *us* there are, *we* realized that it would take time. At first, it was difficult to accept: *we* wanted it out of *us* now! But that is not realistic. To deprogram in a way that is non-destructive, healthy, and hopefully long lasting, *we* must allow Love to take *us* where *we* need to go when *we* need to go there. Thus most of the videos are a very personal record, and copies currently reside with a few people *we* trust.

all rooms are born

10

Containment, Caution, and Hope

The placement of caution and hope near the end of Book 2 is by no means an afterthought. In fact, this chapter may be more disturbing in content than anything written above. *We* will neither mince words nor try to protect the reader's sensibilities, as deprogramming is a very serious endeavor.

For high-level bloodline, ritually abused, trauma-based, *total mind kontrolled* slaves who are waking up, the following is crucial to understand because it most certainly will happen. The circumstances may vary—the individuals certainly will—but the modus operandi is unmistakable:

They will send someone in on you, usually several, to gather your information and contain you. Brace for it; protect yourself spiritually and physically. This "containment" will come in a variety of forms and disguises, and if deemed necessary, will ultimately lead to your death. To allow continued use, reprogramming— reinforcing what was already placed inside, including "enhancements"— is one form of containment, whether with sweetness or threat, and when a slave's programming has truly begun to deteriorate, a final containment is sought: death. First, all the information the slave has to give is extracted and contained by limiting exposure; they know that some exposure must occur and will seek to minimize it. Then, if you are no longer of use or cannot be reprogrammed, the next containment will be slow or quick assured death. This is neither a new method nor an outdated one, and is extremely effective.

As *we* have repeatedly stated and written, they do not care how much one knows as long as the exposure can be kontrolled. A significant part of the story is not the same as the core of the story. Information related to key political figures—even naming them—is more often than not no real threat to them. Generally, they move in before it hits the public to any significant degree, and may even present the information themselves. By planning the release of information about themselves and their agenda, they maintain kontrol through containment. They watch, learn, and plan for future disclosures and make necessary adjustments to future programming methods. Rarely is there legal repercussion or significant public outcry because all is carefully kontrolled and contained through a variety of methods, including well-honed indoctrination and media kontrol. Truth can hide in the open when people are properly indoctrinated not to believe it and lack the strength to realize their own degree of indoctrination, which would be too

frightening.

Ideally, no one would talk, but the truth is that many do, for which damage kontrol is marshaled. Often, *we* hear, “Yeah, but they named so and so,” to which *we* respond that one of *our* uses was to eliminate their own. They have been offering up their own for centuries and will continue to do so. Ultimately, this kontrol is exercised by *beings* that are not human and therefore have no allegiance to humans.

Potential handlers who show up in deprogramming may be a psychologist with lots of experience with mind kontrol programming. Or the handler may be someone who understands in a sexual liaison. Or the father or grandpa figure to replace the one you were never able to trust. Or the older sister you needed when the real one could not face the truth of her own programming. Or the local pastor who can “deliver” you from it all in the blink of an eye. A helper, a protector, a friend. No matter the need, it will be provided. Precisely when, how, and who, will be determined by your handlers and kontrollers showing up in a succession of individuals originating from the same source: them. Unfortunately, many of the deprogramming options out there are tied back to the network in some way. This is important to understand so as not to become disillusioned and give up.

There are sincere people out there willing to help. Keep going! Most likely, you will stumble time and again as *we* did. Eventually, *we* developed a relationship to Benevolent Love, focused on assistance from that Love every day and night, paid attention and developed *our* skills of discernment. When *our* head began to clear, *we* even found that some of *our* programmed skills designed by them came in handy to assist in breaking free of *our* programming.

The idea that *we* can never really break out, never come to be the one in charge of *our* life is a lie. *We* have come to consciously manage through Benevolent, Unconditional, Creative Love, the most powerful force there is. *We* trusted it until *we* knew it.

Learning to trust *ourselves* was crucial, and going back and forth with trusting others, then not. With time, *we* saw that *we* have very good instincts, a well developed intuition, and an ability to listen to them, despite those who disagree with *our* take on things. It is a process and takes time—in fact, the rest of *our* life. *We* faced the temptation to alleviate *our* profound loneliness with the presence of others, no matter what. Isolation must be assuaged, but only gradually with time and a clearer head. With a support person or two—safe people you can trust—you can do this! You and your alters, with the constant

protection of Unconditional Love, can deprogram! It will not seem that way at first, yet if you keep going with that Love, it will be done. Don’t give up!

11

Untenable Final Ideas

Whatever affects one directly, affects all indirectly . . .
This is the interrelated structure of reality.

-Martin Luther King, Jr.

It is important that readers avail themselves of all the previous information prior to reading the following. All is written to offer a progressive context from early programming and use to our deep deprogramming thus far. It is of utmost importance to remember that malevolence is masterful at taking something beautiful and turning it upon itself. Reversals allow the ultimate kontrol.

The most untenable: Who I *am*

Who *i* am cannot be addressed without first addressing who *we* are genetically. *My* resistance to such has arisen out of a personal need to not feel so different from others around *me,* due in part to recognition of how *we* differ from acquaintances and strangers alike.

What follows does not affect *us* alone. *We* may remain isolated in this understanding, but *we* are not unique. Initially, isolation is implemented and maintained by the programmers, and the others' misunderstanding of our unique design helps to continue that isolation. As with so many aspects of *total mind kontrol* programming, one's misunderstanding from misinformation, disinformation, and indoctrination prevents deep understanding. This is true for all of us and is often a consciously missed effect of the global mind kontrol program.

We understand things that *i,* the front alter, have no previous exposure to—

details running deeper than intellectual understanding, arising from the depths of *my* mind, heart, and soul, spanning time and space in a very non-linear fashion. What *i* am elsewhere is also what *i* am here and now.

Though the methodology used by the programmers is “alter-ed” at points in time and space, it has also been the same for eons. So regarding what they *do*, there is really nothing new, but the goal is different: namely a new level of kontrol as regards a linear concept of time. Over the ages, this level of kontrol was elusive, given that the human domain is subject to a set of laws that must be adhered to. That alone is a vast topic, one about which *I* am not well informed enough to write.

One example is crossbreeding between the programmers' multi-dimensional DNA and human DNA, which is also multi-dimensional. The goal has never been to destroy humanity, only to “alter” it to the degree necessary to successfully kontrol its energy signature, the Benevolent nature inherent in the soul-mind. Thus, maintaining the presence of the human soul holds great value for these malevolent ones. It is what is truly sought after. They can *utilize* much more of the human body, mind, and spirit, but are denied *personal access* to such for reasons beyond *my* conscious understanding. What is within *our* current conscious understanding is who and what *i* am in spirit and body. At least part of this is in *my* conscious understanding, and *we* are going to attempt to share that here.

I am of a bloodline initially designed by these programmers long ago, a cross-breed of multi-dimensional DNA and human DNA, as well as other species DNA, designed to facilitate many things, most of which *i* am consciously unaware of, *i* am sure, such as truths about *our* abilities experienced in *our* front alter consciousness and through *our* alter personalities, as well as *our* other bodies. *I* refer here to those experienced within this space-time as well as those experienced outside of it.

Our experiential understanding of space-time runs outside the *programmed* concept of linear time. Programmed untruths always have to be accompanied by truth in order to hold the consciousness of humanity under deception's spell. To be able to explain space-time as *we* understand it is another matter entirely, given that *we* have to rely on the reader's ability to break through the programming impeding their ability to hear *us*, though they may listen.

Many of *our* experiences fall outside of linear time all the way back to early childhood. In fact, the genetic design of *our* body was no doubt to utilize the

many of *us* within the parameters of *total mind kontrol* programming so as to encompass the three dimensional realm *and beyond*. To only look to one or the other is very myopic, given that they are inextricably interconnected.

Particular bloodlines are of great significance to the attainment of their goals. Many out there were designed for such, and the programmers' ability to maintain containment through isolation is quite effective. Many of us could be in contact with one another, but to do so outside of the programmers' reach and kontrol is questionable and potentially dangerous. When one *sees* the true nature of handling and kontrolling, they get a clearer understanding of what it is that humanity is up against. Only then will the ability to affect become visibly evident.

It is *our* contention that the Benevolent nature of the human soul-mind is one of the most powerfully pervasive forces in all the universe, due to being inextricably linked to Benevolent, Unconditional, Creative Love. The *allowance* of that Love's presence consciously, actively, is the key to its effectiveness.

What needs to be *seen* here is the nature of those like *us* and how that carries on into deprogramming. *My* conscious understanding of *our* history is a result in part from cellular memory. These *beings* have been a significant part of *our* programming and use, many of them placed in *me* during programming. But that is not the complete picture. More often than not, possessing only part of the truth regarding *total mind kontrol* programming can be very detrimental to being able to truly understand what is at work. The human inclination to reach "either/or" conclusions is part of the malevolent programmers' indoctrination. Partial truths can actually impede further understanding. As with *tmk* programming, the realm of deprogramming is often not what it first seems, and that is indeed the case here.

The "*we*" of *me* is not solely what those within the deprogramming community have accepted as such. *We* have never wavered on this issue but have kept silent in the recognition of the inability of others to hear *us* correctly. *We* can only speak from the stance of a *tmk*, high-level *hybrid* design; *we* cannot speak to other circumstances, nor do *we* wish to try.

The apparent expectation of mental health professionals who have worked with persons suffering from programming similar to *ours* is that of an "integrated" person who returns to a wholeness originating from a "core personality"—a model *i* have no resonance with at all. Even the religious deprogramming community shares this view, though their methods differ. In all honesty—an

honesty remaining despite years of humbly attempting to achieve something resembling that model while consciously *knowing* that this was not what was occurring in *our* deprogramming—*i* am now ready to uphold what it is *we* know, different as it may be. Many who remain silent may resonate with what it is *we* present while remembering that programmers' nuances and specific programming may differ, not to mention the differences among slaves, such as pre-conception influences.

During *our* conscious deep deprogramming, a return to a “core personality"—an undeveloped physically, emotionally, mentally, and even spiritually thwarted part—has never made sense. After such fragmentation in mind and soul as *I* have undergone, it has never seemed correct that these splits would ever, nor could ever, be *fully* re-integrated in any conscious capacity. Not only do they number far more than most people could even comprehend, but many of them are allied to their malevolent designers in ways the deprogramming community has yet to sincerely consider as possible. These parts spend their entire programmed existence fighting any form of cooperation whatsoever, and not entirely because of the demonology they are under.

To be *seen* properly, this issue must encompass all of the circumstances of how *i* combined with *we* are actually living, now. *We* are living from *our* collective, personal experience, not someone else’s expectations.

First, much is lacking in the mental health view of MPD/DID. To *my* knowledge, nowhere has this issue been addressed for those like *us*:

> *The intentional design of hybrid, multiple personality* slaves *by malevolent programmers, kontrollers, and handlers represented in various government, military, intelligence, religious, and corporate organizations and institutions, as well as the various individuals associated with such, all utilizing sophisticated technology and occult esoteric practices in a most heinous scientific method to design completely dissociated beings with abilities reaching beyond perceived three-dimensional human limits, for the express purpose of abusive, malevolent, traumatic, and torturous acts of rape, murder, and more against humanity at the direction of the very same malevolent programmers.*

Until this is a part of the mental health community’s current DSM definition, *we* have no use for it. As anyone who has even cursorily investigated allegations of complicity on the part of many in the mental health community should know,

anything coming from the long-held traditions of this "community" should be viewed not only with discretion but with great suspicion.

Second, the expectations for a deprogramming slave—and a *hybrid* slave—who has undergone extensive and extreme programming for an entire lifetime, including the ongoing effects of on-tasks that occurred during several decades of use, are astounding to *us*. *I* have addressed this in both Books 1 and 2. This expectation usually arises from a misunderstanding of context, not malevolent intention, there being far more unwitting misinformers than witting disinformers, though both exist in significant numbers. Well-established indoctrination runs deep when combined with ongoing disinformation and misinformation, and is designed to buffer the unavoidable alarm from discovery, recognition, and acceptance of pervasive and extensive *total mind kontrol* programming. The natural inclination is to seek relief from the pain and fear of the “veil”-piercing discovery.

Nothing within *tmk* programming begs for revelation. Quite the opposite: its very nature defies Benevolent logical reasoning and acts as an assault upon all that one believes to be true. Understandably, many will step away as quickly as possible and by whatever means necessary. For those who for a variety of reasons cannot step away, a treacherous slope lies before them, it being difficult, if not impossible, for someone who has not experienced the life of a multi-generational hybrid slave to truly understand what a reasonable deprogramming might be, and this technology is accelerating at an unimaginable pace.

The problem with the expectation concepts of “integration of personalities” and “core personality" is that it does not take into account the advancing “black tech” being used by malevolent programmers against *all of us*. *We* cannot return to something separated from *me* almost a half century ago, which is now sequestered away in a void *we* cannot reach. The who of *me* now is a person who has survived against all odds and broken through various and sundry programs and “walls” within *our* mind that have sequestered away personalities that are and always have been parts of *us*, parts of *me*. Whatever is left of the original *me* is a part of something much greater now, a part of many lives lived from within one body.

I am not a “system” of programs, nor malevolent *entity*-run alters, but a group of people who have lived *our* lives together and apart, born of the same fragmented human soul now fronted by a person who is becoming as whole as she can be with the assistance of Unconditional Love and other parts of *me*. *We* work

together. This front part is *developing* as a person, exiting the limited, programmed shell of the front alter personality with the assistance of all the other participating parts as fragments of *our* human soul belonging to *me* are extricated. It is the degree of extraction of *our* soul's fragmented parts from the programmers' grip that will determine the nature of *our* future course, not alter integration alone.

That *we* should become an *i* as currently dictated by experts trained by institutions run and kontrolled by malevolent programmers is unacceptable to *me*. *We* have never wavered in how deep deprogramming must be pursued, though *i* continue to self-inventory other possibilities, given that *we* are hybrid to a degree that not all slaves are (pre-conception design). Now, the programmers are apparently making *post-conception* genetic adjustments, as well.

Nor do *we* place faith in the lasting effects of religious exorcism of the *entities* running the programs and thus *our* alters. Only by *our selves* can this be achieved. This insight is based on a personal experience in deep deprogramming. *Our* experience is that exorcism facilitates a temporary reprieve only. Outside support is a necessity for *our* deprogramming, but not someone fixing *us*. There are always exceptions, so *i* do not wish to address conditions *we* have not experienced. It is *our* hope that many avenues to sincere deprogramming will be developed in time.

To summarize: *What were once frontline alter personalities— including the main host—are developing into a full person with the assistance of the many personality fragments who are and have always been* me, *with the guidance and assistance of the parts of* our *fragmented, human soul/spirit.*

I am not regressing to an undeveloped, inexperienced, dormant, infant core. Instead, *i* am the culmination of all that *we* are, from parts of *me* originally split off who have lived lives as full personalities to many who have lived fragment lives, all of whom are and have always been parts of *me*. With each of them come the lives and partial lives that they have lived. *Our* infant core is a part of *me*, not the other way around. This is who *i* continue to *consciously* become: a person born of everything that has occurred up to this moment.

This is not a case in which all of these personalities are up and presenting fully at once. In *our* deprogramming process, they become part of a cohesive, conscious state in which they do not cease to exist but instead become part of a conscious, Benevolent collective as opposed to a robotic hive mind at the beck and call of malevolence. Using the term "*we*" has elicited an indoctrinated program

response from those around *us*, one set in them long before *we* began *our* deprogramming. If this reference cannot be understood presently, *i* am certain it will in the future. Perhaps another will do far better than *i* at relaying why.

From a more genetic perspective within *our tmk* hybrid experience, the part of *me* that is them remains. What is and has been present within *us* cannot be viewed solely from the "entity possession" utilized during programming from very early on and continued through the years of on-task use and program maintenance. There is more. Again, we must consciously move beyond an "either/or" level of truth.

"Hybridizing" a slave in a pre-conception design means an aspect is present in them from that moment on, not just a *potential* for them to inhabit that body through demonology. "Hybridization" facilitates more than a potential possession that will later be used as a highly functioning aspect of *tmk* programming. It offers something far greater regarding use: an *already present "them"* within that body, an aspect that needs no instruction or training, only needing to be loosed on the world in a *tmk*-kontrolled fashion. All *tmk* programming that follows is in addition to this and will be determined by what is already genetically present per "hybridization" parameters. Thus they are already present in a far more profound way than just *potential*.

The deprogramming process for *me* involves the human me and the part of *me* that is of "them" and shall remain as such while *we* are in this body in *our* current state of consciousness. (*We* believe deeply that there is an exception to this inevitability, though *we* will not bring it out here. However, *we* are working with this.)

This became clear only after *we* had attained a certain degree of deprogramming involving *entity* removal, which must continue systematically throughout deprogramming in order to successfully allow program dismantling. Until this is accomplished to a larger degree, *we* cannot *see* and *feel* being hybrid with the needed clarity and understanding to begin addressing it. Preventing this from being consciously known is part of *our* programming, and having this information is not in and of itself a sign of being in *sincere* deprogramming, as is also true with so many other aspects of programming and deprogramming. *We* classify this as part of the indoctrination so well accepted as "either/or" programming.

What lies under *total mind kontrol* programming that involves intentionally designed MPD and demonology is the preconception hybridization and what that

truly means regarding use within this life and beyond. Add cloning to this as well as other realized, horrific designs, and one will begin to see a very different picture of what *tmk* programming truly entails.

*I'*ve been consciously aware of *my* hybrid status for many years, but have repeatedly attempted to deny it, assisted by others' disbelief. Only in its final acceptance has the truth of *our* programmers and *our* connection to them become so clear.

Breaking the cycle of species perpetration

This is a deeply important issue that remains extremely unpopular. Without individual acceptance, the current state of human kontrolled consciousness being taken to the "next level" will be maintained. *I* am not referring to shifting human consciousness, as those in the Transhumanist movement would have it. Whether or not Transhumanist or Singularity members grasp who and what is really backing the movement, *we* are sure it was designed by the very same programmers *we* know.

The shift *we* refer to is one of allowing what already exists as pure, Benevolent, Unconditional Love to be. Allowing this Love to prevail in all things is the precursor to dismantling all that is of malevolence. The two cannot inhabit the same space at the same time. For this to take place, humanity must first come to the full conscious realization that *all human perpetrators were victims first*. This equation facilitates multigenerational programming.

But this is only half the equation, and this is where it becomes very difficult for people to hear, let alone accept: *All victims become perpetrators*, though *the degree of perpetration* varies greatly from person to person, even including unwitting perpetration. Until human society comes to terms with each individual's role in perpetuating perpetration, the situation will remain as human society kontrolled by malevolence, whether mass mind *kontrol* or the extremes of high-level bloodline, ritually abused, trauma-based, *total mind kontrolled* hybrid slave programming. *Each becomes a perpetrator*.

Even viewing *ourselves* solely as victims without acknowledging *our* perpetration born out of that victimization would mean *i* could never truly begin to heal. To disavow any participation in *our* role as a perpetrator is a lie. Acknowledging *my* responsibility in *our* choosing to survive led directly to the

murder of others at *our* hands. It is true that *we* were fully programmed and kontrolled, but to view this as a black and white issue, “good” versus “bad,” is impossible for *us*. *I* must come to terms with *our* perpetration and have been in that process for some time now. To attempt a stance as solely a victim would be irresponsible. Upon *consciously* accepting this— through the *clear* recognition of this truth while sustained by Unconditional Love—*i* finally began to be truly freed from the bonds of shame and guilt that remained with that denial. Blame and shame only facilitate programming. Perhaps this can only be understood by the victims of extreme programming, *i* do not know, yet *i* do know with absolute clarity that this is the truth of *our* lives. Taking responsibility for *our* perpetrator alters has allowed *us* to move into a deep degree of emotional and spiritual healing.

The obscuring concept of good guys/bad guys has long been a mainstay of malevolent programming. Whether one’s perpetrator role is denying the existence of malevolent programming in the first place—*tmk* of the individual slave or *en masse*—or more heinous, complicity with foreknowledge, all become participants in continuing the success of *tmk* programming. It becomes a perpetration through perpetuation, witting *and unwitting*.

Then there is the profound, deep-running *hybrid* genetic link to these programmers; even this does not relieve *us* of responsibility for *our* actions nor lift *our* struggle with guilt and shame. However, by consciously owning the situation as it is, *i* am allowed to sincerely move forward in forgiveness of those parts of *me* as *i* address *our* responsibility for being a perpetrator as a direct result of victimization, genetic and otherwise. By removing self-imposed denial, *we* can then use of *our* energy for truth.

The malevolence *i* refer to is not born of a single script; it is the same malevolence in text after text through the ages, going back as far as is known and even farther. The names may change, but the malevolence does not. A dimension-crossing malevolence feared and revered as gods and called by various names in various locales as the progression of linear time has permitted upon Earth. Their power of deception is rife with misinformation, disinformation, and indoctrination that veils consciousness even as they enslave us. So deep and thorough is this deception that the victims themselves defend their enslavers' non-existence. The irony is that the force of Love due to the Benevolent soul living in each human form is far greater, the exception being soulless malevolent slave designs. Malevolence knows about this Love and fears

that the conscious, active realization of it could occur in each human soul.

In order to dismantle and remove these malevolent programmers *once and for all*, this Love must be allowed to prevail in each individual. The programmers know this and have worked for eons to keep this understanding out of human consciousness. Humanity's union one to another is never to be subject to any institution, organization, or god of superiority, nor is it the goal to become as gods, as the programmer-backed Transhumanist movement recommends. Such so-called gods are not gods at all, except in program-induced, acquiescing minds and spirits under kontrol. Union of heart and soul needs nothing of ritual, dogma, or ceremony; it only needs the individual to honestly and truthfully face what is —and what is not—whatever the personal attachment.

This is by far *the* most difficult journey that any human soul will ever face: to simply allow Benevolent, Unconditional, Creative Love to reveal itself from within. Quite uncomplicated, yet extremely difficult, due to the resistance the effort will meet—the resistance from within and without born of malevolent programming and the degree of individual and societal acceptance of such, and nothing more. Humanity is not innately evil but humanity's programmers are. The human propensity toward violence is born of programmer malevolence and enhances the "energy" they seek while perpetuating their kontrol.

Once the misinformation, disinformation, and heavy indoctrination heaped upon us for eons is acknowledged, the second step is to face the degree of variously accepted untruths within our *own* lives as well as our tenacity to cling to them, no matter how painful and no matter how vulnerable we feel over these revelations. The sensation of powerlessness will be deep but temporary *if* we continue to sincerely seek to exhume the truth. For *me* and for the *us* that lives in *me*, this is a painful, ongoing journey that is absolutely necessary. The farther *i* go into it, the more challenging it becomes. This is by design!

Coming to consciously know one's self and embracing deep knowing—no matter the distractions thrown in one's way—is the only lasting solution for the individual and the whole of humanity. It is not about becoming part of "one consciousness," the "hive mind" that New Age programmers seek; it is about an *individual's* journey with Love as the ally—Love that naturally allows an eventual connection to others who are doing the same, all of which will innately heal a species and remove the situation whereby malevolence could strike at ever-present vulnerability.

This is not about an evolution; it is about *a remembering and allowing* of what is

true. This is not just for high-level *tmk* slaves; it is available for all of humanity, to be a choice made willingly by each individual. Until this occurs on a significant scale, those on the cutting edge (and being cut by that edge) will continue to fight for freedom. All of humanity needs freedom from their oppressors, not just those the media talks about!

First, though, each human being must come to *see* their oppressors as they really are and how it is that each of us is used to maintain and perpetuate a dominance-and-submission model. As long as the many remain under "veiled" consciousness, even the few cannot reach wholeness. Do not let the illusions of daily life get in the way, which is the intention: a design of distraction.

The true Benevolent nature of humanity is *magnificent* and far greater than any carnal pleasure or success. Unrecognized by most, malevolence is so far successful in wielding pleasure and pain, and when the line between them blurs, malevolence has succeeded. When humanity defends malevolent programs as being of their own making, righteous and true, malevolence has succeeded. We can only help one another if we first face ourselves. It is not just about *seeing* our own degree of perpetration; it is about *seeing* who and what we really are and allowin*g* that to be ever present—*the* monumental task.

It is not *my* intention to blame *us* or others like *us*, but to openly acknowledge *our* responsibility for *our* part in how programming is being allowed to continue uninterrupted and evolving. May *our* energy be focused on the complete dissolution of malevolent programming. But if *i* attempt to deny *our* responsibility, this will not be possible. Consider this a call for acceptance of Benevolent, Unconditional, Creative Love on an unprecedented scale, an absolute necessity for the release of one and all from the grips of eons-old malevolence. It must first take place individually in order to be effective on a mass scale.

The Transhumanist super-hero

The entertainment value of the superhero and villain may seem innocuous at first, but like many aspects of societal indoctrination, it is far more sinister and reaches much farther back than modern day comic book characters hitting the big screen. The superhero and villain are the ancient archetypes of stories told by people throughout human history. That the same archetypal stories and

characters jump throughout historical time from civilization to civilization as demi-gods neither fictional nor mythical is proof of a reality that cannot be denied. In other words, the longevity alone is a testament to their actual existence, and that they were viewed as gods is understandable, but these demi-gods are anything but.

If it were about the reach and magnitude of ancient Sumer, it would be accepted as truth, but despite all the artifacts supporting the existence of demi-god interaction with the human race here on Earth, their existence is relegated to myth.

The present-day Transhumanist desire to be "super-human" is the same theme with the same characters. The Transhumanist movement is like the old theocratic religion supported by slavery. All the talk about uniting "tech" and neurology/biology to create the ultimate human cyborg is just another version of the old repackaged demi-god stories.

Same program, same goal: the "next level" of subjugation—the selling of the individual human soul/mind by subsuming the Benevolent aspect unique to humanity. The "next level" in this space-time is to remove the choice that has been available to humanity—conscious choice—*without individuals recognizing that the ability to choose is no longer an option*. By combining technology and the esoteric, the End Time agenda will be achieved.

Superheroes and villains disseminated in entertainment to encourage acceptance of the idea that being superhuman—whether the good guy or the bad guy—is exciting and admirable, so that people will accept further programming of humans. *Mighty Man* (1978), the *X-Men* series of today—super human abilities strikingly similar to abilities reported by slaves attempting to deprogram from multi-generational, high-level bloodline, *total mind kontrol*, hybrid slave programming, some of which certain alters have reported to *us*. These abilities are not fictional, only fictionalized. Modern day slave models were designed to reanimate the *Mighty Man* of old.

Interference and abilities

Prior to deep deprogramming, *our* conscious mind perceived no sign of dyslexia. When *we* began deep deprogramming at age 46 years, *I* began noticing some reversals while extensively writing on a computer about *our* downloads, as well

as *Our Life Beyond MKULTRA.* So far, *we* only experience it in writing, not in reading. It definitely creates interference to relaying *our* story. Is this dyslexia part of an alter interference program due to *our* prolonged attempt at deprogramming?

This dyslexia may tie in to another condition, pervasive and chronic as well, which began long before deprogramming. *Our* eyes experience what *we* can only liken to a “hiccup” in *our* visual field. An analogy might be sitting in a movie theatre, totally engrossed in a film, and once consciousness is fully entrained (no longer aware of their surroundings), a “hiccup” occurs in the film reel and momentarily shutters the view on the screen, prompting the viewer to return to conscious awareness of the surroundings and of watching a film. This is what it is like when a visual "hiccup" occurs. It is as though the visual field is suddenly jarred and *we* are aware that all is not what it seems, despite what *i* am seeing.

We see, *feel*, and *hear* the flow of electric current going through devices, regardless of their design or use. In each and every case, it is a disruptive sound that causes *us* discomfort. Sometimes, *we* have to disable the device, due to the adverse affect on *our* entire being.

Then there is the ability of knowing what a person is going to say. This has been with *us* for as long as *i* can recall. Victims of high-level programming often have abilities that confound status quo human society, due solely to indoctrination. Uncanny abilities seem normal, not extraordinary, when you live with them. It doesn’t even feel like *we* are exercising or controlling them; they just seem to occur more frequently than not.

Knowing what a person is going to say before they say it aloud most frequently occurs during face-to-face interactions, though it also occurs long distance and sometimes before an interaction even takes place, including on the phone or when viewing a pre-recorded video of someone on a monitor. *We* generally react and/or reply to the impending statement or question *prior* to its delivery. This occurs with great consistency with particular persons, at times causing discomfort or annoying them. With one person, *I* attempt to hold back *our* response until their verbal delivery is complete. The most common form is answering a question before it is verbally asked; this seems to depend on who of *us* is present—which alters are predominating—and *our* condition at the time.

We never really saw this as *precognitive telepathy* until we witnessed another slave doing it. It is actuated via *enhancement programming*, with a direct relationship between the level of energy in the dialogue and the frequency of its

occurrence, though there are exceptions to this as well. The more intense and truth-oriented the dialogue, the more frequently it occurs. We attribute this to truth's intensity and depth encouraging more alter presence. Additionally, *our* precognitive "muscle" often reaches into the lives of many we do not know.

We experienced telepathy with a male bloodline slave over the course of several days. It was not something either of us were doing intentionally; it just occurred and it was not until we were no longer in contact that *i* realized the ease and extent of our interaction. It was incredibly refreshing for *us*. Though *we* were comforted by this exchange, it was also exhausting to be around him, due to so many of his and *our* alters interacting on so very many levels. *I* was just a couple of years into deprogramming, and he was clearly still being accessed by his handlers and kontrollers.

My *clones*

As with so many realizations for *me*, the front alter, facing *our* past and present never cease to require a courage that *i* am becoming all too painfully familiar with. It is not that *i* do not wish to understand the truth of *our* lives with extreme clarity, but it requires reaffirming *our* choice daily. No matter what *i* must face, it is *my* express desire to continue to move further into the conscious understanding of what was done not only to *us* but to many others out there.

The conscious acknowledgement of *our* clones came with the most somber and thoughtful release of *my* denial and understandably took quite some time. The truth of *my* multiplicity remains unchanged with the release of *my* denial about *our* clones. That *we* are a high-level bloodline, ritually abused, trauma-based, *total mind kontrolled* hybrid slave remains true. That there is more than one physical, flesh and bone *me*—other versions of *us*—has become a conscious reality in addition to the former understanding of *our* MPD.

me, me, me . . .

There were at one time four other three-dimensional versions of *me*. While in alter, *we* have encountered at least one of those clones, previously thought to be an alter due to *my* denial and limited understanding of what *we* have been through. This occurred despite the fact that upon her initial *conscious* presentation she was clearly *seen* and *felt* as *different* than the other alters. At that time, *my* ability to grasp the depth of that difference was severely limited. Denial and compartmentalization work well that way. Her role during that presentation was as a handler for one of *our* kill alters, *alter 14*.

These clones became a part of *our* experience when *i* was 27 years old. In that summer of 1989, *our* personalities were transferred to one of the clones in a facility in New Mexico. *I* do not know why this took place, though *i* have suspicions. *I* also have reason to believe that *our* original body is no longer alive, as well as one of the cloned bodies, leaving three clones. *I* am deprogramming in this body while two others remain “active” and under programming while

working for the programmers and kontrollers.

We have a terrifying, lucid memory fragment from the mid-2000s of attempting to escape from an underground area in New Mexico *before* a second switch of bodies took place, when *our* original personality was put into a second cloned body. *We* were rounded up by a “recovery team” via helicopter. (See "Underground Escape" in Chapter 2.) The reason for this switch may have been that this cloned body would better facilitate their destruction of *us* as *our* programming broke down. It is *our* understanding that this vast facility with tunnels stretching into several states in the Four Corners region had to do with crossing the spiritual aspect of programming with black tech in such a way as to maintain kontrol. Breaking the spiritual aspect of programming is a very important part of *our* deprogramming, as well as coming to understand it intellectually.

This conscious understanding is not a welcomed one for *me* for several reasons.

The act of recovering *our* alter parts in deep deprogramming has long been a controversial subject within *our* personal support group. Though that group is rather small, the opinions regarding this matter are as numerous as its members. Despite their much valued input, *we* contend that *our* situation—which involves such a vast amount of alters designed and used in the manner and to the extent that they were—inhibits a *complete integration* of *our* personalities. Dealing with other bodies that are *ours*, bodies that contain a part of *our* soul as well as possibly other personalities, also presents an obstacle not acknowledged by anyone *we* have yet encountered in the deprogramming community. And yet a significant degree of management of *our* parts can be obtained, management being quite effective with the numerous alters as *we* continue deep deprogramming.

Two of *our* clones are still “active” and kontrolled by *our* programmers. *We* originally numbered five physical beings in total—though not from birth—including the original *me* from which the other four came, with two of those four clones currently “active.” *We* believe the other two have been killed, though *i*, the front alter, am not absolutely certain of that. From a programmer’s standpoint, it is not difficult to comprehend the value of having five of *us*, particularly when one understands how successful “black tech" has been.

Several other disturbing points must be addressed.

First, the status of *our* soul fragments and the potential degree of reclamation of

our alter parts, not only within *me* but also the soul fragments contained within these clones that may possibly also suffer from MPD. Which soul fragments might still be kept in underground facilities *within* the clones, and which in a different manner? *I* realized long ago that *my* soul had been fragmented with esoteric “black tech,” and that at least a couple of those soul fragments were still in more than one underground facility. This is where the uncertainty comes into play regarding the two remaining clones in “active” status.

Second, that *i* am not the original body and *we* are residing in a clone. *I* am, however, the original trauma-based multiple personality living in that cloned body. A clone can be downloaded with an entire real personality with lucid, vivid memories belonging to another body. There is no question *whatsoever* for *us* that this is the current state of “black tech” available and utilized with success for many decades by these malevolent programmers.

With *my conscious* acceptance of *our* clones' existence, another unexpected avenue of understanding has opened up in the past year, that of a much greater understanding of many memory fragments from *our* past that were unexplainable within the framework of *solely tmk* programming involving one body. *My* own denial about *us* allowed *me* to hang onto that incomplete truth as if it were a life preserver, given that deep deprogramming is an excruciating, ongoing process.

My exposure to “lives” lived in a completely divergent reality to the one lived and accepted by society at large perpetuates a separation that is difficult to resolve. The truth of *our* experiences—and now those of others who are reporting the same—has made *our* revelations untenable at best. So much of *our* history and present circumstance now understood is due to what has been released from "behind the veil"—an intellectual understanding fueled and guided by Benevolent Love.

Only a few people have been able to even engage *us* sincerely in most of these matters, let alone accept their reality. Human society needs to come to understand the machinations of their world on physical, mental, *and spiritual* levels if they are to survive with any conscious freedoms. That the human species will continue is not in question. However, the conditions of that survival are in question and must be addressed in a thoughtful, sincere, and active fashion, and now. A most distressing confrontation must take place before this can occur.

ELISA programming

Our *Life Beyond MKULTRA*, Books 1 and 2, are a significant cross section of *our* experiences within the MKULTRA network, from *our* perspective. *We* always keep in mind that "insider" information is remembered in compartmentalized pieces from which a vast story can be pieced together. As people come forward, more and more pieces connect up and the bigger picture begins to come into view.

This is how *we* perceive Mr. Duncan's work as well: pieces of a fragmented story he accumulated after his torture and programming that *we* can then, with discernment, overlay onto *our* pieces and those presented by other victims. Discernment is essential to forming an accurate big picture.

Readers who haven't been victimized by MKULTRA should keep in mind that just because something falls outside of one's limited context of experience does not mean it should be relegated to the trash bin. MKULTRA mind kontrol methods and procedures were and still are extreme and diverge radically from mainstream daily reality.

In April 2013, *we* began reading an edited-for-ease-in-reading version of Robert Duncan's online book *The Matrix Deciphered*. *I* use "began" because this body of work often triggers *us*, due to similarities to *our* own abuse and programming. Triggering is not exclusive to Mr. Duncan's work but occurs anytime *we* read material associated with MKULTRA and SRA [satanic ritual abuse] programming. *We* have learned to temper *our* exposure.

Despite *our* limited scientific understanding of the "tech" revealed in *The Matrix Deciphered*, *we* acknowledge the importance of what is being brought forward. In fact, in *our* opinion it is unprecedented. However, like the many others out there like *us*, once programmed, always accessed to some degree; it is the nature of MKULTRA programming. So whatever any of us who have been its victims say, books like *The Matrix Deciphered* ought to be read with that awareness.

Imagine *our* surprise when in the Table of Contents we read, "Elisa and neural linguistic programming using phonemes from brainwaves." It was no coincidence, and indeed struck *us* as very personal. As with many "alter" memories that surface and at first *feel* as if something is sitting just on the periphery of *our* conscious grasp, what *we* read began yet another process of conscious understanding.

Following are ELISA excerpts from *The Matrix Deciphered*. However, readers should avail themselves of the entire book in order to understand how they themselves might fit into the remote mind kontrol agenda now up and running.

> **ELISA was an artificial intelligence computer program that the Stanford Research Institute demonstrated back in the 70's. It acted like a psychologist and asked stupid questions and responded to answers, parsing and understanding sentences. This field is called *natural language processing (NLP*)—not to be confused with neuro-linguistic programming (also NLP). ELISA fooled about half of the people into believing it was a real human being on the other end.**
>
> **Fast forward 35 years and instead of parsing natural language phrases from keystrokes, ELISA recognizes phonetic brainwaves and parses them into words and sentences for artificial intelligence (AI) and natural language processing (NLP). Now the tortures and menticizations can scale to entire populations through this automation . . .**
>
> **The brainwave cognitive ELISA adds realism by inducing an empathetic emotion with the words the target feels, thus adding a new dimension of convincing the target that the synthetic mind virus is a real person . . .**
>
> **In the 2003 film *The Matrix Revolutions,* Agent Smith becomes a virus and starts cloning himself into everyone he touches. There only needs to be one nearly perfect cognitive model like this and then the supercomputer can evolve and simulate multiple copies of that mind virus. Think of this mind virus as a much more advanced ELISA artificial intelligence program, except that rather than based on just words and some logical inference engine, it uses a neural network model.**
>
> **One of the duties of a "psychic warrior" or the simulated ELISA cognitive model sentence stimulator is being able to endlessly engage the target in useless banter. The strategy is to be as controversial as possible. With someone you know, practice walking away from or remaining silent when faced with offensive and disagreeable speech. With enough practice, you will have developed a most important skill against a voice-to-skull (V2K) electronic harassment attack.**

Briefly, “ELISA” is psychic driving software[1]—an automated computer form of a real human being speaking.

Mr. Duncan points out that neuro-linguistic programming was introduced into the Army and pursued as a weapon by the infamous U.S. Army Col. John Alexander, and that NLP "masters" can kill people with NLP. In *our* Book 1, the collage "Greer’s Girl" references NLP, as does *our* collage “Faces of Them" above. *We* have reason to believe that Col. Alexander was present at the facility outside Albuquerque, New Mexico when *our* clones were brought online and the first switch of *our* full MPD personality was made into one of those cloned bodies. *We* wrote about this in Book 2 and shared it with some of *our* support people prior to reading *The Matrix Deciphered*.

> "Enhancements” to *our* programming have taken place in several such underground facilities. *Our* trip in 1989 across the United States also involved being taken to underground facilities, particularly in New Mexico. *We* have been in at least four different locations underground and suspect several more, including a facility associated with Sandia National Laboratories in Albuquerque and Los Alamos National Laboratory not far from Espanola, an incredibly dark town.

The pieces presented by Robert Duncan validate the understandings *we* have regarding such matters within *our* own personal experience. After overlaying what he has revealed, *we* have come to the conclusion that the current “black tech” being utilized is not only “EEG heterodyned cloning” utilizing brainwave frequencies, but also actual *physical* cloning of the human body into which personalities can be downloaded. Additionally, the psychic driving for *tmk programming* is no longer necessary in person. Remote processing suffices, once a person's brainwave frequencies can be sufficiently tracked by AI. There will always be high-level slaves designed by multi-agency organizations, but now the average citizen is also a potential victim.

We also believe that part of the reason he was allowed to present this information is to further obscure the issue of physical cloning within the “black tech” world of mind kontrol programming in the name of *Revelation of the Method*. See "The Scapegoating of Ted Kaczynski: Cereal Murder and the Group Mind," Joan D'Arc's *Paranoia* 2000 interview with Michael A. Hoffman II, author of the elucidating *Secret Societies and Psychological Warfare* (1992), now free on the Internet:

> Hoffman: *Revelation of the Method concerns mind control in the last stages and at a high level. When you tell someone what you are doing to them - murder, mayhem, kidnap, rape, you name it - and they do nothing to stop you or protect themselves, you have created a doubly enslaved subject.*
>
> *This is part of the motivation for the occult processing of America through ritual murder, etc. The Cryptocracy carries out "cereal" murder crimes attended by archetypal signs and symbols which the dreaming mind of the Group Mind groks at a certain level. Next they confess in the Videodrome that it is the police and the authorities who are behind the crimes. Then they let the whole stew percolate into the psyche of the masses until the next covert sting operation.*
>
> *This is partly why we have the least revolutionary and most passive population in recent memory. I'm not advertising the invincibility or genius of the Cryptocracy. They are succeeding by default and by dint of their great gambler's instincts. It's a huge risk to reveal to people what you've done to them. Somebody who can decode this for the masses can short circuit it and turn it against the Cryptocracy.*

Furthermore, *we* believe that the release of *our* story publicly as that of “Elisa” will be relayed to those “in the know” that this is what ELISA cloning tech currently looks like when deprogramming and “going public.” It has long been *our* contention that "insiders going public” is one of the best teachers for insiders. In other words, the same global information system exposing the horrors of MKULTRA in its current stages to sincere researchers is also of pedagogic interest to those in the network, while full human body cloning remains a revelation that must await further public indoctrination regarding its many "benefits."

Additionally, *we* have emphasized that the "next level" of End-Time programming is complete kontrol of the population at large and not just of high-level slaves like *us*. This is occurring now and for some time into the future, not later at some future nebulous date. The publication of *Our Life Beyond MKULTRA* is yet another message sent to those “in the know” that “ELISA cloning is online and working."

However, *we* also believe that *our* programmers did not intend that *we* deprogram as much as *we* have, nor that *we* become aware of being cloned in the

late '80s, let alone accept its reality and still maintain *our* sanity. Instead, they assumed *we* would “go public” without that knowledge and as a global demonstration of the success of ELISA to high-level insiders purchasing the programming at a high market price.

There are no coincidences, coincidence being a luxury only for the uninitiated. Within the network, the use of symbols, words, phrases, numbers, and sounds are never coincidental but are a form of "twilight" communication covertly sent around the globe under the masses' noses. Paper trails or computer records that can be hacked are liabilities that might create an embarrassing situation, so a certain amount of information is exchanged in a safe and undetected manner, namely “hidden in plain sight.”

When *we* wrote about how “they” continue to kontrol even the dissemination of deprogramming information, this is what *we* meant. That some slaves will wake up is inevitable, but utilizing even this to their advantage is part of the global network's foresight.

For *us*, Robert Duncan's ELISA revelation has become a truth that has validated what *we* know from personal experience. Learn to read the twilight language hidden in full view and you too will be able to “see” into the elite network's agendas.

Male and female, co-conscious, simultaneous

A recurring experience during deep deprogramming has involved the conscious expression of the physical, emotional, and mental attributes of both a female and male at the same time, switching while fully conscious between the two. Bear with *us* as this is obviously difficult to relay. The significance of this, the implication of what is occurring, demands attention and cannot be sufficiently relayed to someone who has not experienced it.

We are not referring to aspects of *me*, but of experiencing another being entirely, co-consciously—an overlapping in which *we* are experiencing and expressing both, simultaneously, while switching from one to the other, seamlessly. This occurs when female and male are sexually interacting together. It is not an imagined experience or expression, it is a fully conscious actual one during which *I* am experiencing all of the sensations as if *I* were both female and male, in every imaginable way, until becoming both at the same time.

This experience of being something other than solely *us* in body, mind, emotion, and even spirit is not just about the human form; it has occurred with certain animal forms as well during which *i* was still conscious of *me* while also fully conscious of *being* them.

For periods of time throughout *our* life, *we* have been, for all intents and purposes, these other forms in body, mind, and spirit while still co-existing with *our* own consciousness. *We* attribute this recurring phenomenon to *our* hybrid status combined with abilities resulting from programming. In the case of particular animal forms and their consciousness, it is *our* contention that in at least two cases, these particular animals are part of *our* DNA. As *i* deprogram—allowing the management and dismantling of the various alter programs within *us*—this condition as well as others are becoming manageable.

Part of discerning truths from lies is coming to terms with truths that frighten *us*, plus much of what *we* know is challenging to express in language, spoken or written. This is how it was purposefully designed and has been maintained as such. In all honesty, the designers' true identity remains a mystery. *Our* memory of *our* kin—at least one of them—is crystal clear. *Our* experiences with a variety of *beings* is also clear, many of which have played a significant part in *our* life over the years.

Many might say that hybrid memories are programmed-in and not real. Perhaps they are right; time will surely tell. Due to the number of presentations and forms these malevolent *beings* have taken, it appears they are attempting to obscure the issue, whoever they are.

Orgone and sexuality in programming

Sex was used extensively on *us* right from childhood for programming, maintaining programming, and for on-task use. As *we* stated in Book 1, they use our sex against us because of what occurs in the brain and mind as well as in the body. When sexual activity is engaged in, it allows orgone or Life energy to be utilized by the brain and mind and has profound spiritual implications.

What *we* know about this comes from *our* memory of being subjected to *our* programmer’s kontrol through trauma and torture specifically designed to produce a cyclical programmed “need.” Based on the design of the human body, *as it is and has been for eons*, sexual energy is used for *programmed* kontrol.

To differ from Dr. Wilhelm Reich, sexual energy is not orgone but an offshoot of it. Programmers use it to *kontrol* humanity, and it is one of the most powerful kontrols utilized. Since *our* teens, *we* have known that *our* programmers were "using *our* sex against *us*"—taking *our* sexual energy and programming *us* with it from a painfully early age. Now in deep deprogramming, *we* find it fascinating that many others slaves are also systematically sexually abused from a very early age. In fact, *we* have never met, read about, nor witnessed in any way any deprogramming slaves who have not been severely sexually abused, if not outright sexually tortured—and it is not solely about producing trauma to "split" personalities. It has everything to do with the sexual energy required for the degree and level of kontrol desired, including "binding" the victim to their programmers, kontrollers, and handlers.

Dr. Reich was labeled a charlatan, and most if not all of his concepts and written works were stolen, destroyed, or removed from the kontrolled database of human intelligence. He saw the big picture and understood that the same hand that stole his research and destroyed him would use sexuality to kontrol, restrict, and "dumb down" people's consciousness with the "emotional plague."

Orgone energy is the key to understanding mind/soul programming. It is the *containment* of such, followed by the utilization of an aspect of it that allows the "veiled" consciousness of the high-level, bloodline slave, as well as the everyday human citizen, to be utilized without them being aware of it.

Orgone energy is the Life energy that *we* recognize as Unconditional Love, the Creative Force. Reich knew this. Sexual energy is the kontrolling arm utilized by programmers since their arrival and genetic alteration of what we once were into what we have been since the time of intervention. This body, *as it is now*, is the co-opted design of these malevolent programmers.

Sexual energy allows the continued *self-sustained handling* of our Benevolent, Unconditional Love energy, furthering our oppressed state. This truth has nothing to do with morality. *It is science*, and *we* believe Reich not only knew this and was developing devices that would harness this energy, but was imprisoned and drained of what he knew to enhance their techniques, then killed.

Orgonomics is the *science* of Unconditional Love. What Reich was doing was quantifying the Life energy of humanity. As stated previously and repeatedly, intellect and Spirit are the combination to the lock of kontrol. Unconditional Love is the Life Force of Creation, and orgonomics is the intelligence of it.

If each and every person on earth began to form a conscious relationship with this Unconditional Love that resides within their Benevolent human soul, and obtained or made orgone generators (negative ion generators), malevolent kontrol would be banished as long as we each maintain. No war, no violence, just pure Love and Life.

Pink

Color has played a key role in *our* programming—the viewing of color, even the viewing of the printed word itself or mention by name can illicit a response ranging from mild to severe. Now it depends on *our* state of mind and the context of *our* deep deprogramming. Color programming no longer has the ability to completely trigger and take over *our* mind or body; it is being dismantled through *our* efforts in recent years.

As early as the spring of 2008, when *we* began *our* deep deprogramming, several of *us* chose a color to represent *us* within this process. *I* did not recognize it as such back then, and even thought that the color that came forward must have been yet another color utilized in *our* programming. It may have been used in *our* programming, but *i* think not, due to what has become clear to *me* through what others of *us* have said.

The color is pink. *We* began using it in *our* drawings after downloads, the impetus being the need to express more deeply. Pink powerfully released memories and emotions associated with them.

Our ability to use words is far more developed than *our* ability to draw clearly. Nonetheless, even *our* often childlike drawings brought forth more complete releases and provided a greater understanding to *us* front alters. Pink came to represent *us* in literal and non-literal ways. *We* began to use pink for *our* body and more, always pink. It was while pulling out a deprogramming notebook and reading some of the early entries that *i* discovered how pink had come to represent *us* and even part of why.

Our utilization of pink has its roots in our deprogramming spirit and mind, not in a color program still being run by malevolence. Choosing a color to represent *us* —the *us we* are now—is born of the many years that various alters related to colors subject to malevolent influence, but no longer. What *i* clearly grasp about *our* use of pink is that it elicits a calm, safe feeling for those of *us* who are truly

deprogramming. In some way, it may have originated indirectly from years of programming, but it is presently being used as a comforting deprogramming tool. This is a very important observation in that it relates to so many aspects of the true and sincere deprogramming process.

Pink in many respects is *our* exiting color and becoming more and more abundant in *my* surroundings. *We* bring the issue of color forward for *tmk* programmed multiples in the throes of the deprogramming process. Not all colors are part of programming.

Disruptions and reprogramming in the "World of Man"

The awakening consciousness of a human soul/mind encounters *pre-programmed* roadblocks, and this disruption will inevitably occur within the "world of man." A direct relationship exists between the two—between the awakening and the disruption encountered. It is *our* explicit contention that the more profound the understanding becomes in the consciousness of the one breaking out of the global programming, the more difficult their day-to-day activities become regarding their security within this "world." This will manifest in a variety of forms and be influenced by a variety of factors, depending on the individual in question.

The farther one goes "down the rabbit hole," as many refer to it—though this reference is a program trigger for many slaves—the more disconnect with the smooth machinations of society one will experience. Dysfunction within one's physical, mental, emotional, and spiritual aspects will appear and intensify as one progresses toward truth, the degree of dysfunction depending upon the number and degree of remaining connections to programs present in their own body and mind-soul *and* within their concession of associations.

Pre-set exiting programs are rife with *pre-programmed* repercussions and are part of a global program that is triggered as deprogramming intensifies. This is true for multi-generational, high-level slaves and for those under varying degrees of mass mind kontrol. As one moves farther and farther out from under programming into a conscious state of sincere truth, difficulties in the "world of man" will proportionately increase, particularly if conscious and unconscious associations to the programmers, kontrollers and handlers remain. For example, they may present new diversions, a common method of reprogramming.

Disruption may manifest in financial status, physical health, emotional health, mental health, and/or spiritual health. The degree will vary, but financial ruin, relational distress, mental breakdown, cult participation, violence against others or oneself (suicide), etc. will surely follow.

To buffer dysfunctions, one can temper the timing and amount of truth-finding, keeping in mind that exit programming includes a reward/relief function doled out in degrees if one chooses to *reverse* the deprogramming process—not reverse in full, just to retreat to a point the programmers, kontrollers, and handlers have predetermined as acceptable while maintaining the illusion of continuing the deprogramming. Reward incentives will be in relation to how much the reversal allows ongoing use of the individual. In other words, the reversal reward allows a compromise requiring only that the human will not *fully* awaken from programming.

There is a well-established, *pre-programmed sequence* of factors involved in deprogramming as set forth and activated by the programmers, kontrollers, and handlers reaching into the third dimension as well as beyond it. This action–response program has pre-set variants for pre-determined circumstances, and is initially designed from beyond three-dimensional limitations to allow for almost infinite potential. This is why “containment” is so pervasive and successful without the conscious knowledge of even the initiated. *Under these circumstances*, only a small degree of deprogramming can be reached, though one can be perfectly capable of breaking through the reprogramming that can and unfortunately does extensively occur. Far too many do not move beyond that reprogramming and that ought to be of grave concern for all of us. This is one of the double-bind methods of the kontrollers that offers a way out only to have it not be a way out at all but instead facilitate a re-binding to a different format. Escape becomes no escape at all and is instead a recycling of the same program through what *appears* to be new parameters.

This is the most commonly used form of reprogramming that *i* have personally experienced and viewed in others, from high-level slaves to those who do not believe they are programmed at all. It has been perpetrated upon *us* numerous times in order to assure *our* continued use over the years.

Why is this method so successful? In *our* attempts to reveal what it is *we* have experienced, it has become apparent to *me* that the human condition, with all of the malevolent overshadowing, is well trained to seek pleasure in abundance, the consolation prize being the avoidance of any painful personal enterprise.

Ultimately, this has resulted in a great disadvantage to humans. Programmed avoidance means that the individual will assist in maintaining the global mind kontrol programming while unwittingly and inadvertently assisting in their own handling.

We were designed this way, with *our* front alters being the main perpetrators of avoidance and denial. There are, of course, exceptions, but this programmed avoidance is on a massive scale. Those who escape this programming are usually halted during the deprogramming process by a new diversion that detours them into an even more insidious, prolonged compartment of programming. One *thinks* he or she is awakening from programming only to be "contained" by the kontrollers within another set of parameters of a diversion.

This masterfully designed "system" within global mind kontrol programming acts as a self-perpetuating "loop." In fact, *we* are a microcosmic design of what is used on a macrocosmic level, *ours* being an intensified design reflecting the methods and means long used on society as a whole. An individualized, concerted effort by government, military, intelligence, religious and corporate institutions as well as their various associates has designed a hybrid slave for various uses, the same goal as for mass mind kontrol but usually employing less individual means. "Black tech" is changing this. Up to now, hybridization and cloning and the necessary trauma and torture have pertained to individualized programming, but no more. *Total mind kontrol* technology is moving beyond this limitation.

The extent and level of intended use is directly related to the need (or lack thereof) for a concerted, intensified regime of *total mind kontrol* programming, the goal being to kontrol the subject without the subject being aware of it while diverting and "containing" glitches in the programming by reprogramming. Subjects will be under *total mind kontrol* and be incapable of freeing themselves from it. This is the "next level" of End Time programming as *we* know it—no longer a few slaves, but *the entire human species* used in various capacities without conscious knowledge of it. This will apply to multiple personality, high-level slaves with alters as well as those under mass mind kontrol.

How will the programmers go about creating an ongoing containment of so many slaves? Remember: the express goal is a society of slaves who do not know they are slaves, an illusion from which they will *never be able to awaken*. This will require an infinite variety of extensive diversions. Reach beyond a solely three- dimensional "world of man" view and imagine what this might look

like. To maintain only the three-dimensional view is to assist in the perpetuation of the perpetration cycle.

Reincarnation and the perception of linear time

Within the “world of man” at present, the experience of linear time is a perspective imposed and maintained by malevolence to assist in kontrol over humanity. The disinformation and misunderstanding around this issue allows programming to be maintained over unwitting, acquiescing individuals. *Partial truths* can and do more often than not work in favor of these programmers because acceptance of partial truths prevents us from *seeing* broader and bigger truths. Malevolent programmers know this well and utilize partial truths in reprogramming. A partial veil disempowers *us*,
which is all it takes to maintain programming.

As with many issues that the human race must learn to consciously face, *total mind kontrol* programming is fraught with partial truths of disinformation, misinformation, and indoctrination, and “linear time” is at the root of misunderstanding so as to aggravate our ability to grasp time's relationship with “space.” *Our* personal experience of the true nature of time is not in the least linear, despite being *perceived* as such in this dimensional reality of the “world of man,” the operative word being "perceived." A more accurate perception is its ever-present *now* nature.

Time is linear in certain accepted parameters, much as many limitations are. Attempt instead to visualize time as a *circle* and place yourself at the center of that circle. Grasp this experience *body, mind and soul* and at any point reach into the circle’s perimeter that is space-time and attain access to past, present, or future. An intellectual grasp is the first step, but you will eventually have to go beyond intellect. When you *remember* this on every level, then it is affective.

We have frequently and systematically experienced space-time outside the parameters of linear time, both while under full programming and while in deep deprogramming. Time has been “altered” for *us*, sped up and slowed significantly, thus precipitating profound spatial affects in *our* conscious experience, some in “altered” consciousness, some in higher self consciousness. We experience the “world of man,” the everyday world around *us*, as an “altered” consciousness, apparently unrecognizable to many we encounter.

However, *we* have met others who also know this to be true, due to their experiences completely independent of *ours*, and additionally some who have experienced events along with *me* in this reality—fully conscious, as it were—that revealed the presence of the mass program they too were under. This group includes some who consider themselves initiates of truth.

Once one understands the true scope of space-time—or the lack of truth in the present understanding of linear time—the experiences being reported by deprogramming slaves like *us* will begin to make more sense. However, this is not about evolution in human consciousness but about *remembering* what has been hidden by malevolent programming.

The truth is that we can access points in space-time—past, present, or future—to affect the now. This has been done for eons by those who fully grasp this law and develop the ability to do so. *Our hybrid* status as well as *our* programming and use provided numerous occurrences of "alter-ed" space-time, some memories of which remain in *our* conscious mind never to be lost—experiences that facilitate an out-of-the-ordinary view of space-time even for *me*, the front alter.

This same misconception of time also affects current views of reincarnation. That lives have been lived in the "past" is a (mis)perception based on the (mis)perception of linear time. The concept of "past lives" is stuck in a static, unchanging history of linear time, over and done with: *history*. This is yet another partial truth. *I* do not mean to exclude other lives lived—not in the least—but to exclude them from the standpoint of being on a linear timeline or "evolutionary" in nature. That another time in history and the future can be accessed right now is true, which means that linear *history* is only a (mis)*perception* of time based solely in an experience of it within "world of man" programmed consciousness.

"Evolving" is very different from "remembering," a point that cannot be overstressed. Part of malevolent programming relies on the belief that humanity must "evolve" so as to facilitate our acceptance of the need to return time and again to a linear consciousness to "evolve" beyond—a linear consciousness run by malevolence. Remembering our truest Benevolent, Unconditional, Loving nature means we do not actually end a cycle of lifetimes within a linear timeline, but instead *remember* that space-time is far greater than the malevolently designed idea of soul "evolution" through reincarnation in the "world of man." Once we experience life outside the "world of man," linear consciousness and

the concept of linear time become limitations, nothing more.

This is not about what ought to be or not, only what is and has been for *us* during *tmk* programming and use as well as during *our* breaking of *our* bondage to it. That *we* have *consciously* accessed past and future events in very real, tangible ways is true for *us* and does not pertain solely to *our* own lives lived in the perception of linear time. *Past lives and future events are accessible now*, nor am *i* suggesting that this can only be understood by a deprogramming hybrid slave. Many of *our* abilities were obviously considered necessary for *our* design in the first place.

We caution the use of the word "evolve" due to how malevolence has usurped this concept for a dark and heinous agenda involving the total *kontrol* of humanity—body, mind and soul. "Evolution" is at its heart, and reincarnation as it is currently (mis)understood in the "world of man" plays into that deception.

Love

Benevolent, Unconditional, Creative Love, an energy that never negates, knows no duality and always is now and forever, is *our* salvation. Its very presence allows Creation to unfold. It is the source of the Benevolent human soul, its only *true* nature. Through masterful manipulation, the human soul has been captured and malevolence has veiled our Love, usurped it, and used it as an energy source.

It all began long ago. Manipulation was used to gain access over human minds and they have been alter-ing the human body to suit their needs ever since. Some ideas held in human minds are not their own but constructs of malevolent design that allow malevolence to maintain the appearance of being all-powerful when the truth is that Unconditional Love, the path to freedom out from under this kontrol, lies within the Benevolent human soul. The most sincere and complete recognition of who humans are—first on an individual basis, then on a collective unity maintaining individuality—allows the presence of this Benevolent, Unconditional, Creative Love on an unprecedented scale. Love is *Benevolent, always, Unconditional always, Creative always.*

The story of fallen angels facilitates the concept of duality: that good and evil are the nature of humanity. But within the Benevolent human soul prior to the malevolent interference that took place so long ago resided a purity that knew no

negation or fear. It was born of Benevolent Love and the very reason that malevolence so desperately sought to usurp and kontrol humanity. These angels did not fall from a god's grace, but they are the designers of the idea.

The energetic force of Love that *we* know has its effect only in conscious recognition. In this, it provides what is needed to facilitate the lifting of the veil of programming. This Love has not gone anywhere due to any "fall from grace"; it is and always will be, but our ability to consciously *allow* it has been affected by the malevolent *kontrol* that began long ago, which is what *we* understand programming to be.

Who and what the malevolence is, and where they came from, is not clear to *me*. That they are foreign and not of the Love that humans are is very clear. Every human's programming is a real mind game, and not only for high-level bloodline slaves. It pervades all of humanity's consciousness and is the equivalent of attempting to see the maze layout from within the maze.

Benevolent, Unconditional, Creative Love is unchanging, unalterable, the only constant, no matter how perceptions change around it. We are not separated from it; it is merely veiled by a masterful deception with every convoluted, twisted distraction imagined and unimagined.

To allow Love to be, all thoughts and ideas must be relinquished for a time. One of many conditions of the current programmed consciousness in the "world of man" is to disallow such Love. There are things you must do to be acceptable to the "world of men"—conditions born of a consciousness living under programming. The truest and fullest exit from malevolent programming requires acts of dismissal of all that is of malevolent programming in the "world of man," the very world designed and kontrolled by malevolence.

One who begins to move significantly into an understanding of Benevolent, Unconditional, Creative Love will start to look "unstable" or "accessed" to those around them. *Our* process is to eschew programming and its extensive, ritualized behaviors and again allow that Love to be, not because *we* are separated from it but because it has been veiled and used by malevolence as an energy source. Benevolent, Unconditional, Creative Love is our life force, and the only "gods" outside of it are malevolent demi-gods of negation, purveyors of a duality that suits their need and desire, to usurp totally and completely the human, Benevolent Life Force.

My freedom is to fully consciously accept that Benevolent, Unconditional,

Creative Love is the Life Force within and without *me*, and has consistently and systematically always been such, while relinquishing the perception of all that falls outside of that. Through this freedom, *i* am completely beyond the reach of malevolence.

At first, this freedom will be gained by individual acts in isolated experiences and may be perceived as "unstable." When it is accepted by many, it will become acceptable within the everyday "world of man." Given that this needs to occur here on Earth while in a body, the probability of all of programmed mass consciousness being freed is currently extremely low.

As soon as one begins to attain ideas outside of the "world" program, societal pressure due to programmed consciousness isolates and marginalizes the individual. To accept what and where the individual is attempting to go would require others to break their own programming to a degree they are afraid to do. *We* have repeatedly witnessed this as the most frightening request one can make of another, hitting as it does at the most primal survival mechanism programmed into humanity for eons—survival of body and mind that have forgotten the power of remembrance by the soul.

Untitled

Conclusion

Recovery for *us* is not recovery from events per se, but an ongoing way of life. The way *we* interpret the world around *us*, how it is that *we see* and *feel* things, does not allow for normalcy as others know it. *We see* beyond what appears to be there and cannot stop being who *we* are in that respect, nor do *we* wish to. In part, this is *our* innate ability as well as a result of what was done to *us* by them. *We* don't have to continue to suffer from the past, but are often inadvertently triggered by what *we see* and *feel* going on around *us* in the present.

"Moving on" as most think of it is not for *us*, but conscious awakening and living is. *We* continually encounter people—many of whom consider themselves initiated—with absolutely no idea about the degree of what they do not

understand about the world around them and how it directly affects them. When someone pushes for *us* to “move on,” it is clearly their own inability to face and accept parts of truth being presented.

To other slaves out there who are trying to recover the many parts of themselves: You will more than likely know more about many things regarding your programmed life and the effect the network has on the "world of man" than those you work with.

The initial difficulty will be establishing a coherent framework and discerning truth from program. This will be determined by the degree of conscious awareness you and those who help you deprogram assert. This will be challenging in your work with them, but they will have to learn with you if they are mature enough to do so and sincerely willing.

Early in *our* deep deprogramming, we needed steady support and the grounding presence of one person near *us*, even if only in long distance phone contact. His compassion, kindness, and knowledge helped *us* understand more clearly on a conscious level what it was that came forth from *our* alters. This was an absolute necessity in the first year or two, and his ability to remain neutral and open-minded was lifesaving. With time, *we* began to trust *ourselves* and what it is *we* know, despite the conflict with what other people seem to think they know about *our* predicament.

We do not consider *ourselves* whole. Further healing is necessary and *we* know in part what *we* need to facilitate that. *We* are working to make that happen. *Our* ability to maintain what *we* have maintained for the past several years in deep deprogramming—particularly alters and their programs allowing *us* to function appropriately in the "world of man"—is coming to an end, the energy gone. *We* are exhausted in body, mind, and soul, and the separation between alters that once allowed a degree of acceptable functioning no longer exists. However, *we* continue to make appropriate choices to the best of *our* ability.

As *we* become more conscious, *we* have to learn to function with different skills outside of full programming. Additionally the work—the writing, the journals and books, the collages, videos, audios, research—needs to be set aside. Real rest in a safe and peaceful environment is in order, though *we* are not certain it can be attained within the "world of man" to the degree *we* need. *We* will find out soon enough.

What is imperative for readers to understand is that despite *our* higher

consciousness being present and making choices, the programming is continuing to happen to *us* and *they are perpetrating a slow death upon* us *as with so many others out there like* us. This is what is known in *our* support circle as "rotter status" (not *our* term). Its effect is twofold.

First, the obvious: *within a handful of years, the intention is that* we *die*, which for slaves like *us* can be made to occur in several ways: alcohol and/or drug abuse, sexual addiction, bulimia and/or anorexia, physical violence to self, "lone gunman" acts of violence, suicide, and/or a variety of dis-eases in the body. Unless *we* are of significant use during deprogramming as a disinformation agent or handler—or *our* conscious, active, daily relationship to Love carries *us* through— *we* will be killed by programming one way or another. to completely deconstruct the programming, controllers and handlers would have to be present in *our* inner circle of support.

Despite malevolence's abilities, however, the most powerful solution to keeping these programs from taking over completely during deprogramming is Unconditional Love. Exercising it must be consistent and ongoing.

Second, we *must discredit* ourselves *during the deprogramming process as more and more truth is revealed*. Upon hearing part of *our* story, many uninitiated ask, "Why have they not just killed you?" to which *we* respond, "They are." Numerous factors are involved in deciding the how and why for each slave, not only who the slave is and what they remember, but more importantly the slave's ability in real deprogramming to reveal certain details of what they remember to those who can genuinely hear it. More often than not, both the uninitiated and the initiated alike seem to believe that only naming perpetrators and organizations involved will not be allowed. This is not what they fear.

They send in their kontrollers and handlers on slaves beginning to awaken to kontrol the release of information they deem sufficient for their particular agenda, including the names of specific officials. They move in before anyone else does, knowing where the significant breakdowns in programming are occurring long before anyone else does, sending in their own to kontrol and handle the gathering, containment, and release of information they will then handle. This is containment.

In this process, the slave is kontrolled and handled as well. If you understand nothing else, understand this: This has occurred more times than can be counted and continues to be perpetrated as one of their methods. *We* know it well. Due to indoctrination of the uninitiated, the longer *we* stay in deep deprogramming, the

more surreal the information coming forward will sound to them (and to many of the initiated as well). This is not *our* fault, barring limitations in presenting the information. It is directly due to the current consciousness of the indoctrinated, misinformed, disinformed public.

It is common knowledge among insiders that they send in theirs to contain information and allow leaks, then repeatedly and consistently sacrifice their own, either by public infamy or death—murder of their own as "sacrifices" in private and in public (one just needs the proper context to see them for what they are). Using their media to publicly defame a well-known official is a common practice after their significant use years have passed. Offering up one of their own assists in obfuscating the truth and distracting the public at the same time.

These malevolent ones have no allegiance to any human, even at the highest levels. All slaves are eventually disposed of as the being *moves on to another human, usually in the same bloodline.*

The many and varied ways of use run the gamut from literal physical sacrifice as in a private or public occult ritual, individual or en masse, to the sacrifice of a member's persona before the "world of man" to be viewed and wondered at. For insiders, there is no wondering; it is *seen* for what it is. Agendas are furthered, the balance of energy necessary to reach their ultimate goal without total destruction of their human subjects maintained.

Rituals summon these malevolent *beings* as well as the powers these *beings* can exercise in this third dimension. One of the most profound effects of rituals is to maintain a veil over the Benevolent consciousness that is the innate nature of humans, including their ability to *see* and *feel* what is right before them. Make no mistake, malevolent *beings* have a very real, tangible presence with a very real influence and are a significant part of why these rituals are performed. The fact that rituals deeply enhance trauma-based, *total mind kontrol* programming is not in question.

Many at the highest levels of this Luciferian network are the grandest philanthropists in the "world of man," which has absolutely nothing to do with true Benevolence, nor Love, but works as a very successful cover. Many powerful, educated, wealthy families perpetrate the things *we* have written here, and if you think this does not and will not affect you and yours, think again.

Based on a person's degree of conscious awareness, they will take in the world around them. Certain individuals are unable to actually hear what is being said,

even when it is repeated. What *we* mean is an actual inability to hear, in most cases accompanied by a somewhat vacant look in the eyes, a sign that the invisible line has been crossed into the unknown. In some instances, they will even repeat their question and not acknowledge the unheard response. At this point, *we* try to gently steer the conversation out of these areas to respect the person's programmed inability to go there.

Some of the biggest stories to break during so-called public disclosure are presented publicly by the malevolent ones themselves, some of whom are regarded as "heroes" in the deprogramming / conspiracy community. These multiple personality, *total mind kontrolled* slaves are part of the network and are often frighteningly powerful. They are used both unwittingly and wittingly. *We* could name some of them as well as speak about their position within the three-dimensional "world of man" network, including the hierarchy level of the *beings* running them. In some cases, *we* could even name who their specific kontroller and handlers are. *We* refer to them as "gangs" with either a reasonably high-level kontroller at the top or a very powerful one. And remember: the handling does not work one way, it is always mutual handling between insiders; *we* have been used in this capacity even while in deep deprogramming.

Examine the history behind people in stories that appear to reveal so much truth. Research their connections, the language, how Neuro-Linguistic Programming (NLP) works, and always ask, "What is not being revealed?" Check the conclusions drawn. Where did the information take you? After its disclosure, what changes happened, what happened to the players? Follow it. Did it eventually become of no consequence? Truth can be gleaned from such stories, but only with patience, discernment, time spent, and being continually guided by Benevolence.

What *we* had to learn early in deep deprogramming is that the therapeutic community is every bit as dangerous under deprogramming as it was under full programming, though now *we* do not hurt others and can and do make conscious choices, a huge change for *us* indeed. Deprogramming is the choice *we* would again make, though at times *we* have felt as though *we* jumped from the frying pan into the fire. For *us*, it is all about taking back *our* human soul and trying to make a real, tangible difference for those who seek to break their own programming.

Through private conversations with those *we* trust, *we* have decided to reveal specifics, but not for public disclosure. The highest good for all concerned is *our*

intention when it comes to *our* disclosures. The only reason *we* mention this here is to encourage other slaves to do the same once they have established a truly safe support system and can discern where to take certain information and where not to.

There are things that must be released from within the slave, no matter what. *We* are the only "one" who can determine what those things are and when they are to be brought forth.

It is also necessary to reveal truth to clearly understand how this network operates and thrives. As has been true for other slaves *we* have met, the difficulty is finding those who are sincerely able to hear what needs to be heard. If the one you are attempting to tell is not hearing you, look for someone else. Truly hearing someone, not only listening, requires a profoundly deep commitment that will tear at the foundations of what one has believed and had faith in. Those able to venture beyond their staunchly held limitations are rare. It is far easier to remain on the periphery, but such will not serve the individual clinging tightly there, nor serve those who desperately need help to break free of *total mind kontrol* programming. Again, everyone is directly affected by this; no one is beyond its reach.

We still struggle deeply with physical problems as a direct result of the life handed *us*. *Our* main concern has been and continues to be the extraction of *our* soul from the reach of malevolence, now and always. In this, *we* believe *we* are indeed winning.

When *we* were finishing up Book 1, *our* desire was that it would be enough, that *we* would not have the need to write any more on the subject of *tmk* programming, particularly *our* personal experiences and understandings. *We* longed to walk away from it all, leave it behind, have a more "normal" life. *We* cannot express in words the self-delusion that lay in those desires. As *our* book has stated, this is not true for *us*, not in the least. Nor is it true for any who have awakened. Something far greater is available and it is *our* sincerest hope that these books will initiate many questions in those who need to ask them, and that Benevolent, Unconditional, Creative Love be the sustaining Force guiding them to that greater truth.

Appendix

"Enter-Entrainment" As Triggers and Reinforcement

So many Led Zeppelin songs reinforce *our* programming in so very many ways! During *our* early programming years, *our* eldest brother was a victim as well as an unwitting handler of *ours*. His extensive collection of music is represented in the following list that consolidates programming and program reinforcement songs and films.

The production and release of programming music and films has increased extensively in recent years. Songs and film represent a well-planned, methodical venue for indoctrination, disinformation, and misinformation, and are also used for the continued programming and program reinforcement of both older and younger slaves.

Songs

Moon River, Perry Como, 1962
These Boots Were Made for Walking, Nancy Sinatra, 1966
Dazed and Confused, Led Zeppelin, 1968
Communication Breakdown, Led Zeppelin, 1969
Babe, I'm Gonna Leave You, Led Zeppelin, 1969
Heartbreaker, Led Zeppelin, 1969
You Shook Me, Led Zeppelin, 1969
Whole Lotta Love, Led Zeppelin, 1969
Ramble On, Led Zeppelin, 1969
I'm Your Captain, Grand Funk Railroad, 1970
Black Magic Woman, Santana, 1970
Black Dog, Led Zeppelin, 1971
When the Levee Breaks, Led Zeppelin, 1971
Stairway to Heaven, Led Zeppelin, 1971
Witchy Woman, Eagles, 1972

Horse With No Name, America, 1972
We're an American Band, Grand Funk Railroad, 1973
Band on the Run, Paul McCartney, 1973
Over the Hills and Far Away, Led Zeppelin, 1973
Lady, Styx, 1973
Dream On, Aerosmith, 1973
Sweet Emotion, Aerosmith, 1975
Kashmir, Led Zeppelin, 1975
Suite Madame Blue, Styx, 1975
Feel Like Makin' Love, Bad Company, 1975
Dream Weaver, Gary Wright, 1975
Lorelei, Styx, 1976
Nobody's Fault But Mine, Led Zeppelin, 1976
Back in the Saddle, Aerosmith, 1976
Hotel California, Eagles, 1977
In the Evening, Led Zeppelin, 1979
I'm Burnin' for You, Blue Oyster Cult, 1981
In the Air Tonight, Phil Collins, 1981
Early in the Morning, Gap Band, 1982.

> We *recall this song during the wee hours of the morning after an on-task. It was used to seal in* our *programming to forget as well as to relieve* our *fear and anxiety.* I *am uncertain if it was used after other on-tasks to program in* our *feelings of being all right in the morning, afternoon, or nighttime. It is the chorus that is so effective, repeated five times at the song's end:*
>
> > *Early in the morning*
> > *In the middle of the day, baby*
> > *Late at night, mama,*
> > *Everything gonna be all right*

Life in a Northern Town, Dream Academy, 1985
Dude Looks Like a Lady, Aerosmith, 1987
Ragdoll, Aerosmith, 1988
Janie's Got a Gun, Aerosmith, 1989
Walking in Memphis, Marc Cohn, 1991
Livin'on the Edge, Aerosmith, 1993

Ordinary World, Duran, Duran, 1993
Come Undone, Duran, Duran, 1993
You Know My Name, Chris Cornell, 2006 (*Casino Royale* soundtrack)
Another Way To Die, Jack White and Alicia Keys, 2008 (*Quantum of Solace* soundtrack)

Films and TV shows

Hollywood is anything but entertainment; it is designed to be entrainment. That programming is designed and implemented to be constantly reinforced is a significant part of the reason it is so difficult to truly break free and maintain freedom. *We* still struggle with many of *our* alters' desires to “low dose": turn to certain songs and films to assist *our* functioning in the "world of man," the everyday world.

The Wizard of Oz, Warner Brothers, 1939
Bambi, Disney, 1942
Alice in Wonderland, Disney, 1951
20,000 Leagues Under the Sea, Disney, 1954
101 Dalmations, Disney, 1961
The Manchurian Candidate, Metro Goldwyn Mayer, 1962; Paramount, 2004
The Incredible Mr. Limpet, Warner Brothers, 1964
Mary Poppins, Disney, 1964
Batman, television series, ABC Network, 1966-1968
The Jungle Book, Disney, 1967
Chitty Chitty, Bang, Bang, United Artists, 1968

> *Based on a book by Ian Fleming and produced by Albert Broccoli, the same writer and producer respectively of the James Bond series: profound program reinforcement for kill programming.*

The Day of the Dolphin, Avco Embassy, 1973
The Parallax View, Paramount, 1974
The Stepford Wives, Columbia, 1975
Close Encounters of the Third Kind, Columbia Pictures, 1977
Altered States, Warner Brothers, 1980

Lethal Weapon, Warner Brothers, 1987, with sequels running through 1998.

> *During the filming of* Lethal Weapon 3, we *have a conscious memory of leaving a group of people late at night to drive to Clearwater Beach, Florida where filming was taking place.* Our *arrival was timed perfectly.* We *parked, walked to the location, stood for only a few minutes when around the corner came Mel Gibson followed by Danny Glover. After Glover walked by,* we *turned and left. This was part of* our *programming to Glover as written in Book 1, Chapter 4, "Killing, Shiny Purple and the Actor." It was quite eerie and still is.*

Batman, films, Warner Brothers, 1989, 1992, 1995, 1997
The Lawnmower Man, New Line, 1992
The X-Files, the television series, Fox Network, 1993-2002
Jurassic Park, Universal, 1993
The Point of No Return, Warner Brothers, 1993
The Professional, Columbia, 1994
The Long Kiss Goodnight, New Line, 1996
Conspiracy Theory, Warner Brothers, 1997
Enemy of the State, Touchstone, 1998
Eyes Wide Shut, Warner Brothers, 1999
Unbreakable, Blinding Edge, 2000
Harry Potter, Warner Brothers, 2001-2011

> *Though this came to the screen many years after* our *programming, the profound effect it has on* us *in helping* us *feel normal due to its magical content and muggle world—the equivalent of the programming network and the "world of man"—is astounding.* We *bought the series and watched it in its entirety no less than a dozen times before passing it off to a support person.* Harry Potter *must be used extensively for programming.*

Signs, Buena Vista, 2002
The Bourne Identity, Universal, 2004
The Bourne Supremacy, Universal, 2004
Collateral, DreamWorks, 2004
Constantine, Warner Brothers, 2005
Batman Begins, Warner Brothers, 2005
The Listening, Echo Film, 2006
Dexter, Showtime series, 2006

Website: "America's favorite serial killer."

Casino Royale, Columbia and Metro-Goldwyn-Mayer, 2006
The Bourne Ultimatum, Universal, 2007
The Golden Compass, New Line, 2007
The Dark Knight series, Warner Brothers, 2008

> *On August 12, 2011, during research for accurate release dates on the films listed here,* we *discovered that the final* Dark Knight *sequel* The Dark Knight Rises *was planned for release in summer 2012. This profoundly shook* us *because of "the dark lord is rising in Salt Lake City," the quote that occurred for* us *in January 2011. (Book 1, Chapter 12, "Internal Programming/Programming to actor Christian Bale" as well as Book 2, Chapter 4, "*Us *and Current Events/Jon Huntsman, Mormon Manchurian Candidate and the New Jerusalem." On July 20, 2012, 12 people were shot and killed inside a* Century *movie theater in Aurora, Colorado during a midnight (12 o'clock) screening of* The Dark Knight Rises.

Wanted, Universal, 2008
Twilight film saga, Summit, 2008-
True Blood, HBO series, 2008-
My Own Worst Enemy, NBC network, 2008.

> *The amount of blowback the tmk network received from their slaves due to this series may have been the real reason it was pulled so quickly. The triggers were profound.* We *lost time while viewing it, not to mention the "contact your handlers" message in it. Episodes can be viewed online by going to NBC online and typing in the title.* Not recommended for programmed individuals.

United States of Tara, Showtime series, 2009
Dollhouse, Fox Network series, 2009
Push, Summit, 2009
Terminator Salvation, Warner Brothers, 2009
Watchmen, Warner Brothers, 2009
The Men Who Stare at Goats, Overture, 2009
Salt, Columbia, 2010
Eagle Eye, Dreamworks, 2011

Lexicon

Abreact: to release or express an emotion previously repressed or forgotten.

Alter: Can be either a fragment of a personality or a full personality designed within this body, either by the programmers or *us* (only a few were created by *us*), who has the ability to be triggered to the surface by a variety of means, thus either co-existing with other alters or "holding the body" by themselves, depending on the state of *our* deprogramming from *our* intentionally designed multiplicity. In *our* deep deprogramming many alters co-exist consciously together all of the time, with some trading predominant roles as needed per their abilities, as well as many trying to surface who are no longer allowed to (by those of *us* conscious enough to control them) due to their malevolent nature, per their programming.

Deep deprogramming: This process began when *i*, the main front alter, became *consciously* aware of who and what *we* are, allowing other parts of *us* to come forward to present to *me*. This could not occur as long as *i* denied the truth of us per *my* programming.

Dissociation, dissociated: An ongoing state of *ours* due to programming methods involving various traumas and torture, a scientific and esoteric methodology utilized by our programmers. This state can be experienced minimally or extremely depending on any given situation, allowing us to remain functional or not within the "world of man" for any given period of time. It is a state of being "removed," "distant," "away" somewhere in mind and spirit, though *our* body is present. It is *our* contention that *our* true nature exists somehow on the outside of *our* body during this state. In *our* deep deprogramming *we* have come to experience being in *our* body for periods of time and it has been quite painful emotionally and mentally, often even physically, though it is *our* goal to do so more and more often, a necessary part of deep deprogramming. There is always some connection between *our* spirit and *our* body, it is only the degree that varies.

Download: Information presented by *our* alters to *me* the main front alter. This

can include memories belonging to that alter as well as information that alter has attained due to its interaction with other alters, *entities / beings*, or people and situations in the "world of man."

Front alter: This is *me*, a sort of "shell" or "conduit" alter heading the frontline system through whom other alters present to the "world." This shell is the *me* who is always consciously present these days, whether alone or not, and *i* am becoming a more wholly functioning person with the assistance of other parts of us and Love.

Frontline alter system: A collection of alter personalities designed to present to the "world of man." This system is headed by *me*, the main front alter, and is designed to never allow the truth about our multiplicity to reach the consciousness of *me*, the main front alter.

Illuminati total mind kontrol (*tmc*): A powerful, well financed, vast network of programmers, kontrollers, and handlers who through a variety of methods utilizing occult, esoteric practices, and what we call "black tech" (covert technology financed and designed in secrecy) design *total mind kontrolled* slaves to be covertly used by various government, military, intelligence, religious, and corporate organizations and agencies, some of which are part of the very design and programming process to begin with. Slaves are also used by individuals associated with this vast network.

Kontroller: A person whose malevolent hierarchic power level falls between a programmer and a handler. They are more powerful than a handler yet not of the caliber of a programmer, oversee several handlers and slaves, and are often at the head of a group of individuals *we* refer to as a "gang." It is important to us that it is always spelled with a "k" though *i* cannot tell you why. The same goes for the word *kontrol* when it is referring to *total mind kontrol (tmk)* programming.

Resources

* Donald Bain, *The CIA'S Control of Candy Jones*. Barricade Books, 2002.

* John Scura and Dane Phillips, *Battle Hymn: Revelations of the Sinister Plan for a New World Order*. Black Rose, 2011. Request the second printing.

* *Madness in the Fast Lane*, BBC, 2009; includes video of Sabina and Ursula Eriksson. Watch all four segments in order on You-Tube. (As of March 2012, *our* review of the film can be found at *www.conspirazine.com*.)

* Tom and Nita Horn, *Forbidden Gates: How Genetics, Robotics, Artificial intelligence, Synthetic Biology, Nanotechnology, and Human Enhancement Herald the Dawn of Techno-Dimensional Spiritual Warfare*. Defender, 2011.

> *Though we do not personally agree with the Christian faith, this book is an excellent introduction to the subject of malevolent tech.*

* Robert Duncan and The Mind Hacking Strategy Group, *Project: Soul Catcher, Volume Two: Secrets of Cyber and Cybernetic Warfare Revealed*. Createspace, 2010.

> - *The Matrix Deciphered*. 2010. Online.
>
> *Must reads for initiated and uninitiated alike. The most in-depth scientific perspective on "black" mind tech being used in mind kontrol programming that we have found.*

* David Icke, *Human Race Get Off Your Knees: The Lion Sleeps No More*. David Icke, 2010.

* David Shurter, *Rabbit Hole: A Satanic Ritual Abuse Survivor's Story*. Consider It Creative, 2012. www.davidshurter.com.

* Nick Bryant, *The Franklin Scandal: A Story of Powerbrokers, Child Abuse*

and Betrayal. Trine Day, 2009.

* Nicholas de Vere, *The Dragon Legacy: The Secret History of An Ancient Bloodline*. Book Tree, 2004. The author is a bloodline elite.

> *This is one of the most important books out there as far as we are concerned, but discernment is necessary.*

* Laurence Gardner, *Genesis of the Grail Kings: The Explosive Story of Genetic Cloning and the Ancient Bloodline of Jesus*. Fair Winds Press, 2002.

> *Bloodlines like Gardner's are the ones who know, but one must exercise discernment and caution.*

* Walter Bowart, *Operation Mind Control*. Fontana, 1978. Look for the *Expanded and Revised, Researchers Edition,* 1994.

> *Good luck! After requesting it from a county library, we were told it does not exist in any national library! However, the original edition (non-researcher's edition) is available online in PDF format for free, as of this writing.*

* Michael Collins Piper, *Final Judgment: The Missing Link in the JFK Conspiracy*. American Free Press, 2004.

> *Due to* our *closeness to some of those associated with the JFK assassination,* we *disagree with Piper's estimate of the non-existence of the Gemstone Files. Aside from that, he presents the network of the conspiracy*.

* Elana Freeland, *Sub Rosa America & the Fall of the New Atlantis*, Books 1-5. 2012.

> *A fictional series of the true occult history of the United States since the assassination of John F. Kennedy. Go to www.subrosaamerica.com to order.*

* Judy Byington, M.S.W, L.C.S.W, ret. *Twenty-Two Faces: Inside the Extraordinary Life of Jenny Hill and Her Twenty-Two Multiple Personalities*. Tate Publishing, 2012.

> *We caution those abused and used by Mormon/LDS hierarchy; this book absolves any perpetration by such authorities. It does, however, offer an incredibly accurate view of ritual abuse multiplicity from the victim's standpoint.*

* James G. Friesen, *Uncovering the Mystery of MPD*. Wipf and Stock Publishers, 1997.

> *This book spoke to our heart and soul with the words of a true humanitarian.*

* Orit Badouk Epstein, Joseph Schwartz, Rachel Wingfield Schwartz. *Ritual Abuse and Mind Control: The Manipulation of Attachment Needs*. Karnac Books Ltd, 2011.

* Cheryl Hersha, Lynn Hersha, Dale Griffis, Ted Schwarz. *Secret Weapons: Two Sisters' Terrifying True Story of Sex, Spies and Sabotage*, New Horizon Press, 2001.

*Wilhelm Reich. Anything you can find of his original written works!

* *Paranoia* Magazine, www.paranoiamagazine.com

* Articles at www.conspirazine.com

* *Ground Zero* with Clyde Lewis, www.groundzeromedia.org

* Clif High, www.halfpasthuman.com

[*] Huntsman's mother is Karen Haight Huntsman, daughter of LDS Church apostle David B. Haight, and his father is billionaire businessman and philanthropist Jon Huntsman, Sr. of the Huntsman Corporation. Through his father, Huntsman, Jr. is the great-great-great-grandson of early LDS Church leader Parley P. Pratt. - *Wikipedia*

[1] Psychic driving: a continuously repeated audio message on a looped tape to alter behaviour. Invented through torture by CIA "spychiatrist" Dr. Donald Ewen Cameron as part of MKULTRA. Cameron was the first chairman of the World Psychiatric Association, president of the American and Canadian psychiatric associations, and a member of the Nuremberg medical tribunal in 1946–47 as a protector of Operation Paperclip Nazis.